

Run Forrest Run (Wholan Nook) Trail Race

Run Forrest Run (Wholan Nook) Trail Race					15th May 2024	RESULTS		Program: UKresults.net & UKtimers.net				
Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time	
1	Joseph Ormrod	MJ	1/4	Rossendale Harriers	00:31:14	61	Craig Nicholls	M45	12/20	Ribble Valley Runners	00:43:01	
2	Thomas Corrigan	M40	1/15	Barlick Fell Runners	00:31:57	62	Chris Charnley	M50	7/23	Horwich RMI Harriers	00:43:15	
3	Adam Wale	M40	2/15	Clayton le Moors Harriers	00:32:25	63	Lucy Brown	F40	3/15	Barlick Fell Runners	00:43:21	
4	Craig Shearer	MS	1/26	Barlick Fell Runners	00:32:43	64	Paul Boardman	M60	6/16	Winter Hill Runners	00:43:25	
5	Stephen Corbishley	MS	2/26	Rossendale Harriers	00:34:13	65	Stuart Smith	M45	13/20	Red Rose Road Runners	00:43:37	
6	Brent Gardner	MS	3/26	Trawden AC	00:35:11	66	David Howard	M65	1/5	Trawden AC	00:43:43	
7	Gareth Williams	M45	1/20	[Unattached] (244)	00:35:40	67	Joanne Cleaver	F40	4/15	Rossendale Harriers	00:43:50	
8	Martin Greenwood	MS	4/26	Trawden AC	00:35:55	68	Andrew Webster	M50	8/23	Clayton le Moors Harriers	00:43:53	
9	Frazer Durris	M45	2/20	Trawden AC	00:36:04	69	John Roche	M65	2/5	Clayton le Moors Harriers	00:44:05	
10	Kamil Kujawski	MJ	2/4	Accrington Road Runners	00:36:25	70	Matthew Heap	MS	19/26	Clayton le Moors Harriers	00:44:15	
11	David Peel	M45	3/20	Holcombe Harriers	00:36:27	71	Louise Waller	F35	1/6	Rossendale Harriers	00:44:19	
12	Finlay Hall	MJ	3/4	Pendle AC	00:36:48	72	Samuel Smith	MS	20/26	Prestwich AC	00:44:21	
13	Aaron Hilton	M40	3/15	[Unattached] (104)	00:37:11	73	Stuart Smith	M40	9/15	Prestwich AC	00:44:27	
14	James Jordan	M40	4/15	Rochdale Harriers	00:37:20	74	Gareth Metcalfe	M40	10/15	[Unattached] (145)	00:44:28	
15	Josh Woodstock	M45	4/20	Accrington Road Runners	00:37:27	75	Andrew Foster	M55	6/19	Clayton le Moors Harriers	00:44:32	
16	Paul Needham	M55	1/19	Trawden AC	00:37:30	76	Lisa Ellis	F40	5/15	Clayton le Moors Harriers	00:44:37	
17	Daniel Paton	M45	5/20	Blackburn Road Runners	00:37:33	77	Peter Tasker	M40	11/15	Prestwich AC	00:44:44	
18	Connor Lloyd	MS	5/26	[Unattached] (134)	00:37:39	78	Nigel Goldswain	M55	7/19	Rossendale Harriers	00:44:53	
19	Laura Hesketh	F40	1/15	Clayton le Moors Harriers	00:37:41	79	Glyn Williams	M55	8/19	Prestwich AC	00:44:58	
20	Hugo Philbrow	MS	6/26	Accrington Road Runners	00:37:47	80	Jon Underwood	M50	9/23	[Unattached] (223)	00:45:30	
21	Jennifer Badger	FS	1/6	Prestwich AC	00:37:51	81	Pete Potter	M45	14/20	Prestwich AC	00:45:40	
22	Ian Duffy	M45	6/20	Rossendale Harriers	00:37:55	82	Gemma Kenniford	FJ	1/2	Trawden AC	00:45:49	
