

| Under 14 Boys  |                                       |          |      |          |                        |          |                        |          |                        |  |  |  |  |  |  |
|----------------|---------------------------------------|----------|------|----------|------------------------|----------|------------------------|----------|------------------------|--|--|--|--|--|--|
| Pos            | LastName                              | Time     | Laps | Lap1     | Lap1_ Team Member      | Lap2     | Lap2_ Team Member      | Lap3     | Lap3_ Team Member      |  |  |  |  |  |  |
| 1              | Salford Harriers & AC                 | 00:43:16 | 3    | 00:13:43 | Isaac Taylor-Unitt     | 00:14:52 | Noah Hartley           | 00:14:41 | James Lombard          |  |  |  |  |  |  |
| 2              | Gosforth Harriers & AC A              | 00:43:29 | 3    | 00:14:15 | Matthias Gheorghiu     | 00:14:31 | Jamie Michalowicz      | 00:14:43 | Alex Coulson           |  |  |  |  |  |  |
| 3              | Leeds City Athletic Club A            | 00:43:31 | 3    | 00:14:31 | Harry Lowe             | 00:14:16 | Brody Griffiths        | 00:14:44 | Zac Lumsden            |  |  |  |  |  |  |
| 4              | Bingley Harriers & AC                 | 00:44:12 | 3    | 00:14:38 | Benjamin O'Mahoney     | 00:15:40 | Kai Sands Yun          | 00:13:55 | Malachy Aston          |  |  |  |  |  |  |
| 5              | Wirral AC A                           | 00:44:39 | 3    | 00:14:11 | Freddie Jackson        | 00:15:31 | Luke English           | 00:14:57 | Henry Oakes            |  |  |  |  |  |  |
| 6              | Derby Athletic Club                   | 00:44:44 | 3    | 00:14:41 | Finley Kowalski        | 00:15:29 | Felix Cheesman         | 00:14:34 | Oscar Wilson           |  |  |  |  |  |  |
| 7              | Liverpool Harriers & AC A             | 00:44:56 | 3    | 00:14:44 | Freddie McDermott      | 00:15:18 | Alex Bailey-Hall       | 00:14:54 | Edgar Walsh            |  |  |  |  |  |  |
| 8              | Preston Harriers                      | 00:45:00 | 3    | 00:14:27 | Harry Griffin          | 00:15:27 | Harrison Kingwells     | 00:15:06 | Addison Bland          |  |  |  |  |  |  |
| 9              | Southport Waterloo AC                 | 00:45:23 | 3    | 00:14:56 | Thomas Delamere        | 00:14:51 | Matthew Ndjambula      | 00:15:36 | Marcus Larkin          |  |  |  |  |  |  |
| 10             | Kendal Amateur Athletic Club          | 00:46:12 | 3    | 00:15:36 | Jacob Bagshaw          | 00:14:37 | William James Goligher | 00:15:59 | Peter Butler           |  |  |  |  |  |  |
| 11             | Hallamshire Harriers Sheffield        | 00:46:13 | 3    | 00:15:00 | Seth Tighe             | 00:15:49 | Rory Mitchell          | 00:15:24 | Sam Kyffin             |  |  |  |  |  |  |
| 12             | Blackburn Harriers & AC               | 00:47:00 | 3    | 00:15:37 | Harry Lowde            | 00:15:33 | Ben Hawksworth         | 00:15:51 | Louie Anderson         |  |  |  |  |  |  |
| 13             | Gosforth Harriers & AC B              | 00:47:09 | 3    | 00:16:24 | Billy Scambler         | 00:15:15 | Edward Duff            | 00:15:29 | Jacob Mancini          |  |  |  |  |  |  |
| 14             | Lincoln Wellington Athletic Club      | 00:47:31 | 3    | 00:15:07 | Charlie Windle         | 00:15:19 | Ned Ronnie             | 00:17:06 | Edward Lindsay         |  |  |  |  |  |  |
| 15             | Sale Harriers Manchester A            | 00:47:54 | 3    | 00:15:48 | Sebastian O'Hare       | 00:16:17 | James Moran            | 00:15:50 | Ethan Bufton           |  |  |  |  |  |  |
| 16             | Leeds City Athletic Club B            | 00:47:57 | 3    | 00:15:51 | Thomas Turnbull        | 00:15:59 | Evan Holmes            | 00:16:07 | Hugo Morriss           |  |  |  |  |  |  |
| 17             | Liverpool Harriers & AC B             | 00:48:07 | 3    | 00:15:45 | Mohamed khadar Mohamed | 00:16:21 | Louie Bell             | 00:16:01 | Jude Smart             |  |  |  |  |  |  |
| 18             | Jarrow & Hebburn AC                   | 00:48:31 | 3    | 00:13:50 | Jacob Hopper           | 00:17:55 | Thomas Page            | 00:16:45 | Aidan Pearce           |  |  |  |  |  |  |
| 19             | Durham City Harriers & AC             | 00:48:46 | 3    | 00:15:30 | James Emery            | 00:16:46 | Robert Smith           | 00:16:31 | Frederick Hetherington |  |  |  |  |  |  |
| 20             | Elswick Harriers                      | 00:49:57 | 3    | 00:15:39 | Dominic Tomlinson      | 00:17:29 | Taye Dickinson         | 00:16:49 | Edison Davies          |  |  |  |  |  |  |
| 21             | Wirral AC B                           | 00:50:06 | 3    | 00:15:27 | Parker Kelsall         | 00:16:58 | Sebastian Davies       | 00:17:42 | Andrew Young           |  |  |  |  |  |  |
| 22             | Sale Harriers Manchester B            | 00:50:24 | 3    | 00:15:48 | Alpha Tham             | 00:16:35 | Ollie Hutton           | 00:18:01 | Benjamin Connolly      |  |  |  |  |  |  |
| 23             | Tyne Bridge Harriers A                | 00:50:28 | 3    | 00:14:58 | Edward Hamilton        | 00:16:37 | Aidan Ord              | 00:18:53 | Dilan Clemmet          |  |  |  |  |  |  |
| 24             | Warriors Pentathlon & Athletic Club   | 00:50:32 | 3    | 00:15:56 | Ralph Abdulla          | 00:15:23 | Benjamin Kohring       | 00:19:12 | Joseph Potter          |  |  |  |  |  |  |
| 25             | East Cheshire Harriers & Tameside AC  | 00:50:42 | 3    | 00:16:28 | Hamish Heginbotham     | 00:17:11 | James McMahon          | 00:17:03 | Oliver Shearing        |  |  |  |  |  |  |
| 26             | Gateshead Harriers & AC               | 00:50:46 | 3    | 00:18:40 | Lawrence Ellis         | 00:16:50 | Omar Harerimana        | 00:15:16 | Logan Garrington       |  |  |  |  |  |  |
| 27             | Gosforth Harriers & AC C              | 00:52:15 | 3    | 00:17:17 | Ellis McFarlane        | 00:17:38 | Elijah Goldsbrough     | 00:17:19 | Stefan Thomas          |  |  |  |  |  |  |
| 28             | Tyne Bridge Harriers B                | 00:53:33 | 3    | 00:16:41 | William Paul           | 00:18:46 | Lucas Cassin           | 00:18:06 | Charlie Matthews       |  |  |  |  |  |  |
| 29             | Morpeth Harriers & AC                 | 00:54:58 | 3    | 00:21:32 | Hector Ford Hutchinson | 00:17:13 | Luke Thompson          | 00:16:12 | William Fawcett        |  |  |  |  |  |  |
| 30             | Sunderland Harriers & AC              | 00:15:05 | 1    | 00:15:05 | Oscar Paxton           |          |                        |          |                        |  |  |  |  |  |  |
| 31             | North Shields Polytechnic Club        | 00:19:07 | 1    | 00:19:07 | Finlay Anderson        |          |                        |          |                        |  |  |  |  |  |  |
| Under 14 Girls |                                       |          |      |          |                        |          |                        |          |                        |  |  |  |  |  |  |
| Pos            | LastName                              | Time     | Laps | Lap1     | Lap1_ Team Member      | Lap2     | Lap2_ Team Member      | Lap3     | Lap3_ Team Member      |  |  |  |  |  |  |
| 1              | Gosforth Harriers & AC A              | 00:47:58 | 3    | 00:13:57 | Ada Penfold            | 00:16:52 | Ruby Collins           | 00:17:09 | Elodie Soward          |  |  |  |  |  |  |
| 2              | Lincoln Wellington Athletic Club      | 00:48:14 | 3    | 00:16:22 | Poppy Johnson          | 00:16:35 | Harriet Ward           | 00:15:17 | Darcey Windle          |  |  |  |  |  |  |
| 3              | Bingley Harriers & AC                 | 00:48:23 | 3    | 00:15:07 | Estella Bowles         | 00:16:59 | Olivia Pedley          | 00:16:16 | Ava Ashcroft           |  |  |  |  |  |  |
| 4              | Wirral AC A                           | 00:48:29 | 3    | 00:15:45 | Mila Price             | 00:16:14 | Anna Gately            | 00:16:30 | Abby Gamble            |  |  |  |  |  |  |
| 5              | Warriors Pentathlon & Athletic Club A | 00:48:34 | 3    | 00:16:17 | Norah Kohring          | 00:16:32 | Polly McVicar          | 00:15:46 | Coco Czekalowska       |  |  |  |  |  |  |
| 6              | Liverpool Harriers & AC A             | 00:49:38 | 3    | 00:15:51 | Isabelle Burney        | 00:16:42 | Erin Freeman           | 00:17:04 | Poppy Baker            |  |  |  |  |  |  |
| 7              | Preston Harriers A                    | 00:50:24 | 3    | 00:17:05 | Cora Alton             | 00:16:24 | Ella Cox               | 00:16:55 | Eden Wilkins           |  |  |  |  |  |  |
| 8              | Liverpool Harriers & AC B             | 00:50:26 | 3    | 00:16:40 | Megan Chevassut        | 00:17:03 | Jasmine Bramwell       | 00:16:43 | Holly Coombe           |  |  |  |  |  |  |
| 9              | Valley Striders AC                    | 00:50:29 | 3    | 00:16:36 | Dora Walmsley          | 00:17:53 | Niamh Archbold         | 00:16:00 | Emmy Deverill          |  |  |  |  |  |  |
| 10             | Kendal Amateur Athletic Club          | 00:50:56 | 3    | 00:17:15 | Isla Mackinnon         | 00:16:58 | Romy Barron            | 00:16:42 | Teigan Wilcock         |  |  |  |  |  |  |

| 11                   | Blackburn Harriers & AC               | 00:51:22 | 3    | 00:14:58 | Georgia Brambles  | 00:16:35 | Lily-Mae Newton      | 00:19:49 | Pippa Blackburn     |  |  |  |  |  |  |
|----------------------|---------------------------------------|----------|------|----------|-------------------|----------|----------------------|----------|---------------------|--|--|--|--|--|--|
| 12                   | Gosforth Harriers & AC B              | 00:51:42 | 3    | 00:16:21 | Sophie Skeen      | 00:17:03 | Emily Mann           | 00:18:18 | Ellie Nelson        |  |  |  |  |  |  |
| 13                   | Wakefield District H & AC             | 00:52:01 | 3    | 00:15:40 | Niamh Sykes       | 00:18:13 | Phoebe Sayles        | 00:18:08 | Emily McIntyre      |  |  |  |  |  |  |