23	John Lloyd	M45	7/20	Salford Harriers & AC	00:37:58	83	Carolyn Tregaskis	F55	1/11	Rossendale Harriers	00:45:58	
24	Carl Nevison	M55	2/19	Barlick Fell Runners	00:37:59	84	Katharine Gregson	F45	1/16	Accrington Road Runners	00:46:12	
25	Dan Edwards	M45	8/20	Chorley Ath. & Tri Club	00:38:07	85	Kelly Abbott	F45	2/16	[Unattached] (1)	00:46:25	
26	Calum James Holmes	MS	7/26	[Unattached] (107)	00:38:10	86	Joshua Coupe	MS	21/26	Prestwich AC	00:46:26	
27	James Blackburn	MS	8/26	[Unattached] (17)	00:38:27	87	Duncan Singleton	M40	12/15	Ribble Valley Runners	00:46:27	
28	Jordan Heys	MS	9/26	Clayton le Moors Harriers	00:38:38	88	David Kenneford	M50	10/23	Accrington Road Runners	00:46:32	
29	Robert Jennings	MS	10/26	Prestwich AC	00:39:02	89	Isabel Hartley	FS	2/6	Clayton le Moors Harriers	00:46:37	
30	Russell Clarke	M40	5/15	Clayton le Moors Harriers	00:39:18	90	Andrew Sharples	MS	22/26	Accrington Road Runners	00:46:39	
31	David Pease	M45	9/20	Barlick Fell Runners	00:39:28	91	Tanya King	F45	3/16	Rossendale Harriers	00:46:40	
32	Daniel Oldham	MS	11/26	Accrington Road Runners	00:39:33	92	James Waddington	M40	13/15	[Unattached] (226)	00:46:51	
33	Kevin Fenton-Clough	M45	10/20	Trawden AC	00:39:39	93	Helen Taylor	F45	4/16	Holcombe Harriers	00:46:51	
34	Chris Funnell	M55	3/19	Clayton le Moors Harriers	00:39:40	94	Victoria Ridge	F40	6/15	[Unattached] (185)	00:46:52	
35	Scott Cunliffe	M50	1/23	Clayton le Moors Harriers	00:39:50	95	Melissa Holland	F45	5/16	Harwood Run Club	00:46:58	
36	John Wilcock	M60	1/16	Clayton le Moors Harriers	00:39:59	96	Richard Briscoe	M45	15/20	Clayton le Moors Harriers	00:47:01	
37	Harry Vaneris	M40	6/15	[Unattached] (224)	00:40:10	97	Stephen Lane	M60	7/16	[Unattached] (127)	00:47:02	
38	Iain Wilkinson	MS	12/26	Clayton le Moors Harriers	00:40:17	98	Stephen Biscomb	M70	1/8	Clayton le Moors Harriers	00:47:09	
39	Ben Nield	MS	13/26	Clayton le Moors Harriers	00:40:20	99	Rob Dickinson	M55	9/19	Pendle Trail Running Club	00:47:22	
40	John Appleby	M60	2/16	Holcombe Harriers	00:40:23	100	Carl Carey	M50	11/23	Clayton le Moors Harriers	00:47:25	
41	David Park	MS	14/26	Red Rose Road Runners	00:40:24	101	John McDonald	M60	8/16	Trawden AC	00:47:34	
42	Alex Frost	M55	4/19	Rossendale Harriers	00:40:29	102	Lucy Parker	F45	6/16	[Unattached] (167)	00:47:51	
43	Molly Ralphson	F50	1/12	Trawden AC	00:40:38	103	Dave Woods	M45	16/20	[Unattached] (248)	00:47:52	
44	Emma Law	F40	2/15	Barlick Fell Runners	00:40:42	104	Rachel Robinson	F35	2/6	Clayton le Moors Harriers	00:47:59	
45	Dean Ralphson	M50	2/23	Trawden AC	00:41:08	105	Carole Fryer	F55	2/11	Calder Valley FellRunners	00:48:03	
46	Harry Ingle	MS	15/26	[Unattached] (112)	00:41:19	106	Duncan Shuttleworth	M65	3/5	Prestwich AC	00:48:05	
47	Andrew Smith	M60	3/16	Barlick Fell Runners	00:41:24	107	Carolyn Lee	F45	7/16	Holcombe Harriers	00:48:09	
48	Chris Davies	MS	16/26	Prestwich AC	00:41:31	108	Stephen Cowley	M60	9/16	Trawden AC	00:48:17	
49	Scott Mitchell	M45	11/20	[Unattached] (148)	00:41:33	109	Michael Parker	M55	10/19	[Unattached] (166)	00:48:20	
50	Daniel Duperouzel	MS	17/26	[Unattached] (58)	00:41:54	110	Lynn Whittaker	F60	1/10	Wharfedale Harriers	00:48:29	
51	Simon Maughan	M55	5/19	[Unattached] (139)	00:42:02	111	Michael Brooks	M55	11/19	Accrington Road Runners	00:48:39	
52	David Montague	M60	4/16	Ribble Valley Runners	00:42:16	112	Andrew Hollas	M55	12/19	Accrington Road Runners	00:48:40	
53	Christian Ellis	M50	3/23	[Unattached] (63)	00:42:25	113	Emma Kerwin	FS	3/6	Todmorden Harriers	00:48:53	
54	Simon Hall	MS	18/26	[Unattached] (87)	00:42:30	114	Raymond Banks	M70	2/8	Barlick Fell Runners	00:49:01	
55	Nick Roscoe	M50	4/23	Clayton le Moors Harriers	00:42:30	115	Rach Garner	F50	2/12	Prestwich AC	00:49:10	
56	Michael Almond	M40	7/15	Clayton le Moors Harriers	00:42:45	116	Nancy Bailey	F60	2/10	Accrington Road Runners	00:49:12	
57	Chris Burfitt	M50	5/23	Pendle Trail Running Club	00:42:46	117	Nicholas Wood	M50	12/23	Ribble Valley Runners	00:49:27	
58	Matt Ridge	M50	6/23	[Unattached] (184)	00:42:47	118	Liam Moden	M55	13/19	Accrington Road Runners	00:49:29	
59	Robert Mager	M40	8/15	Trawden AC	00:42:53	119	Mark Brennan	M50	13/23	[Unattached] (20)	00:49:31	
60	Joe Curran	M60	5/16	Accrington Road Runners	00:42:57	120	Sally Barnes	F35	3/6	[Unattached] (12)	00:49:39	

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Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time	
121	Steven Melling	M65	4/5	Rossendale Harriers	00:49:43	174	Ian Hothersall	M60	13/16	Trawden AC	00:55:38	
122	S. Posthuma De Boer	F45	8/16	Ribble Valley Runners	00:49:46	175	Vanessa Oldham	F50	9/12	Accrington Road Runners	00:55:39	
123	Irene Roche	F65	1/4	Clayton le Moors Harriers	00:49:50	176	Catherine Riley	F50	10/12	Trawden AC	00:55:47	
124	Julia Jones	F55	3/11	[Unattached] (115)	00:50:02	177	Vince Baldwin	M60	14/16	[Unattached] (9)	00:56:05	
125	Debra Leah	F50	3/12	Trawden AC	00:50:07	178	Marcus Thurnhill	M45	17/20	Ribble Valley Runners	00:56:16	
126	Stephen Teasdale	M50	14/23	Accrington Road Runners	00:50:08	179	John Kirkham	M70	6/8	Holcombe Harriers	00:56:20	