| 14                   | Rossendale Harriers & AC              | 00:52:20 | 3    | 00:17:19 | Elsie Duffy       | 00:17:18 | Chloe Thorpe         | 00:17:43 | Thea Pearce         |  |  |  |  |  |  |
| 15                   | Warriors Pentathlon & Athletic Club B | 00:52:41 | 3    | 00:17:17 | Amelia Draper     | 00:16:49 | Isla Davies          | 00:18:34 | Maggie Bartram      |  |  |  |  |  |  |
| 16                   | Preston Harriers B                    | 00:52:47 | 3    | 00:17:56 | Emily Holden      | 00:17:39 | Amelia Pendlebury    | 00:17:12 | Olivia Dyer         |  |  |  |  |  |  |
| 17                   | Keighley & Craven AC                  | 00:52:53 | 3    | 00:16:48 | India Bellwood    | 00:16:30 | robyn cooper         | 00:19:35 | Anna Graham         |  |  |  |  |  |  |
| 18                   | Sale Harriers Manchester              | 00:52:56 | 3    | 00:16:49 | Connie Summers    | 00:17:26 | Poppy Dowling        | 00:18:42 | Alice Scholfield    |  |  |  |  |  |  |
| 19                   | Salford Harriers & AC                 | 00:53:04 | 3    | 00:17:38 | Faye Johnson      | 00:17:19 | India Saunders       | 00:18:07 | Eliza Rose Corrigan |  |  |  |  |  |  |
| 20                   | Salford Metropolitan AC               | 00:53:11 | 3    | 00:18:30 | Pippa Hunt        | 00:18:36 | Megan Williamson     | 00:16:05 | Melia Ferendenus    |  |  |  |  |  |  |
| 21                   | Halifax Harriers & AC A               | 00:54:15 | 3    | 00:17:09 | Aubrey Ambler     | 00:17:57 | Orla Maden           | 00:19:09 | Autumn Good         |  |  |  |  |  |  |
| 22                   | Elswick Harriers                      | 00:54:18 | 3    | 00:17:03 | Rosa Tadele       | 00:18:24 | Katie Dixon          | 00:18:51 | Lily Mould          |  |  |  |  |  |  |
| 23                   | Rotherham Harriers and AC             | 00:54:25 | 3    | 00:17:03 | Lorena Hughes     | 00:19:03 | Eve Lovell           | 00:18:19 | Rose Fisher         |  |  |  |  |  |  |
| 24                   | Sunderland Harriers & AC A            | 00:57:58 | 3    | 00:16:08 | Anna Butler       | 00:19:52 | Isla Leigh-Bell      | 00:21:57 | Haya Jaljula        |  |  |  |  |  |  |
| 25                   | South Shields Harriers & AC           | 00:59:19 | 3    | 00:19:19 | Maggie Hawdon     | 00:19:21 | Anabelle Charlton    | 00:20:39 | Eliza Woodhouse     |  |  |  |  |  |  |
| 26                   | Wirral AC B                           | 00:35:10 | 2    | 00:17:30 | Sophia McCready   | 00:17:41 | Ziva Timson          |          |                     |  |  |  |  |  |  |
| 27                   | Halifax Harriers & AC B               | 00:19:06 | 1    | 00:19:06 | Florence Paynter  |          |                      |          |                     |  |  |  |  |  |  |
| <b>Under 16 Boys</b> |                                       |          |      |          |                   |          |                      |          |                     |  |  |  |  |  |  |
| Pos                  | LastName                              | Time     | Laps | Lap1     | Lap1_Team Member  | Lap2     | Lap2_Team Member     | Lap3     | Lap3_Team Member    |  |  |  |  |  |  |
| 1                    | Gosforth Harriers & AC A              | 00:39:50 | 3    | 00:13:04 | Mason Gaylor      | 00:13:25 | Noah Penfold         | 00:13:21 | Edward Watson       |  |  |  |  |  |  |
| 2                    | Wirral AC A                           | 00:40:05 | 3    | 00:13:08 | Fred Reese        | 00:13:35 | Noah Mills           | 00:13:22 | Lucas Sawyer        |  |  |  |  |  |  |
| 3                    | Leeds City Athletic Club A            | 00:40:16 | 3    | 00:13:07 | Caleb Emmett      | 00:13:32 | Charlie Porteous     | 00:13:37 | Tyler Griffiths     |  |  |  |  |  |  |
| 4                    | Wakefield District H & AC A           | 00:40:18 | 3    | 00:13:33 | Sydney Swan       | 00:14:10 | Daniel Jones         | 00:12:36 | Thomas Hastings     |  |  |  |  |  |  |
| 5                    | Darlington H & AC A                   | 00:40:55 | 3    | 00:14:01 | Archie Appleton   | 00:14:00 | Daniel Callaghan     | 00:12:54 | Ollie Curran        |  |  |  |  |  |  |
| 6                    | Warriors Pentathlon & Athletic Club A | 00:41:00 | 3    | 00:13:08 | Owen Oswick       | 00:13:44 | Harry Redhead        | 00:14:08 | Finley Potter       |  |  |  |  |  |  |
| 7                    | Derby Athletic Club A                 | 00:41:28 | 3    | 00:12:42 | Osniel Segal      | 00:14:23 | William Saunders     | 00:14:23 | Toby Newbould       |  |  |  |  |  |  |
| 8                    | Sale Harriers Manchester A            | 00:41:57 | 3    | 00:12:40 | Noah Phillips     | 00:14:29 | Arthur O'Hare        | 00:14:48 | Toby Harrison       |  |  |  |  |  |  |
| 9                    | Kendal Amateur Athletic Club A        | 00:42:11 | 3    | 00:14:11 | Jos Jebb          | 00:13:26 | Milo Williams        | 00:14:34 | Arthur Wray         |  |  |  |  |  |  |
| 10                   | Leeds City Athletic Club B            | 00:42:15 | 3    | 00:13:48 | William Reynolds  | 00:13:58 | Solomon Coffey-Wills | 00:14:29 | Callum Holmes       |  |  |  |  |  |  |
| 11                   | Warriors Pentathlon & Athletic Club B | 00:42:24 | 3    | 00:13:48 | Julian Weinberger | 00:14:38 | Quinn McCaul         | 00:13:58 | Bobby Hughes        |  |  |  |  |  |  |
| 12                   | Preston Harriers A                    | 00:42:26 | 3    | 00:13:55 | Jack Turner       | 00:14:07 | Albert Yates         | 00:14:24 | Oscar Bragg         |  |  |  |  |  |  |
| 13                   | Keighley & Craven AC A                | 00:42:41 | 3    | 00:13:38 | Joseph Preston    | 00:13:53 | Will Parker          | 00:15:09 | Dylan Alcock        |  |  |  |  |  |  |
| 14                   | Trafford Athletic Club                | 00:42:51 | 3    | 00:13:39 | Edward O'Brien    | 00:14:44 | Thomas Fotheringham  | 00:14:29 | Stanley Barber      |  |  |  |  |  |  |
| 15                   | Bingley Harriers & AC                 | 00:42:53 | 3    | 00:14:14 | Ralph Emsley      | 00:14:41 | Robert Brooks        | 00:13:58 | Jack Mitchell       |  |  |  |  |  |  |
| 16                   | Rotherham Harriers and AC             | 00:42:58 | 3    | 00:12:52 | Edward Rose       | 00:14:41 | Bradley Cooper       | 00:15:25 | Harry Hudson        |  |  |  |  |  |  |
| 17                   | Blackburn Harriers & AC               | 00:43:19 | 3    | 00:14:13 | William Jenner    | 00:14:19 | Thomas Stewart       | 00:14:47 | Ethan Carson        |  |  |  |  |  |  |
| 18                   | Lincoln Wellington Athletic Club      | 00:44:21 | 3    | 00:13:58 | Charlie Johnson   | 00:14:18 | Charlie C Johnson    | 00:16:05 | Maxx Chapman        |  |  |  |  |  |  |
| 19                   | Gosforth Harriers & AC B              | 00:44:26 | 3    | 00:14:09 | Peter Davies      | 00:14:35 | Jack McManus         | 00:15:43 | Luca Miller         |  |  |  |  |  |  |
| 20                   | Kingston upon Hull AC                 | 00:44:39 | 3    | 00:15:07 | Cameron Coulter   | 00:14:48 | Teddy Morgan         | 00:14:44 | Samuel Hildreth     |  |  |  |  |  |  |
| 21                   | Preston Harriers B                    | 00:44:54 | 3    | 00:14:59 | Nathaniel White   | 00:14:52 | Matthew Bennett      | 00:15:02 | Freddy Cheyne       |  |  |  |  |  |  |
| 22                   | Border Harriers & AC                  | 00:45:13 | 3    | 00:14:39 | Matthew Downie    | 00:14:31 | Oliver Ramshaw       | 00:16:02 | Ollie Mitchell      |  |  |  |  |  |  |
| 23                   | City of York AC                       | 00:45:42 | 3    | 00:14:22 | George Ghosh      | 00:15:01 | Lenny Kirk           | 00:16:20 | Noah Stipetic       |  |  |  |  |  |  |
| 24                   | Morpeth Harriers & AC                 | 00:46:14 | 3    | 00:14:20 | Jack Dhawar       | 00:17:06 | Jacob Thompson       | 00:14:48 | Joseph Fawcett      |  |  |  |  |  |  |
| 25                   | East Cheshire Harriers & Tameside AC  | 00:46:49 | 3    | 00:15:07 | Jacob Shearing    | 00:16:36 | Harry Alderson       | 00:15:06 | Micah Kenyon-Betts  |  |  |  |  |  |  |
| 26                   | Wakefield District H & AC B           | 00:47:25 | 3    | 00:14:27 | Henry McFarlane   | 00:15:57 | Oliver Hastings      | 00:17:01 | Harry Beck          |  |  |  |  |  |  |

| 27                    | Sunderland Harriers & AC A            | 00:47:40 | 3    | 00:15:20 | Ryan Britton      | 00:15:09 | Theo Paxton         | 00:17:12 | Sebastian Breheny |  |  |  |  |  |  |
|-----------------------|---------------------------------------|----------|------|----------|-------------------|----------|---------------------|----------|-------------------|--|--|--|--|--|--|
| 28                    | Low Fell RC                           | 00:48:03 | 3    | 00:14:21 | Zach Bain         | 00:18:13 | Sean Lennon         | 00:15:28 | William McClean   |  |  |  |  |  |  |
| 29                    | Sunderland Harriers & AC B            | 00:48:34 | 3    | 00:15:14 | Samuel Rigg       | 00:16:49 | Nathan Jobling      | 00:16:31 | Oliver Dugdale    |  |  |  |  |  |  |
| 30                    | Keighley & Craven AC B                | 00:49:02 | 3    | 00:15:24 | Raffy Schofield   | 00:16:23 | Ruben Cuthbert      | 00:17:14 | Cameron Bentley   |  |  |  |  |  |  |
| 31                    | Valley Striders AC                    | 00:49:06 | 3    | 00:15:01 | Ewan Reid         | 00:16:36 | Bertie Bell         | 00:17:29 | Harry Durbin      |  |  |  |  |  |  |
| 32                    | Elswick Harriers                      | 00:49:29 | 3    | 00:15:09 | Alfie Harvey      | 00:15:37 | Dexter White        | 00:18:42 | Sam Haddon        |  |  |  |  |  |  |
| 33                    | Darlington H & AC B                   | 00:50:05 | 3    | 00:15:52 | Rhys Price        | 00:17:16 | Douglas Hart        | 00:16:57 | Callum Rhodes     |  |  |  |  |  |  |
| 34                    | Jarrow & Hebburn AC                   | 00:51:24 | 3    | 00:16:54 | Jacob Liu         | 00:16:31 | Aidan Owens         | 00:17:58 | Edward Taggart    |  |  |  |  |  |  |