127	Hena Corbishley	F40	7/15	Rossendale Harriers	00:50:12	180	Stephanie Caldwell	F70	1/2	Prestwich AC	00:56:25	
128	Andrew Kenniford	M50	15/23	Trawden AC	00:50:20	181	Janet Hardwick	F65	2/4	Prestwich AC	00:56:25	
129	Adrian Nicholls	M55	14/19	[Unattached] (155)	00:50:33	182	Eileen Wadsworth	F65	3/4	Rossendale Harriers	00:56:47	
130	Gillian Wisbey	F55	4/11	Calder Valley FellRunners	00:50:41	183	Wayne Ellison	M45	18/20	Trawden AC	00:57:20	
131	Karen Goldswain	F60	3/10	Rossendale Harriers	00:50:42	184	Nicky Spence	F50	11/12	Ribble Valley Runners	00:57:39	
132	Georgia Brennan	FS	4/6	[Unattached] (19)	00:50:44	185	Helen Harrison	F55	10/11	Clayton le Moors Harriers	00:57:44	
133	John Carman	M70	3/8	Trawden AC	00:50:50	186	S Briggs	M55	17/19	Trawden AC	00:57:44	
134	Gail Bamber	F50	4/12	Blackburn Road Runners	00:50:51	187	Helen Berry	F35	5/6	Prestwich AC	00:57:49	
135	Mark Strutz	M50	16/23	Accrington Road Runners	00:50:57	188	Mark Knowles	M50	20/23	Ribble Valley Runners	00:58:35	
136	Tilly Hardwick	F40	8/15	[Unattached] (92)	00:50:59	189	Nichola Cooke	F40	12/15	Prestwich AC	00:59:06	
137	Julia Rushton	F60	4/10	Clayton le Moors Harriers	00:51:09	190	Sarah Pilkington	F40	13/15	Rossendale Harriers	00:59:10	
138	Leo Woodstock	MJ	4/4	Accrington Road Runners	00:51:19	191	Claire Partridge	F60	7/10	Trawden AC	00:59:28	
139	Dany Robson	F50	5/12	Clayton le Moors Harriers	00:51:20	192	Chris Collins	M50	21/23	Trawden AC	00:59:29	
140	Candice Heys	F45	9/16	Clayton le Moors Harriers	00:51:20	193	Phil Quigley	M55	18/19	Prestwich AC	00:59:30	
141	John Crellin	M40	14/15	Blackburn Road Runners	00:51:21	194	Matthew Dixon	MS	25/26	[Unattached] (56)	00:59:42	
142	Naomi Purdy	FS	5/6	Rossendale Harriers	00:51:23	195	Alan Wilkinson	M70	7/8	Trawden AC	00:59:52	
143	David Barnes	M60	10/16	Trawden AC	00:51:26	196	Adam Hamer	MS	26/26	Clayton le Moors Harriers	00:59:56	
144	Tom Bullock	MS	23/26	Clayton le Moors Harriers	00:51:29	197	David Morris	M60	15/16	Blackburn Road Runners	01:00:18	
145	Ian Smith	M70	4/8	Ribble Valley Runners	00:51:48	198	Rachael Strutz	F40	14/15	Accrington Road Runners	01:00:29	
146	Vanessa Halstead	F40	9/15	[Unattached] (88)	00:51:51	199	Sarah Strutz	F45	13/16	[Unattached] (213)	01:00:29	
147	Marc Vipham	M40	15/15	[Unattached] (225)	00:51:52	200	Joanne Webber	F55	11/11	Trawden AC	01:00:39	
148	Lisa Gee	F40	10/15	Barlick Fell Runners	00:52:00	201	Simon Lister	M50	22/23	Trawden AC	01:01:28	
149	Deborah Hurst	F45	10/16	Rossendale Harriers	00:52:09	202	Mat Pickup	M45	19/20	[Unattached] (174)	01:02:39	