| 35                    | Sale Harriers Manchester C            | 00:33:01 | 2    | 00:15:18 | Charlie Hattrell  | 00:17:43 | Samuel Haskins      |          |                   |  |  |  |  |  |  |
| 36                    | Halifax Harriers & AC                 | 00:14:13 | 1    | 00:14:13 | James Neil        |          |                     |          |                   |  |  |  |  |  |  |
| 37                    | Kendal Amateur Athletic Club B        | 00:15:10 | 1    | 00:15:10 | Lawrie Belshaw    |          |                     |          |                   |  |  |  |  |  |  |
| 38                    | Wirral AC B                           | 00:16:20 | 1    | 00:16:20 | Harry Evens       |          |                     |          |                   |  |  |  |  |  |  |
| 39                    | Wakefield District H & AC C           | 00:17:27 | 1    | 00:17:27 | Lochlan Ruddock   |          |                     |          |                   |  |  |  |  |  |  |
| DQ                    | Sale Harriers Manchester B            |          | 3    | 00:15:48 | James Walsh       | 00:17:51 | Edward Moran        | 00:15:31 | Lenny Alves       |  |  |  |  |  |  |
| UNC                   | Allerton Junior Athletics Club A      |          | 3    | 00:13:11 | 5011              | 00:14:22 | 5012                | 00:14:51 | 5013              |  |  |  |  |  |  |
| UNC                   | Allerton Junior Athletics Club B      |          | 1    | 00:18:17 | 5021              |          |                     |          |                   |  |  |  |  |  |  |
| <b>Under 16 Girls</b> |                                       |          |      |          |                   |          |                     |          |                   |  |  |  |  |  |  |
| Pos                   | LastName                              | Time     | Laps | Lap1     | Lap1_Team Member  | Lap2     | Lap2_Team Member    | Lap3     | Lap3_Team Member  |  |  |  |  |  |  |
| 1                     | Warriors Pentathlon & Athletic Club A | 00:43:20 | 3    | 00:14:41 | Isobel Beddow     | 00:14:17 | Daisy McVicar       | 00:14:22 | Roni Kohring      |  |  |  |  |  |  |
| 2                     | Lincoln Wellington Athletic Club A    | 00:44:09 | 3    | 00:14:46 | Molly Porter      | 00:15:02 | Amelie Ronnie       | 00:14:21 | Holly Norris      |  |  |  |  |  |  |
| 3                     | Hallamshire Harriers Sheffield A      | 00:44:41 | 3    | 00:14:56 | Carlotta Bailey   | 00:15:08 | Molly Buckley       | 00:14:37 | Jessica Thake     |  |  |  |  |  |  |
| 4                     | Halifax Harriers & AC A               | 00:45:08 | 3    | 00:15:07 | Ellie Smith       | 00:15:03 | Isobelle Crowther   | 00:14:58 | Sienna Lavine     |  |  |  |  |  |  |
| 5                     | Bingley Harriers & AC A               | 00:45:14 | 3    | 00:14:38 | Bleu Bailey       | 00:15:03 | Ella Simpson        | 00:15:34 | Harriet Carter    |  |  |  |  |  |  |
| 6                     | Darlington H & AC                     | 00:47:13 | 3    | 00:15:27 | Lucy Hellewell    | 00:15:59 | Ella Harcourt       | 00:15:47 | Thea Hyland       |  |  |  |  |  |  |
| 7                     | Sale Harriers Manchester A            | 00:47:15 | 3    | 00:15:30 | Lucy O'Brien      | 00:15:45 | Amber Khan          | 00:16:01 | Imogen Moran      |  |  |  |  |  |  |
| 8                     | Lincoln Wellington Athletic Club B    | 00:47:36 | 3    | 00:15:17 | Faye Goulsbra     | 00:16:43 | Eva Goulsbra        | 00:15:36 | Savannah Ward     |  |  |  |  |  |  |
| 9                     | Warriors Pentathlon & Athletic Club B | 00:47:45 | 3    | 00:16:25 | Poppy Boden       | 00:15:04 | Eve Beddow          | 00:16:16 | Charlotte Mackie  |  |  |  |  |  |  |
| 10                    | Wirral AC A                           | 00:47:48 | 3    | 00:15:29 | Isla Salisbury    | 00:16:30 | Violet Brady        | 00:15:49 | Elsie Jones       |  |  |  |  |  |  |
| 11                    | Preston Harriers A                    | 00:48:26 | 3    | 00:14:38 | Ruby Cox          | 00:17:01 | Elsa Thomson        | 00:16:47 | Millie Wright     |  |  |  |  |  |  |
| 12                    | Bingley Harriers & AC B               | 00:48:28 | 3    | 00:15:59 | Penny Pinker-Hull | 00:15:42 | Florence Chatterton | 00:16:46 | Hannah Dennis     |  |  |  |  |  |  |
| 13                    | Leeds City Athletic Club A            | 00:48:38 | 3    | 00:16:12 | Evelyn Hodgkinson | 00:15:33 | Emily Flanagan      | 00:16:52 | Sophia Harris     |  |  |  |  |  |  |
| 14                    | Rossendale Harriers & AC A            | 00:49:08 | 3    | 00:16:20 | Eva Pearce        | 00:16:15 | Ivy Pilkington      | 00:16:34 | Mione Todd        |  |  |  |  |  |  |
| 15                    | City of York AC A                     | 00:49:13 | 3    | 00:16:20 | Eve Standen       | 00:17:31 | Sienna Newcombe     | 00:15:22 | Marianne Lowson   |  |  |  |  |  |  |
| 16                    | Derby Athletic Club                   | 00:50:04 | 3    | 00:15:56 | Joyce Lenton      | 00:16:48 | Dayna Kayes         | 00:17:21 | Amelie Wheeler    |  |  |  |  |  |  |
| 17                    | Wallsend Harriers & AC                | 00:50:09 | 3    | 00:16:21 | Isobel McCann     | 00:17:37 | Isla Aiston         | 00:16:11 | Ella Picton       |  |  |  |  |  |  |
| 18                    | Sale Harriers Manchester B            | 00:50:10 | 3    | 00:16:41 | Florence Connolly | 00:16:30 | Katherine Smithson  | 00:16:59 | Cicely Coldwell   |  |  |  |  |  |  |
| 19                    | Hallamshire Harriers Sheffield B      | 00:50:28 | 3    | 00:16:17 | Saihaj Sahota     | 00:16:49 | Eva Turner          | 00:17:22 | Annie Tighe       |  |  |  |  |  |  |
| 20                    | Preston Harriers B                    | 00:50:32 | 3    | 00:16:34 | Isabel Owers      | 00:16:45 | Scarlett Walker     | 00:17:13 | Tilly McKenna     |  |  |  |  |  |  |
| 21                    | Gosforth Harriers & AC                | 00:51:08 | 3    | 00:16:00 | Eliza Brown       | 00:16:24 | Elsa Hawkins        | 00:18:45 | Alice Scambler    |  |  |  |  |  |  |
| 22                    | City of York AC B                     | 00:51:13 | 3    | 00:16:16 | Rosie Davis       | 00:18:21 | Nancy Standen       | 00:16:36 | Harriet Brown     |  |  |  |  |  |  |
| 23                    | Liverpool Harriers & AC A             | 00:51:44 | 3    | 00:16:29 | Nancy Howe        | 00:17:25 | Mia Feenan          | 00:17:50 | Libby Holcroft    |  |  |  |  |  |  |
| 24                    | Sale Harriers Manchester C            | 00:52:57 | 3    | 00:17:07 | Bridget Flynn     | 00:17:49 | Maia Bradley        | 00:18:01 | Eve Dowling       |  |  |  |  |  |  |
| 25                    | Rotherham Harriers and AC             | 00:53:07 | 3    | 00:16:42 | Jessica Winstone  | 00:17:46 | Lola-Rose Hughes    | 00:18:39 | Poppy Brailsford  |  |  |  |  |  |  |
| 26                    | Rossendale Harriers & AC B            | 00:55:59 | 3    | 00:17:17 | Thea Newton       | 00:18:43 | Isabelle Fenn       | 00:19:59 | Maia Earnshaw     |  |  |  |  |  |  |
| 27                    | Bingley Harriers & AC C               | 00:56:06 | 3    | 00:18:58 | Isabelle Chapman  | 00:18:25 | Phoebe Chatterton   | 00:18:43 | Charlotte Marson  |  |  |  |  |  |  |

| 28                  | Elswick Harriers                     | 00:56:38 | 3    | 00:17:10 | Lucile Barker         | 00:19:55 | Sofia Sedgwick      | 00:19:33 | Jemima Bond            |  |  |  |  |  |  |  |  |
|---------------------|--------------------------------------|----------|------|----------|-----------------------|----------|---------------------|----------|------------------------|--|--|--|--|--|--|--|--|
| 29                  | Keighley & Craven AC                 | 00:33:17 | 2    | 00:15:02 | Olivia Stones         | 00:18:15 | Elizabeth Oakden    |          |                        |  |  |  |  |  |  |  |  |
| 30                  | Salford Harriers & AC A              | 00:33:41 | 2    | 00:15:52 | Imogen Weatherhead    | 00:17:49 | Freya Lombard       |          |                        |  |  |  |  |  |  |  |  |
| 31                  | Leeds City Athletic Club B           | 00:38:32 | 2    | 00:18:34 | Emily Kenworthy       | 00:19:58 | Annabel Clements    |          |                        |  |  |  |  |  |  |  |  |
| 32                  | Liverpool Harriers & AC B            | 00:15:50 | 1    | 00:15:50 | Gabriella Tobin       |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 33                  | Blackburn Harriers & AC              | 00:16:25 | 1    | 00:16:25 | Ava Winstanley        |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 34                  | Wirral AC B                          | 00:16:34 | 1    | 00:16:34 | Marie-Ange Robson     |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 35                  | Kendal Amateur Athletic Club         | 00:16:38 | 1    | 00:16:38 | Mila Barron           |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 36                  | East Cheshire Harriers & Tameside AC | 00:16:40 | 1    | 00:16:40 | Erin McMahon          |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 37                  | Kingston upon Hull AC                | 00:16:42 | 1    | 00:16:42 | Megan Morley smith    |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 38                  | North Shields Polytechnic Club       | 00:19:02 | 1    | 00:19:02 | Amelia Rose Lind      |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 39                  | Rotherham Harriers and AC            | 00:19:47 | 1    | 00:19:47 | Phoebe Bedford        |          |                     |          |                        |  |  |  |  |  |  |  |  |
| <b>Under 18 Men</b> |                                      |          |      |          |                       |          |                     |          |                        |  |  |  |  |  |  |  |  |
| Pos                 | LastName                             | Time     | Laps | Lap1     | Lap1_ Team Member     | Lap2     | Lap2_ Team Member   | Lap3     | Lap3_ Team Member      |  |  |  |  |  |  |  |  |
| 1                   | Southport Waterloo AC                | 00:48:20 | 3    | 00:16:04 | William Delamere      | 00:16:19 | Eddy Clark          | 00:15:56 | Caleb Still            |  |  |  |  |  |  |  |  |
| 2                   | Border Harriers & AC A               | 00:48:31 | 3    | 00:15:39 | Peter Wayman          | 00:16:21 | Luke Davison        | 00:16:31 | Liam Fulton            |  |  |  |  |  |  |  |  |
| 3                   | Warriors Pentathlon & Athletic Club  | 00:49:50 | 3    | 00:16:17 | Michael Phelan        | 00:16:47 | Max Grabe           | 00:16:45 | Elliot Rowe            |  |  |  |  |  |  |  |  |
| 4                   | Darlington H & AC A                  | 00:50:10 | 3    | 00:16:57 | Rowan Steel           | 00:17:20 | Matthew Foster      | 00:15:53 | Kirsten-Kyle Sridhar   |  |  |  |  |  |  |  |  |
| 5                   | Leeds City Athletic Club A           | 00:50:15 | 3    | 00:16:45 | Oliver Pow            | 00:16:20 | Daniel Lowe         | 00:17:10 | matthew Homan          |  |  |  |  |  |  |  |  |
| 6                   | Gosforth Harriers & AC A             | 00:50:17 | 3    | 00:15:39 | Phoenix Hayton-Rowell | 00:17:00 | James Sturman       | 00:17:39 | Jude Wilson            |  |  |  |  |  |  |  |  |
| 7                   | Rotherham Harriers and AC A          | 00:50:32 | 3    | 00:15:52 | Sebastian Johnson     | 00:17:07 | Robson Hughes       | 00:17:33 | Louis Johnson          |  |  |  |  |  |  |  |  |
| 8                   | Blackburn Harriers & AC              | 00:50:45 | 3    | 00:15:55 | William Grundy        | 00:17:17 | George Holman       | 00:17:33 | Benedict Raby          |  |  |  |  |  |  |  |  |
| 9                   | Keighley & Craven AC                 | 00:50:58 | 3    | 00:16:51 | Sam Cheung            | 00:16:29 | Finn Beggan         | 00:17:38 | Alex Frew              |  |  |  |  |  |  |  |  |
| 10                  | Preston Harriers                     | 00:51:16 | 3    | 00:16:38 | Jack Mawdsley         | 00:16:48 | William Kershaw     | 00:17:50 | David Baginski         |  |  |  |  |  |  |  |  |
| 11                  | Hallamshire Harriers Sheffield       | 00:51:28 | 3    | 00:16:03 | Thomas Thake          | 00:17:43 | William Martin      | 00:17:42 | Harry Kirkman          |  |  |  |  |  |  |  |  |
| 12                  | Blyth Running Club                   | 00:51:36 | 3    | 00:16:13 | Alastair Johnston     | 00:18:41 | Dexter Heatley      | 00:16:42 | George Bryce           |  |  |  |  |  |  |  |  |
| 13                  | Trafford Athletic Club               | 00:51:48 | 3    | 00:15:49 | Ario Mander Tullius   | 00:17:28 | Benjamin Dutson     | 00:18:31 | Sam Ingleby-Castleton  |  |  |  |  |  |  |  |  |
| 14                  | Sale Harriers Manchester             | 00:52:45 | 3    | 00:17:52 | George Horsfall       | 00:17:12 | Conor McManus       | 00:17:42 | Jake Harrison          |  |  |  |  |  |  |  |  |
| 15                  | City of York AC                      | 00:52:54 | 3    | 00:17:10 | James Bastow          | 00:17:41 | Harris Little       | 00:18:02 | Tobias Payne           |  |  |  |  |  |  |  |  |
| 16                  | Border Harriers & AC B               | 00:53:42 | 3    | 00:17:09 | Joe Green             | 00:19:08 | Gil Burns           | 00:17:26 | Jacob Ostle            |  |  |  |  |  |  |  |  |
| 17                  | Darlington H & AC B                  | 00:53:50 | 3    | 00:17:23 | James l'Anson         | 00:18:14 | Lucas Rogers        | 00:18:13 | William Hart           |  |  |  |  |  |  |  |  |
| 18                  | Derwent AC Cockermouth               | 00:55:49 | 3    | 00:18:12 | Toby Kitchen          | 00:19:21 | Dylan Jack          | 00:18:16 | Jamie Cueto            |  |  |  |  |  |  |  |  |
| 19                  | Leeds City Athletic Club B           | 00:56:03 | 3    | 00:19:00 | Ben Bedford           | 00:18:25 | Alexander Smith     | 00:18:39 | Alex Ross              |  |  |  |  |  |  |  |  |
| 20                  | Holmfirth Harriers AC                | 00:56:10 | 3    | 00:18:32 | Ollie Coffey          | 00:19:35 | Alex Croft          | 00:18:03 | Archie Potts           |  |  |  |  |  |  |  |  |
| 21                  | Gosforth Harriers & AC B             | 00:56:21 | 3    | 00:17:39 | Joseph Lodge          | 00:18:02 | Leyton O'Brien      | 00:20:40 | Thomas Quinn           |  |  |  |  |  |  |  |  |
| 22                  | Elswick Harriers                     | 00:57:02 | 3    | 00:17:27 | Jacob McCoy           | 00:19:45 | Benjamin Stonehouse | 00:19:51 | Nicholas Surtees-Brown |  |  |  |  |  |  |  |  |
| 23                  | Wakefield District H & AC            | 01:02:23 | 3    | 00:17:03 | Joseph Stitchman      | 00:26:07 | Robert Hallas       | 00:19:13 | Eli Lofthouse          |  |  |  |  |  |  |  |  |
| 24                  | Halifax Harriers & AC                | 00:33:36 | 2    | 00:16:19 | Isaac Male            | 00:17:17 | Beau Clark          |          |                        |  |  |  |  |  |  |  |  |
| 25                  | Darlington H & AC C                  | 00:40:18 | 2    | 00:18:26 | Donovan Tarn          | 00:21:52 | Philip Roycroft     |          |                        |  |  |  |  |  |  |  |  |
| 26                  | Rossendale Harriers & AC             | 00:15:59 | 1    | 00:15:59 | Francis Vidler        |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 27                  | Salford Harriers & AC                | 00:16:50 | 1    | 00:16:50 | Finlay Carthy         |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 28                  | Derby Athletic Club                  | 00:17:36 | 1    | 00:17:36 | Oscar Blake           |          |                     |          |                        |  |  |  |  |  |  |  |  |
| 29                  | Leeds City Athletic Club C           | 00:19:53 | 1    | 00:19:53 | Woody Beaumont        |          |                     |          |                        |  |  |  |  |  |  |  |  |
| UNC                 | Gateshead Harriers & AC              |          | 3    | 00:18:11 | 6121                  | 00:16:35 | 6122                | 00:19:58 | 6123                   |  |  |  |  |  |  |  |  |

| Under 18 Women |                                         |          |      |          |                    |          |                        |          |                   |          |                      |          |                    |          |                    |
|----------------|-----------------------------------------|----------|------|----------|--------------------|----------|------------------------|----------|-------------------|----------|----------------------|----------|--------------------|----------|--------------------|
| Pos            | LastName                                | Time     | Laps | Lap1     | Lap1_ Team Member  | Lap2     | Lap2_ Team Member      | Lap3     | Lap3_ Team Member |          |                      |          |                    |          |                    |
| 1              | Preston Harriers                        | 00:55:44 | 3    | 00:19:05 | Isabel Goodman     | 00:18:28 | Kristy Leitch          | 00:18:12 | Pollyanna Kershaw |          |                      |          |                    |          |                    |
| 2              | Rotherham Harriers and AC A             | 00:55:58 | 3    | 00:18:25 | Maya Schofield     | 00:18:16 | Haley Bacon            | 00:19:17 | Matilda Holmes    |          |                      |          |                    |          |                    |
| 3              | Sale Harriers Manchester A              | 00:57:14 | 3    | 00:19:00 | Beatrix Soper      | 00:19:16 | Robyn Heywood-Young    | 00:18:58 | Megan Boyer       |          |                      |          |                    |          |                    |
| 4              | Warriors Pentathlon & Athletic Club     | 00:57:18 | 3    | 00:18:57 | Nyla Roode         | 00:18:55 | Savannah Mannhart      | 00:19:26 | Isla Yorke        |          |                      |          |                    |          |                    |
| 5              | Derby Athletic Club                     | 00:57:44 | 3    | 00:17:17 | Olivia Lee         | 00:20:32 | Jessica Whitehead      | 00:19:56 | Sophia Wheeler    |          |                      |          |                    |          |                    |
| 6              | Rossendale Harriers & AC                | 00:59:08 | 3    | 00:19:38 | Ruby Cleaver       | 00:19:25 | Lyla Duffy             | 00:20:05 | Alice Carr        |          |                      |          |                    |          |                    |
| 7              | Lincoln Wellington Athletic Club        | 00:59:27 | 3    | 00:19:34 | Eva Hart           | 00:20:40 | Annabel Norris         | 00:19:13 | Florence Lilly    |          |                      |          |                    |          |                    |
| 8              | Blackburn Harriers & AC A               | 01:00:37 | 3    | 00:20:24 | Emma Robertshaw    | 00:20:54 | Agatha Taylor          | 00:19:19 | Millie Jordan     |          |                      |          |                    |          |                    |
| 9              | City of York AC A                       | 01:00:41 | 3    | 00:18:36 | Hannah Lovett      | 00:20:49 | Isla Watson            | 00:21:16 | Beatrice Thompson |          |                      |          |                    |          |                    |
| 10             | Sale Harriers Manchester B              | 01:00:50 | 3    | 00:19:58 | Caitlin Wetters    | 00:20:47 | Grace Hill             | 00:20:05 | Maddy Appleby     |          |                      |          |                    |          |                    |
| 11             | Birtley AC                              | 01:03:03 | 3    | 00:18:19 | Olivia Murphy      | 00:22:22 | Nell Graham            | 00:22:23 | Ceinwen Bishop    |          |                      |          |                    |          |                    |