150	Janet Rogers	F60	5/10	[Unattached] (192)	00:52:11	203	Gillian Greenwood	F60	8/10	Trawden AC	01:02:47	
151	Gail Lumsden	F50	6/12	Ribble Valley Runners	00:52:18	204	David Greenwood	M60	16/16	Trawden AC	01:02:48	
152	Melanie Jones	F50	7/12	Prestwich AC	00:52:19	205	Philip Simpson	M50	23/23	Trawden AC	01:03:00	
153	Pip Larter	M60	11/16	Trawden AC	00:52:22	206	Karen Figiel	F60	9/10	Accrington Road Runners	01:03:36	
154	Helen Beech	F40	11/15	Trawden AC	00:52:23	207	Peter Clarke	M65	5/5	Clayton le Moors Harriers	01:04:25	
155	Angela Hanily	F55	5/11	Prestwich AC	00:52:32	208	Carol Clegg	F40	15/15	Clayton le Moors Harriers	01:04:38	
156	Robert Smith	M70	5/8	Trawden AC	00:52:39	209	Ayub Bahadur	M55	19/19	Blackburn Road Runners	01:04:42	
157	Nicholas Peterkin	M50	17/23	[Unattached] (172)	00:52:54	210	Linda Coffey	F70	2/2	Darwen Dashers RC	01:04:54	
158	Andrew Figiel	M55	15/19	Accrington Road Runners	00:53:03	211	Kathryn Clayton	F45	14/16	[Unattached] (35)	01:05:00	
159	Edward Corcoran	M50	18/23	Lonely Goat Running Club	00:53:17	212	Louise Abdy	F60	10/10	Todmorden Harriers	01:06:01	
160	Emily Nicholls	FJ	2/2	[Unattached] (157)	00:53:38	213	Neil Hargreaves	M75	1/2	[Unattached] (93)	01:06:55	
161	Joanne Houghton	F55	6/11	Prestwich AC	00:53:55	214	Barrie Tabern	M45	20/20	Ribble Valley Runners	01:08:05	
162	Evvie Feingold	F55	7/11	Prestwich AC	00:53:56	215	Adrian Melton	M75	2/2	Accrington Road Runners	01:08:19	
163	Graham Denney	M55	16/19	Trawden AC	00:53:58	216	Julie Carman	F65	4/4	Trawden AC	01:09:36	
164	Elaine Corcoran	F45	11/16	Trawden AC	00:54:16	217	Karin Goss	F75	1/2	Clayton le Moors Harriers	01:12:28	
165	Wesley Naughton	MS	24/26	Clayton le Moors Harriers	00:54:21	218	L. Hawthornthwaite	F45	15/16	Trawden AC	01:14:00	
166	Davina Raidy	F55	8/11	Rossendale Harriers	00:54:24	219	Sharon Wilson	F45	16/16	Ribble Valley Runners	01:14:00	
167	Paul Roberts	M50	19/23	Trawden AC	00:54:41	220	Clare Mead	F50	12/12	Trawden AC	01:14:00	
168	Hayley White	F55	9/11	Trawden AC	00:54:43	221	John Edwards	M70	8/8	Burnley AC	01:15:28	
169	Hilary Herman	F60	6/10	Prestwich AC	00:54:54	222	Christine Leathley	F75	2/2	Clayton le Moors Harriers	01:16:40	
170	Sarah Jane Ashworth	F35	4/6	Clayton le Moors Harriers	00:54:57	223	Phil Martin	M80	1/1	Blowland Fell Runners	01:17:11	
171	Alexandra Mikita	F45	12/16	[Unattached] (146)	00:54:58	224	Shardha Jdav	F35	6/6	[Unattached] (113)	01:19:50	
172	Mark Walsh	M60	12/16	Trawden AC	00:55:02	225	Courtney Prestage	FS	6/6	Ribble Valley Runners	01:19:51	
173	Christine Smith	F50	8/12	Rossendale Harriers	00:55:32							