| 12             | Blackburn Harriers & AC B               | 01:04:36 | 3    | 00:20:12 | Lottie Hesketh     | 00:21:22 | Bella McCredie         | 00:23:01 | Emily Wood        |          |                      |          |                    |          |                    |
| 13             | Durham City Harriers & AC               | 01:05:07 | 3    | 00:21:27 | Isabelle Christie  | 00:20:33 | Evelyn Proctor         | 00:23:07 | Eve Hollowbread   |          |                      |          |                    |          |                    |
| 14             | Keighley & Craven AC                    | 01:05:19 | 3    | 00:21:20 | Bethan Buckley     | 00:21:22 | Layla Stott            | 00:22:36 | Jessica Robinson  |          |                      |          |                    |          |                    |
| 15             | Gosforth Harriers & AC                  | 01:05:57 | 3    | 00:19:54 | Chloe Das          | 00:23:09 | Annie Murphy           | 00:22:55 | Freya Beckingsale |          |                      |          |                    |          |                    |
| 16             | Tyne Bridge Harriers A                  | 01:06:06 | 3    | 00:22:21 | Lucia Nayak        | 00:23:20 | Martha Bell            | 00:20:25 | Anna Matthews     |          |                      |          |                    |          |                    |
| 17             | City of York AC B                       | 01:06:46 | 3    | 00:22:43 | Imogen Brown       | 00:21:08 | Nina Hopkins           | 00:22:56 | Katherine Wilcock |          |                      |          |                    |          |                    |
| 18             | Sale Harriers Manchester C              | 01:06:49 | 3    | 00:22:00 | Ruby Mae Langford  | 00:21:22 | Mollie Offord          | 00:23:27 | Maya Ross         |          |                      |          |                    |          |                    |
| 19             | Border Harriers & AC                    | 01:07:14 | 3    | 00:20:39 | Suzie McNally      | 00:23:07 | Matilda Kemp           | 00:23:28 | Elena Archibald   |          |                      |          |                    |          |                    |
| 20             | Elswick Harriers                        | 01:08:41 | 3    | 00:22:39 | Isabelle Durham    | 00:22:56 | Jess Lienard           | 00:23:07 | Emma Tomlinson    |          |                      |          |                    |          |                    |
| 21             | Halifax Harriers & AC A                 | 00:37:27 | 2    | 00:17:37 | Isabella Rose Tutt | 00:19:50 | Kitty Harrison Sargent |          |                   |          |                      |          |                    |          |                    |
| 22             | Leeds City Athletic Club A              | 00:46:02 | 2    | 00:23:03 | Astrid Gamesby     | 00:23:00 | Talitha Hodgkinson     |          |                   |          |                      |          |                    |          |                    |
| 23             | Birtley AC                              | 00:21:12 | 1    | 00:21:12 | Kitty Graham       |          |                        |          |                   |          |                      |          |                    |          |                    |
| 24             | Sale Harriers Manchester                | 00:21:51 | 1    | 00:21:51 | Isla Anderson      |          |                        |          |                   |          |                      |          |                    |          |                    |
| 25             | Tyne Bridge Harriers B                  | 00:22:55 | 1    | 00:22:55 | Eliza Palmer       |          |                        |          |                   |          |                      |          |                    |          |                    |
| Senior Men     |                                         |          |      |          |                    |          |                        |          |                   |          |                      |          |                    |          |                    |
| Pos            | LastName                                | Time     | Laps | Lap1     | Lap1_ Team Member  | Lap2     | Lap2_ Team Member      | Lap3     | Lap3_ Team Member | Lap4     | Lap4_ Team Member    | Lap5     | Lap5_ Team Member  | Lap6     | Lap6_ Team Member  |
| 1              | Leeds City Athletic Club A              | 01:29:58 | 6    | 00:15:11 | Joe Firth          | 00:14:37 | John Beattie           | 00:15:38 | Toby Antcliff     | 00:14:17 | Philip Sesemann      | 00:14:53 | Joe Sagar          | 00:15:22 | Gavyn Chalmers     |
| 2              | Salford Harriers & AC A                 | 01:31:10 | 6    | 00:15:38 | Isaac Battye       | 00:15:07 | Joshua Birmingham      | 00:15:50 | Jacob Wood-Doyle  | 00:14:17 | Harry Wakefield      | 00:14:45 | Bryn Lawrence      | 00:15:34 | Sam Hopkins        |
| 3              | Morpeth Harriers & AC A                 | 01:31:37 | 6    | 00:15:23 | Sam Hancox         | 00:14:32 | Lawrence McCourt       | 00:15:52 | Liam Bartle       | 00:16:08 | Robert Balmbra       | 00:14:26 | Chris Coulson      | 00:15:16 | Ellis Hetherington |
| 4              | Blackburn Harriers & AC A               | 01:31:47 | 6    | 00:15:30 | Myles Fraser       | 00:14:44 | Joe Monk               | 00:15:40 | Ben Whyte         | 00:14:28 | Matthew James Ramsd  | 00:15:26 | Ross Harrison      | 00:15:59 | Ben Fish           |
| 5              | Leeds City Athletic Club B              | 01:33:07 | 6    | 00:15:52 | Sam Atkinson       | 00:15:25 | Matthew Rendell        | 00:15:25 | Harry Butler      | 00:15:16 | Jason Hall           | 00:15:47 | Mohamed Abshir     | 00:15:22 | Graham Rush        |
| 6              | Salford Harriers & AC B                 | 01:33:21 | 6    | 00:14:58 | Ewan Wheelwright   | 00:15:35 | Ethan Nation           | 00:15:41 | Joshua Dutton     | 00:15:58 | Tom Hodgson          | 00:15:36 | George Beardmore   | 00:15:34 | Michael Mannings   |
| 7              | Middlesbrough Athletic Club (Mandale) A | 01:33:24 | 6    | 00:14:43 | Joseph Wilson      | 00:15:23 | Adam Theaker           | 00:15:58 | Zander Gribbon    | 00:16:33 | Jack Harrison        | 00:15:02 | Max Creasey        | 00:15:46 | Arne Dumez         |
| 8              | City of York AC A                       | 01:35:21 | 6    | 00:14:39 | Angus McMillan     | 00:15:36 | Gianluca Mastrodonardo | 00:15:44 | James Tucker      | 00:16:48 | Edward Brown         | 00:16:16 | Mark Bolland-Cage  | 00:16:17 | William Hardy      |
| 9              | Keighley & Craven AC                    | 01:35:41 | 6    | 00:15:49 | Owen Ashdown       | 00:16:01 | Ned Gallagher-Thompson | 00:16:31 | Archie Peaker     | 00:14:09 | Joe Hudson           | 00:16:43 | Oliver Frew        | 00:16:28 | Callum James       |
| 10             | Keswick AC A                            | 01:35:59 | 6    | 00:14:58 | John Battrick      | 00:16:02 | Sam Holding            | 00:16:44 | Sam Stead         | 00:15:46 | Joseph Dugdale       | 00:16:27 | Calum Tinnion      | 00:16:02 | Mark Lamb          |
| 11             | Gateshead Harriers & AC A               | 01:36:33 | 6    | 00:15:32 | Conrad Franks      | 00:15:30 | Sam Punn               | 00:15:46 | Steve Rankin      | 00:16:13 | Scott Capewell       | 00:16:14 | James Cripwell     | 00:17:18 | Harry Loasby       |
| 12             | Hallamshire Harriers Sheffield          | 01:36:37 | 6    | 00:15:15 | Taylor Hill        | 00:16:21 | Jamie Hall             | 00:15:41 | Jed Bartlett      | 00:15:42 | Euan Brown           | 00:17:27 | Evan Shkul         | 00:16:12 | David Byrne        |
| 13             | Salford Harriers & AC C                 | 01:36:52 | 6    | 00:16:39 | Matthew Russell    | 00:16:19 | Bruno Lima             | 00:15:38 | Thomas Manton     | 00:16:01 | Karl Darcy           | 00:16:15 | Callum Jones       | 00:15:59 | Ted Hodgson        |
| 14             | Border Harriers & AC A                  | 01:36:59 | 6    | 00:15:54 | Tom Humphries      | 00:16:02 | Ross Landon            | 00:16:21 | Adam Varey        | 00:15:55 | James Douglas        | 00:16:21 | George Tiffin-Lowe | 00:16:25 | David Rich         |
| 15             | Chorlton Runners                        | 01:37:02 | 6    | 00:15:28 | Tom Charles        | 00:16:27 | Thomas Culshaw         | 00:16:18 | Matthew Devlin    | 00:16:33 | James Savage         | 00:15:48 | Philip Radford     | 00:16:28 | Ben Hobson         |
| 16             | North Shields Polytechnic Club A        | 01:37:11 | 6    | 00:16:01 | Louis Gardner      | 00:16:42 | Thomas Sursham         | 00:15:39 | Alex Bellew       | 00:16:30 | Peter Glen-Ravenhill | 00:16:15 | William Robson     | 00:16:04 | Alex Black         |

## Northern Athletics Autumn Road Relays

## 2026 Results

20th September

|    |                                            |          |   |          |                       |          |                    |          |                      |          |                    |          |                  |          |                     |
|----|--------------------------------------------|----------|---|----------|-----------------------|----------|--------------------|----------|----------------------|----------|--------------------|----------|------------------|----------|---------------------|
| 17 | Sunderland Harriers & AC A                 | 01:37:12 | 6 | 00:15:45 | Scott Armstrong       | 00:16:09 | Joe Willis         | 00:16:13 | Michael Rodenby      | 00:17:00 | Alexander Seed     | 00:16:17 | Norman Younger   | 00:15:48 | Stephen Jackson     |
| 18 | Tyne Bridge Harriers A                     | 01:37:46 | 6 | 00:15:44 | Jake Dorman           | 00:15:57 | Sam Wood           | 00:16:22 | Timothy Charteris    | 00:16:54 | Tim Wilcock        | 00:16:32 | Tom Charlton     | 00:16:18 | Michael Hedley      |
| 19 | Rotherham Harriers and AC A                | 01:38:03 | 6 | 00:16:12 | Ben Burton            | 00:15:09 | Mikey Bacon        | 00:15:53 | ALFIE BEDFORD        | 00:17:07 | Vincent Johnson    | 00:17:03 | Jack Williams    | 00:16:38 | Gareth Sampson      |
| 20 | Warrington A C                             | 01:38:10 | 6 | 00:15:49 | Cameron Field         | 00:15:28 | Daniel Fox         | 00:16:22 | Alex MacDonald       | 00:16:09 | Jack Wadsworth     | 00:17:00 | Matthew Jenson   | 00:17:22 | Paul Mainwaring     |
| 21 | East Cheshire Harriers & Tameside AC A     | 01:38:39 | 6 | 00:15:20 | Joseph Hudak          | 00:15:54 | Michael Holness    | 00:16:35 | Brandon Kenyon-Betts | 00:17:37 | Oliver Walker      | 00:16:52 | Marshall Fleet   | 00:16:20 | Nathan Dunn         |
| 22 | Bury Athletic Club                         | 01:38:56 | 6 | 00:14:59 | Martin Clark          | 00:15:18 | Benjamin Coop      | 00:15:49 | Sebastian Poma       | 00:17:14 | Jack Griffiths     | 00:17:23 | Luke Harreld     | 00:18:13 | Christian Peters    |
| 23 | City of York AC B                          | 01:39:03 | 6 | 00:16:18 | ben walker            | 00:16:35 | Jamie Walker       | 00:16:54 | Simon Bolland-Cage   | 00:15:46 | Louis Richardson   | 00:17:14 | Adam Davis       | 00:16:14 | Ewan Robertson      |
| 24 | York Knavesmire Harriers A                 | 01:39:04 | 6 | 00:15:45 | Joey Wynne            | 00:15:59 | Nicholas Peat      | 00:16:43 | Matthew Lunn         | 00:17:10 | Jacob Rymmer       | 00:17:30 | Peter Ellis      | 00:15:57 | Mark Cherryholme    |
| 25 | Leeds City Athletic Club C                 | 01:41:05 | 6 | 00:16:40 | Robert Jedrzejczak    | 00:16:52 | Joshua Bird        | 00:17:37 | Adam Osborne         | 00:17:04 | Alan Buckley       | 00:15:58 | Matthew Grieve   | 00:16:55 | Chris Fishlock      |
| 26 | Liverpool Harriers & AC                    | 01:41:45 | 6 | 00:15:51 | David Rea             | 00:16:29 | Hywel Care         | 00:16:50 | Harry Lupton         | 00:17:24 | Keelan Hopewell    | 00:17:20 | Benjamin Roach   | 00:17:51 | Hugo Mitton         |
| 27 | Birtley AC A                               | 01:41:56 | 6 | 00:15:46 | Lewis McConnell       | 00:16:10 | Adrian Bailes      | 00:16:29 | George Beevers       | 00:17:52 | Ian Robinson       | 00:18:42 | Peter Stranney   | 00:16:57 | Joe Wallace         |
| 28 | Elvet Striders A                           | 01:42:10 | 6 | 00:16:27 | Liam Huntington       | 00:17:01 | Bryan Potts        | 00:17:00 | James Curry          | 00:17:29 | Adam Stephenson    | 00:17:30 | Andrew Westgarth | 00:16:42 | Sam Jackson         |
| 29 | Lincoln Wellington Athletic Club           | 01:42:21 | 6 | 00:16:39 | Henry Samkin          | 00:17:28 | Martin Troop       | 00:17:22 | Ian Boyle            | 00:16:43 | Danny Hickson      | 00:17:59 | William Wright   | 00:16:11 | Jamie Swindale      |
| 30 | Rosendale Harriers & AC                    | 01:42:31 | 6 | 00:16:02 | Joseph Johnston       | 00:16:31 | Calum Holmes       | 00:16:45 | Chris Clare          | 00:16:55 | Robert Webb        | 00:17:35 | Dominic Popland  | 00:18:44 | Alfie Walker        |
| 31 | Derby Athletic Club                        | 01:43:18 | 6 | 00:16:44 | Matt Ward             | 00:16:13 | Hayden Murphy      | 00:17:33 | Grant Cummings       | 00:17:53 | Kevin Clifford     | 00:17:18 | Samuel Watson    | 00:17:37 | William Wright      |
| 32 | Saltire Striders A                         | 01:43:42 | 6 | 00:17:35 | Aaron McConkey        | 00:16:33 | Ntutu Letseka      | 00:16:54 | Jake Egan            | 00:17:13 | Nick Hardy         | 00:18:02 | Will Kerr        | 00:17:26 | Paul Weir           |
| 33 | Durham City Harriers & AC A                | 01:43:58 | 6 | 00:16:41 | Rory Woods            | 00:16:10 | William Jardine    | 00:18:22 | James Ormerod        | 00:17:13 | Leonard Lee        | 00:17:39 | Jacob Moore      | 00:17:53 | Paul Attley         |
| 34 | Warriors Pentathlon & Athletic Club        | 01:44:18 | 6 | 00:15:52 | Alex Haggard Kearney  | 00:16:24 | Oberon Kearney     | 00:18:09 | James Oswick         | 00:18:07 | Bastian Weinberger | 00:18:44 | Paul Grabe       | 00:17:01 | James Jones         |
| 35 | Houghton Harriers & AC A                   | 01:44:21 | 6 | 00:15:09 | Alexander Brown       | 00:15:12 | Henry Johnson      | 00:17:50 | Rory Graham          | 00:19:03 | Samuel Hardy       | 00:18:08 | Nate Murdoch     | 00:19:00 | Adam Middleton      |
| 36 | Heaton Harriers & Athletics Club Limited A | 01:44:57 | 6 | 00:15:52 | Jacob Garthwaite      | 00:17:04 | Ruari Macneil      | 00:16:14 | Rowan Poots          | 00:17:18 | James McKenzie     | 00:19:23 | Tom Colquitt     | 00:19:05 | John Sturman        |
| 37 | Halifax Harriers & AC A                    | 01:44:58 | 6 | 00:15:57 | Ben Slow              | 00:16:11 | Eli Cattermole     | 00:17:51 | Alexander Whitehead  | 00:19:43 | Ayan Sinha         | 00:18:21 | Will Cattermole  | 00:16:55 | Liam Parkin         |
| 38 | Hartlepool Burn Road Harriers A            | 01:45:03 | 6 | 00:16:43 | Ben Grounds           | 00:18:12 | Matthew Ferguson   | 00:18:25 | Paul Wilson          | 00:17:08 | Liam Gough         | 00:17:57 | Richard Darling  | 00:16:39 | Michael Jones       |
| 39 | Blackburn Harriers & AC B                  | 01:45:08 | 6 | 00:16:10 | Jack Wood             | 00:16:53 | Max Winstanley     | 00:17:24 | Theo Robinson        | 00:18:10 | Ethan James Cutler | 00:18:18 | Henry Ward       | 00:18:13 | Max Belshaw         |
| 40 | St Theresa's A.C.                          | 01:45:11 | 6 | 00:14:56 | Daniel Garbutt        | 00:16:42 | Richard Herrington | 00:17:49 | Andrew Grinnell      | 00:18:07 | Cairn Morrison     | 00:18:03 | Mark Chapman     | 00:19:34 | Nigel Fuller        |
| 41 | Trafford Athletic Club A                   | 01:45:40 | 6 | 00:16:00 | Jordi Evans-Rodriguez | 00:16:06 | Sonny Wilson       | 00:16:54 | Luke Carrington      | 00:19:59 | Joseph Bentall     | 00:19:09 | George Wright    | 00:17:33 | Jeff Prest          |
| 42 | Elswick Harriers                           | 01:46:01 | 6 | 00:18:26 | Aiden Jones           | 00:15:54 | Dan Milton         | 00:16:24 | Andrew Bell          | 00:17:44 | Henry McGrady      | 00:18:33 | Daniel Spoor     | 00:19:01 | Josh Anderson       |
| 43 | Rothwell Harriers & AC                     | 01:46:10 | 6 | 00:15:53 | Josh Brown            | 00:17:42 | William Randall    | 00:18:11 | Tom Roberts          | 00:18:26 | Kieran Bratley     | 00:18:01 | Matthew Mustard  | 00:17:57 | Miles Kitchen       |
| 44 | Kendal Amateur Athletic Club               | 01:46:20 | 6 | 00:16:11 | Daniel Clavey         | 00:18:35 | Matthew Wilson     | 00:16:36 | Alasdair Russell     | 00:17:44 | Richard Wilson     | 00:19:13 | Andrew Nelson    | 00:18:01 | Andrew Wallace      |
| 45 | Middlesbrough Athletic Club (Mandale) B    | 01:46:42 | 6 | 00:16:47 | Thomas Holland        | 00:17:34 | Morgan Harley      | 00:17:21 | Ethan Marron         | 00:19:38 | George Craggs      | 00:18:08 | Mehdi Ben-Tiba   | 00:17:14 | Charlie Jones       |
| 46 | Elvet Striders B                           | 01:47:03 | 6 | 00:18:18 | Michael Littlewood    | 00:17:08 | Chris Storey       | 00:17:49 | KEIRON LIGHTFOOT     | 00:17:55 | Ben Melia          | 00:17:38 | Robert Kleiser   | 00:18:14 | Lukasz Szymczak     |
| 47 | Tyne Bridge Harriers B                     | 01:48:22 | 6 | 00:17:21 | Angus Williams        | 00:17:02 | Alex Wilkins       | 00:18:29 | William Holmes       | 00:17:32 | Daniel Cartwright  | 00:18:47 | Davey Miller     | 00:19:11 | Gavin Thompson      |
| 48 | Low Fell RC A                              | 01:48:32 | 6 | 00:17:58 | Joshua Thomas         | 00:17:25 | David Newby        | 00:18:52 | Lewis Denison        | 00:18:21 | Mark Donkin        | 00:17:36 | Michael Denison  | 00:18:21 | Stephen Magrath     |
| 49 | Morpeth Harriers & AC B                    | 01:48:59 | 6 | 00:16:25 | Alistair Douglass     | 00:17:46 | Rowan Bennett      | 00:18:56 | Bobby Hagan          | 00:19:04 | SHAUN LAND         | 00:19:44 | Robert Hancox    | 00:17:05 | Andrew Lawrence     |
| 50 | York Knavesmire Harriers B                 | 01:49:27 | 6 | 00:17:33 | Phillip Elliott       | 00:17:53 | Adrian Stipetic    | 00:18:02 | Charlie Goodwin      | 00:18:29 | Oliver Noble       | 00:18:39 | Patrick Good     | 00:18:51 | Iain Yates          |
| 51 | Border Harriers & AC B                     | 01:49:45 | 6 | 00:16:50 | David Rose            | 00:19:06 | Steven Pagan       | 00:18:37 | Lee Todhunter        | 00:17:51 | Jonny Lowe         | 00:18:55 | Jayden Robson    | 00:18:26 | Lee Doswell         |
| 52 | Saltire Striders B                         | 01:50:56 | 6 | 00:17:56 | Russell Macfarlane    | 00:17:50 | Lee Casson         | 00:18:28 | Richard Ling         | 00:18:20 | Thomas Jackson     | 00:19:51 | Marcus Isherwood | 00:18:32 | Daniel Jenkins      |
| 53 | East Cheshire Harriers & Tameside AC B     | 01:51:31 | 6 | 00:18:20 | Daniel Kavanagh       | 00:18:13 | Tom McMahon        | 00:18:43 | Ben Dale             | 00:19:04 | James Hartshorne   | 00:19:14 | Michael Kennedy  | 00:17:57 | Liam Browne         |
| 54 | Salford Harriers & AC D                    | 01:51:52 | 6 | 00:16:58 | Jamie Barber          | 00:18:08 | Billy McCartney    | 00:18:36 | Tommi Baker          | 00:19:17 | Luke Wordsworth    | 00:19:49 | David Hudson     | 00:19:05 | Shaun Chambers      |
| 55 | Liverpool Pembroke & Sefton H AC           | 01:52:43 | 6 | 00:16:26 | Alexander Procter     | 00:19:33 | Sam Street         | 00:18:33 | Michael Procter      | 00:18:54 | Michael Procter    | 00:18:16 | David Mulvee     | 00:21:01 | Robert Coppell      |
| 56 | Elvet Striders C                           | 01:52:46 | 6 | 00:18:11 | Wayne Pearson         | 00:17:49 | Nathan Mould       | 00:20:45 | Graeme Watt          | 00:18:44 | Michael Kendal     | 00:18:38 | Peter Clough     | 00:18:39 | Bryce Hicks         |
| 57 | North Shields Polytechnic Club B           | 01:52:52 | 6 | 00:17:11 | Ben Cook              | 00:17:48 | Chris Scott        | 00:18:08 | Jonathan Law         | 00:19:55 | Graeme Loudon      | 00:20:18 | Simon Ebbitt     | 00:19:31 | Philip Lancaster    |
| 58 | Leeds City Athletic Club D                 | 01:53:14 | 6 | 00:17:36 | Andrew Parker         | 00:17:16 | Jonathan Walton    | 00:18:18 | Jack Allison         | 00:19:12 | Joe Graham         | 00:19:50 | Harry Bettinson  | 00:21:02 | George Petrie       |
| 59 | Gateshead Harriers & AC B                  | 01:54:15 | 6 | 00:16:56 | Joe Wales             | 00:20:29 | Oliver Hope        | 00:19:27 | Scott Pratt          | 00:17:04 | Owen Burn          | 00:20:02 | Steven Medd      | 00:20:17 | Stephen Biddlecombe |
| 60 | Halifax Harriers & AC B                    | 01:55:25 | 6 | 00:19:08 | Louis Pickles         | 00:17:19 | James Franklin     | 00:20:15 | Lee Cattermole       | 00:19:39 | Paul Bateman       | 00:19:54 | Daniel Hord      | 00:19:10 | Niall Smith         |
| 61 | City of York AC C                          | 01:55:32 | 6 | 00:17:00 | Samuel Dickinson      | 00:18:25 | Matthew Boyle      | 00:17:38 | William Morris       | 00:21:28 | Nick Lovett        | 00:22:14 | Michael Raynes   | 00:18:47 | Philip Richardson   |
| 62 | York Knavesmire Harriers C                 | 01:55:35 | 6 | 00:19:09 | Russell Bowry         | 00:20:12 | Andrew Lowson      | 00:19:32 | Steven Bell          | 00:18:38 | Finlay Rylatt      | 00:19:15 | Liam Gilmore     | 00:18:48 | Rory Henderson      |

|     |                                            |          |   |          |                           |          |                     |          |                      |          |                      |          |                    |          |                      |
|-----|--------------------------------------------|----------|---|----------|---------------------------|----------|---------------------|----------|----------------------|----------|----------------------|----------|--------------------|----------|----------------------|
| 63  | South Shields Harriers & AC                | 01:57:00 | 6 | 00:19:11 | Liam Treanor              | 00:19:55 | Harry Swinney       | 00:18:54 | Jacob Bell           | 00:18:32 | Paul Owen            | 00:20:21 | Aaron Day          | 00:20:06 | Tyler Wallace        |
| 64  | Low Fell RC B                              | 01:58:03 | 6 | 00:18:29 | Matthew Hughes            | 00:19:12 | Ian Marriott        | 00:20:06 | James Oliver         | 00:19:58 | David Bain           | 00:20:45 | John McCauley      | 00:19:33 | Alex Ferriday        |
| 65  | Durham City Harriers & AC B                | 01:58:06 | 6 | 00:18:18 | Karl Murray               | 00:18:58 | Cian Rynne          | 00:20:06 | Joshua Wraith        | 00:19:56 | John Nash            | 00:19:34 | Harry Mason        | 00:21:12 | Billy Andrews        |
| 66  | Houghton Harriers & AC B                   | 02:00:58 | 6 | 00:17:55 | Lee James Dover           | 00:20:23 | Ciaran Lines        | 00:19:22 | Jack Seeney          | 00:19:18 | Steven Johnson       | 00:21:01 | Carl Bowman        | 00:22:58 | Matthew Tomlinson    |
| 67  | Keswick AC B                               | 02:01:14 | 6 | 00:18:45 | Joshua Taylor             | 00:20:07 | Mike James          | 00:21:36 | Matt Searson         | 00:17:44 | Steven Hebblethwaite | 00:22:13 | Steve Jones        | 00:20:49 | Lee Smith            |
| 68  | Heaton Harriers & Athletics Club Limited B | 02:03:09 | 6 | 00:19:49 | Jack Lines                | 00:20:41 | Andrew Burden       | 00:21:02 | Calum Mills          | 00:20:04 | George Phillips      | 00:21:26 | Dylan Harvey       | 00:20:07 | Ian Norman           |
| 69  | Gateshead Harriers & AC C                  | 02:03:20 | 6 | 00:20:12 | Alan Curtis               | 00:19:37 | Philip McKeown      | 00:23:29 | Desmond Hetherington | 00:20:19 | Andrew Cartner       | 00:18:58 | Caleb Prudhoe      | 00:20:46 | Dan Graham           |
| 70  | Gosforth Harriers & AC                     | 02:03:52 | 6 | 00:17:03 | Charlie Furness           | 00:19:18 | Marcello Dell'edera | 00:20:27 | Stephen Boddy        | 00:21:08 | Alex Thompson        | 00:22:45 | Adrian Mitchison   | 00:23:11 | Jonathan McManus     |
| 71  | Hartlepool Burn Road Harriers B            | 02:06:03 | 6 | 00:19:26 | Andrew Minister           | 00:23:22 | Jack Hutton         | 00:19:47 | Harlan Watson        | 00:19:24 | Isaac Organ          | 00:23:07 | James Crossman     | 00:20:58 | Ian Bilton           |
| 72  | Birtley AC B                               | 02:09:13 | 6 | 00:20:05 | Karl Oakes                | 00:19:52 | Matthew Archer      | 00:24:15 | Paul Brennan         | 00:22:26 | Paul Agnew           | 00:21:10 | Graeme Swaddle     | 00:21:26 | Craig Crompton       |
| 73  | Elswick Harriers                           | 02:10:13 | 6 | 00:20:41 | Roland Brown              | 00:20:04 | Jason Old           | 00:21:34 | Andy Green           | 00:21:20 | Simon McEnaney       | 00:20:34 | Michael Russell    | 00:26:00 | Steven Bond          |
| 74  | Holmfirth Harriers AC                      | 02:11:46 | 6 | 00:18:13 | Jared Watt                | 00:20:16 | James Washington    | 00:25:00 | Simon Morley         | 00:25:25 | Michael Hall         | 00:22:40 | Christopher Beadle | 00:20:13 | Brandon Holroyd      |
| 75  | Low Fell RC C                              | 02:12:54 | 6 | 00:21:13 | David Bond                | 00:22:02 | Danny Wade          | 00:23:22 | Neil Morris          | 00:23:54 | Greg Smith           | 00:21:02 | Keith Roll         | 00:21:22 | Keith McClean        |
| 76  | Rotherham Harriers and AC B                | 01:30:46 | 5 | 00:17:48 | Theo Armitage             | 00:18:47 | Owen Mason          | 00:18:14 | Philip Hoole         | 00:17:49 | Aidan Johnson        | 00:18:08 | Richard Harris     |          |                      |
| 77  | Sunderland Harriers & AC C                 | 01:39:48 | 5 | 00:18:02 | Jason Watson              | 00:18:17 | Michael Edwards     | 00:18:10 | Sean Mackie          | 00:21:40 | Paul Redman          | 00:23:38 | Andrew Dugdale     |          |                      |
| 78  | Border Harriers & AC C                     | 00:59:26 | 3 | 00:19:27 | Daniel Jackson            | 00:19:53 | Martin Varey        | 00:20:06 | David Thompson       |          |                      |          |                    |          |                      |
| 79  | York Knavesmire Harriers D                 | 01:05:42 | 3 | 00:20:35 | Dave Bates                | 00:22:18 | David Simpson       | 00:22:50 | Chris Neenan         |          |                      |          |                    |          |                      |
| 80  | North Shields Polytechnic Club C           | 00:45:19 | 2 | 00:24:01 | Jordon Suttle             | 00:21:18 | Vaughan Hemy        |          |                      |          |                      |          |                    |          |                      |
| UNC | Sunderland Harriers & AC B                 |          | 6 | 00:16:29 | Jonathon Atkinson-Collins | 00:17:28 | William Haswell     | 00:17:47 | Michael Barker       | 00:17:24 | Robbie Jones         | 00:18:00 | 755                | 00:17:34 | Christopher Thornley |
| UNC | Blackhill Bounders                         |          | 6 | 00:17:26 | Gary Wallace              | 00:16:16 | Jordan Bell         | 00:20:10 | George Day           | 00:25:38 | Luke Aston           | 00:23:12 | 55                 | 00:25:13 | Graham Dolphin       |

## Senior Women

| Pos | LastName                              | Time     | Laps - Lap1 | Lap1_ Team Member       | Lap2     | Lap2_ Team Member     | Lap3     | Lap3_ Team Member  | Lap4     | Lap4_ Team Member |  |  |  |  |  |
|-----|---------------------------------------|----------|-------------|-------------------------|----------|-----------------------|----------|--------------------|----------|-------------------|--|--|--|--|--|
| 1   | Leeds City Athletic Club A            | 01:08:15 | 4 00:16:34  | Eleanor Curran          | 00:17:09 | Heather Townsend      | 00:17:16 | Jemima Pearson     | 00:17:15 | Sarah Potter      |  |  |  |  |  |
| 2   | Border Harriers & AC A                | 01:09:42 | 4 00:16:55  | Kate Maltby             | 00:17:15 | Ava Leadbetter        | 00:17:49 | Olivia Grace Mason | 00:17:42 | Rachel Brown      |  |  |  |  |  |
| 3   | Lincoln Wellington Athletic Club      | 01:12:58 | 4 00:18:18  | Isla Porter             | 00:18:59 | Mollie Grant          | 00:17:51 | Ellarose Whitworth | 00:17:50 | Faith Taylor      |  |  |  |  |  |
| 4   | Trafford Athletic Club A              | 01:13:25 | 4 00:17:54  | Bethany Reid            | 00:18:30 | Alice Stiles          | 00:18:36 | Lauren Robinson    | 00:18:25 | Sarah Hudak       |  |  |  |  |  |
| 5   | Salford Harriers & AC A               | 01:14:04 | 4 00:17:59  | Emily Russell           | 00:18:25 | Isobel Hall           | 00:18:32 | Samantha Mason     | 00:19:09 | Oriel Hardman     |  |  |  |  |  |
| 6   | St Theresa's A.C.                     | 01:14:29 | 4 00:18:25  | Sarah Kemshall          | 00:18:39 | Elle Warren           | 00:19:45 | Emma Ballantyne    | 00:17:40 | Jane Grant        |  |  |  |  |  |
| 7   | Rotherham Harriers and AC A           | 01:15:41 | 4 00:19:15  | Evie Thomson            | 00:18:25 | Grace Igoe            | 00:19:13 | Annabelle Sibley   | 00:18:48 | Marci Walsh       |  |  |  |  |  |
| 8   | Sale Harriers Manchester A            | 01:15:55 | 4 00:17:48  | alice wright            | 00:19:14 | Laura Barber          | 00:18:46 | Chiara Young       | 00:20:08 | Sarah Goulden     |  |  |  |  |  |
| 9   | Chorlton Runners                      | 01:15:57 | 4 00:18:16  | Katherine Fitzpatrick   | 00:18:43 | Amy Weyers            | 00:20:20 | Carly Gould        | 00:18:39 | Rachel Brown      |  |  |  |  |  |
| 10  | City of York AC                       | 01:16:23 | 4 00:18:04  | Jessica Robertson-Dover | 00:19:46 | Lucy Gaskin           | 00:19:34 | Chrissie Dover     | 00:18:59 | Laura Thompson    |  |  |  |  |  |
| 11  | Steel City Striders RC                | 01:16:35 | 4 00:19:12  | Leah Epton              | 00:19:06 | Caroline Brock        | 00:20:20 | Emily Green        | 00:17:58 | Leanne Muscroft   |  |  |  |  |  |
| 12  | Elswick Harriers                      | 01:18:14 | 4 00:20:48  | Judith Nutt             | 00:18:51 | Amy Fuller            | 00:19:31 | Sarah Platten      | 00:19:05 | Justina Heslop    |  |  |  |  |  |
| 13  | Sunderland Harriers & AC A            | 01:18:24 | 4 00:18:53  | Jessica Fox             | 00:19:42 | Amy Callaghan         | 00:20:10 | Julie Pescod       | 00:19:38 | Kay Stephenson    |  |  |  |  |  |
| 14  | Morpeth Harriers & AC A               | 01:18:45 | 4 00:20:20  | Robyn Anne Bennett      | 00:18:57 | Jane Hodgson          | 00:20:11 | Morag Stead        | 00:19:17 | Rachelle Falloon  |  |  |  |  |  |
| 15  | Rothwell Harriers & AC                | 01:19:50 | 4 00:19:00  | Sarah Tolkin            | 00:20:08 | Emma Hardy            | 00:20:27 | Nicola Henderson   | 00:20:16 | Laura Thornton    |  |  |  |  |  |
| 16  | York Knavesmire Harriers A            | 01:20:03 | 4 00:19:17  | Kate Thompson           | 00:20:58 | Claire Coopland       | 00:18:45 | Becky Penty        | 00:21:03 | Hazel Hall        |  |  |  |  |  |
| 17  | Gateshead Harriers & AC               | 01:20:20 | 4 00:19:51  | Mary Ferrier            | 00:18:30 | Jess Sails            | 00:21:39 | Aoife Bell         | 00:20:19 | Harriet Thompson  |  |  |  |  |  |
| 18  | Jarrow & Hebburn AC                   | 01:20:34 | 4 00:19:00  | Alexandra Sneddon       | 00:21:37 | Hayley Dolan          | 00:19:58 | Hannah Haldane     | 00:19:59 | Lindsay Kinlen    |  |  |  |  |  |
| 19  | Birtley AC A                          | 01:20:48 | 4 00:19:16  | Amber Leigh             | 00:21:37 | Eve Southern          | 00:20:51 | Lorna Graham       | 00:19:03 | Abby Codling      |  |  |  |  |  |
| 20  | Derby Athletic Club                   | 01:20:53 | 4 00:18:28  | Evelyn Jones            | 00:20:51 | Isobel Shipley        | 00:22:06 | Emily Whitehead    | 00:19:27 | Poppy Radbourne   |  |  |  |  |  |
| 21  | Warriors Pentathlon & Athletic Club A | 01:21:09 | 4 00:19:30  | Eve Grabe               | 00:18:05 | Emily Haggard Kearney | 00:22:15 | Beatrice Bartram   | 00:21:19 | Ruth McCaul       |  |  |  |  |  |
| 22  | Keighley & Craven AC A                | 01:21:11 | 4 00:21:22  | Harisah Ghafoor         | 00:18:50 | Isabella Wright       | 00:21:13 | Niamh Conroy       | 00:19:46 | Hinda Hardaker    |  |  |  |  |  |
| 23  | South Shields Harriers & AC A         | 01:21:20 | 4 00:20:37  | Ashleigh Day            | 00:20:22 | Claire Ocallaghan     | 00:20:33 | Kelly Beard Foden  | 00:19:49 | Jackie Murdy      |  |  |  |  |  |

|     |                                            |          |   |          |                       |          |                         |          |                              |          |                         |  |  |  |  |
|-----|--------------------------------------------|----------|---|----------|-----------------------|----------|-------------------------|----------|------------------------------|----------|-------------------------|--|--|--|--|
| 24  | Tyne Bridge Harriers A                     | 01:22:48 | 4 | 00:20:00 | Zoe Thompson          | 00:21:37 | Sophie Wilson           | 00:21:41 | Anna Dorman                  | 00:19:30 | Lottie Davidson         |  |  |  |  |
| 25  | Border Harriers & AC B                     | 01:23:03 | 4 | 00:19:33 | Rhiannon Douglas      | 00:20:08 | Bella Tiffin-Lowe       | 00:19:57 | Fiona Smith                  | 00:23:24 | Melissa Bills           |  |  |  |  |
| 26  | Sunderland Strollers                       | 01:23:31 | 4 | 00:20:07 | Wendy Chapman         | 00:20:25 | Rachel Pullan           | 00:23:59 | Lisa Hutchinson              | 00:18:59 | Alyson Dixon            |  |  |  |  |
| 27  | Durham City Harriers & AC                  | 01:23:34 | 4 | 00:17:14 | Megan Stenhouse       | 00:22:56 | Meghan McCarthy         | 00:21:01 | Grace Carter                 | 00:22:23 | Claire Hutchinson       |  |  |  |  |
| 28  | Gosforth Harriers & AC                     | 01:23:56 | 4 | 00:19:50 | Anna Johnson          | 00:20:43 | Millie Moat             | 00:21:13 | Frances Elliott              | 00:22:10 | Emma Gabriella Ashman   |  |  |  |  |
| 29  | Heaton Harriers & Athletics Club Limited A | 01:25:36 | 4 | 00:20:36 | Sophie Pennett        | 00:22:01 | Maisie Tinwell          | 00:19:42 | Ellie Reed                   | 00:23:18 | Alison Williams         |  |  |  |  |
| 30  | Low Fell RC A                              | 01:26:30 | 4 | 00:21:16 | Stacey Cellini        | 00:22:35 | Miroslava Talarova      | 00:22:07 | Victoria Graham              | 00:20:32 | Anna McClean            |  |  |  |  |
| 31  | Birtley AC B                               | 01:26:43 | 4 | 00:20:49 | Hannah Linton         | 00:23:29 | Kirstin Farquhar        | 00:23:04 | Terri Bouma                  | 00:19:20 | Tess Graham             |  |  |  |  |
| 32  | Holmfirth Harriers AC                      | 01:26:47 | 4 | 00:20:43 | Juliette Le Mare      | 00:20:24 | Helena Croft            | 00:22:52 | Maggie Baird                 | 00:22:49 | Liz Woodfield           |  |  |  |  |
| 33  | Tyne Bridge Harriers B                     | 01:28:44 | 4 | 00:21:46 | Babsy Ewusie          | 00:23:41 | Adeline Bourgenot-Lewis | 00:22:00 | Claire Norman                | 00:21:17 | Emma Burke              |  |  |  |  |
| 34  | York Knavesmire Harriers B                 | 01:29:21 | 4 | 00:22:17 | Charlotte Power       | 00:21:46 | Megan Lewis             | 00:21:35 | Bethany Benger               | 00:23:43 | Jess Flint              |  |  |  |  |
| 35  | Morpeth Harriers & AC B                    | 01:30:53 | 4 | 00:21:39 | Lindsey Quinn         | 00:23:29 | Vicky Thompson          | 00:24:34 | Jessica Holman               | 00:21:11 | Caitlin Hannah Flanagan |  |  |  |  |
| 36  | Trafford Athletic Club B                   | 01:32:09 | 4 | 00:19:23 | Kate Meeson           | 00:19:05 | Isabelle Rippon         | 00:23:12 | Rafaella Ingleby-Castleton   | 00:30:30 | Sue Exon                |  |  |  |  |
| 37  | Keighley & Craven AC B                     | 01:32:47 | 4 | 00:22:21 | Lorna Hubbard         | 00:22:01 | Amanda Alcock           | 00:22:47 | Eve Crossley                 | 00:25:38 | Tracy Bailey            |  |  |  |  |
| 38  | Sunderland Harriers & AC B                 | 01:32:48 | 4 | 00:21:58 | Jennifer Tomlin       | 00:22:11 | Vicky Haswell           | 00:24:23 | Lauren Flaxen                | 00:24:17 | Ashleigh Bennett        |  |  |  |  |
| 39  | East Cheshire Harriers & Tameside AC       | 01:33:08 | 4 | 00:21:03 | Imogen Gush           | 00:22:21 | Harri-Ann Fleet         | 00:23:54 | Louisa Gordon                | 00:25:49 | Andrea Waithman         |  |  |  |  |
| 40  | South Shields Harriers & AC B              | 01:33:20 | 4 | 00:21:00 | Vicki Bone            | 00:23:51 | Karen Snaith            | 00:23:08 | Helen Lockhart               | 00:25:21 | Lesley Wallace          |  |  |  |  |
| 41  | Blackhill Bounders A                       | 01:34:09 | 4 | 00:21:19 | Zarah Levington       | 00:24:41 | Emma Gregory            | 00:23:20 | Madison Mitchell             | 00:24:49 | Elisabeth Middlemas     |  |  |  |  |
| 42  | Low Fell RC B                              | 01:34:40 | 4 | 00:21:45 | Hannah Lund           | 00:23:31 | Joanna Hand             | 00:25:39 | Caitriona Gallon             | 00:23:45 | Rachel Young            |  |  |  |  |
| 43  | Warriors Pentathlon & Athletic Club B      | 01:35:05 | 4 | 00:22:58 | Suzanne Weinberger    | 00:20:32 | Sarah phelan            | 00:25:54 | Naomi Grabe                  | 00:25:41 | Fran Roode              |  |  |  |  |
| 44  | Tyne Bridge Harriers C                     | 01:36:32 | 4 | 00:22:24 | Heather Dorman        | 00:25:27 | Justine Carrion-Weiss   | 00:23:31 | Gemma Finnie                 | 00:25:09 | Ria Knox                |  |  |  |  |
| 45  | York Knavesmire Harriers C                 | 01:40:10 | 4 | 00:22:34 | Sally Carro Goodwill  | 00:29:17 | Alice Fox               | 00:24:20 | Kate Osborn                  | 00:23:58 | Louise Venables         |  |  |  |  |
| 46  | Blyth Running Club                         | 01:40:50 | 4 | 00:22:16 | Michelle Conner       | 00:28:19 | Helen Amanda Morris     | 00:26:20 | Andrea Wilson                | 00:23:55 | Susan Browning          |  |  |  |  |
| 47  | Birtley AC C                               | 01:42:09 | 4 | 00:25:06 | Julie Turner          | 00:25:59 | Kirsty Robinson         | 00:25:43 | Heather Robinson             | 00:25:21 | Kelly Bentley           |  |  |  |  |
| 48  | Elvet Striders                             | 01:44:33 | 4 | 00:24:11 | Karen Byng            | 00:23:20 | Jenny Nattrass          | 00:24:35 | Ella Halliday                | 00:32:28 | Loretta Bushell         |  |  |  |  |
| 49  | Leeds City Athletic Club B                 | 00:52:46 | 3 | 00:16:51 | Katrina Ballantyne    | 00:18:14 | Eilidh Bell             | 00:17:40 | Jennifer Walsh               |          |                         |  |  |  |  |
| 50  | Salford Harriers & AC B                    | 00:57:15 | 3 | 00:18:49 | Jessica Taylor        | 00:19:02 | Sophia Nation           | 00:19:24 | Scarlett Hutchinson Thompson |          |                         |  |  |  |  |
| 51  | Sunderland Harriers & AC C                 | 01:21:59 | 3 | 00:26:26 | Sarah Gill            | 00:24:21 | Victoria McManus        | 00:31:13 | Jenifer Jobling              |          |                         |  |  |  |  |
| 52  | Low Fell RC C                              | 00:58:15 | 2 | 00:26:35 | Clare Magrath         | 00:31:40 | Alex Devenport          |          |                              |          |                         |  |  |  |  |
| 53  | Heaton Harriers & Athletics Club Limited B | 00:23:06 | 1 | 00:23:06 | Nina Cameron          |          |                         |          |                              |          |                         |  |  |  |  |
| UNC | Blackhill Bounders B                       |          | 4 | 00:27:28 | Agnes Bastien-Langham | 00:28:51 | 2052                    | 00:26:20 | Kate Errington               | 00:32:01 | 2054                    |  |  |  |  |