

Barrowford 5k Sub 21:00 Race, nr. Colne, Lancashire

Barrowford 5k Sub 21:00 Race, nr. Colne, Lancashire						15th June 2024 RESULTS					Program: UKresults.net & UKtimers.net				
Pos	Name	Cat	Cat/Pos	Club/Team		Time	Pos	Name	Cat	Cat/Pos	Club/Team		Time		
1	Gareth Williams	M45	1/8	[Unattached]	(343)	00:17:18	41	Rob Dearden	M35	4/8	Peak Performance		00:19:18		
2	Dan Maynard	MS	1/23	Blackburn Harriers		00:17:27	42	Warren Goldie	M35	5/8	[Unattached]	(284)	00:19:20		
3	Josh Woodstock	M45	2/8	Accrington Road Runners		00:17:48	43	Chiara Young	FS	7/10	Sale Harriers Manchester		00:19:22		
4	Dean Evans	MJ	1/3	Liverpool Running Bugs		00:17:49	44	Paul Turnock	M50	6/10	Clayton le Moors Harriers		00:19:23		
5	Michael Tomlinson	MS	2/23	[Unattached]	(334)	00:17:51	45	Gareth Webb	M65	1/1	Horwich RMI Harriers		00:19:23		
6	Adam Battersby	M35	1/8	Mossley Running Club		00:17:55	46	Paul Weall	M45	6/8	Wigan Phoenix		00:19:24		
7	Calum J. Holmes	MS	3/23	[Unattached]	(295)	00:17:57	47	Vikki Robertshaw	F45	1/2	Blackburn Harriers		00:19:26		
8	Matt Willard	MS	4/23	[Unattached]	(342)	00:17:59	48	James Blackburn	MS	13/23	[Unattached]	(263)	00:19:31		
9	Helen Smith	F35	1/1	Salford Harriers & AC		00:18:00	49	Tony Booth	M45	7/8	Accrington Road Runners		00:19:31		
10	Coralie Bell	FS	1/10	Hyde Park Harriers		00:18:04	50	Steven Roberts	M45	8/8	Trawden AC		00:19:31		
11	Adam Holda	M40	1/2	Trawden AC		00:18:07	51	Sarah Cumber	F50	1/1	Halifax Harriers & AC		00:19:35		
12	Ian Cocks	M40	2/2	Barlick Fell Runners		00:18:13	52	Adam Heys	MS	14/23	Accrington Road Runners		00:19:36		
13	Peter Sagar-Moss	MJ	2/3	Hyndburn AC		00:18:15	53	Garreth Chambers	M35	6/8	Rochdale Harriers		00:19:37		
14	Ed Hunt	M50	1/10	Rossendale Harriers		00:18:17	54	Laura Monighan	F40	1/2	Trawden AC		00:19:37		
15	David Peel	M45	3/8	Holcombe Harriers		00:18:18	55	Luke James	MS	15/23	Trawden AC		00:19:43		
16	James Wright	MS	5/23	Trawden AC		00:18:19	56	Sasha Ryan	FS	8/10	Liverpool Harriers		00:19:43		
17	Paul Needham	M55	1/5	Trawden AC		00:18:19	57	Jack Greenhalgh	MS	16/23	[Unattached]	(285)	00:19:48		
18	Lyall Mew	MS	6/23	Burnden Road Runners		00:18:23	58	John Wilcock	M60	1/2	Clayton le Moors Harriers		00:19:50		
19	Ryan Tobin	M35	2/8	Accrington Road Runners		00:18:24	59	Marcus Naylor	MS	17/23	[Unattached]	(313)	00:19:51		
20	Mark Paterson	M35	3/8	Chorley Runners		00:18:25	60	Thomas Martin	MS	18/23	Ribble Valley Tri Club		00:19:52		
21	Charlotte Kent	FS	2/10	Bedford & County AC		00:18:26	61	Tara Walker	FS	9/10	Shettleston Harriers		00:19:53		
22	Ed Fazakerley	M55	2/5	Manchester Harriers & AC		00:18:27	62	Juliet Smith	F45	2/2	Rochdale Harriers		00:19:54		
23	Georgia Fazakerley	FS	3/10	Manchester Harriers & AC		00:18:28	63	John Zenzuck	M35	7/8	[Unattached]	(348)	00:19:55		
24	Alice Stiles	FS	4/10	Manchester Harriers & AC		00:18:29	64	Nigel Taylor	M50	7/10	Lindley Running Club		00:19:57		
25	Jordan Heys	MS	7/23	Clayton le Moors Harriers		00:18:30	65	Daniel Duperouzel	M35	8/8	[Unattached]	(277)	00:19:58		
26	Shaun Windle	M50	2/10	Trawden AC		00:18:35	66	Mark Duerden	M55	3/5	Trawden AC		00:19:58		
27	Robert Cranham	M45	4/8	Barlick Fell Runners		00:18:41	67	Ashley Stott	MS	19/23	[Unattached]	(331)	00:20:00		
28	Scott Cunliffe	M50	3/10	Clayton le Moors Harriers		00:18:45	68	Matthew Heap	MS	20/23	Clayton le Moors Harriers		00:20:02		
29	Kevin Fenton-Clough	M45	5/8	Trawden AC		00:18:47	69	Matt Ridge	M50	8/10	Worsthorne-w-HurstwoodRun		00:20:04		
30	Daniel Oldham	MS	8/23	Accrington Road Runners		00:18:49	70	Edward Turner	MS	21/23	Trawden AC		00:20:05		
31	Sam Horrocks	MS	9/23	Barlick Fell Runners		00:18:52	71	Andrew Smith	M60	2/2	Barlick Fell Runners		00:20:06		
32	Maddison Betmead	FJ	1/1	Blackpool Wyre & Fylde AC		00:18:54	72	Emma Guilfoyle	FS	10/10	Hyndburn AC		00:20:21		
33	Nathan Baker	MS	10/23	Blackpool Wyre & Fylde AC		00:18:56	73	Matthew Wilkinson	MS	22/23	Accrington Road Runners		00:20:26		
34	Ellen Sagar-Hesketh	FS	5/10	Blackburn Harriers		00:18:57	74	Joanne Cleaver	F40	2/2	Rossendale Harriers		00:20:34		
35	Holly Ledger	FS	6/10	Liverpool Harriers		00:18:58	75	Callum Clarke	MS	23/23	Vital Nutrition		00:20:38		
36	Ben Nield	MS	11/23	Clayton le Moors Harriers		00:19:08	76	Chris Charnley	M50	9/10	Horwich RMI Harriers		00:20:45		
37	Craig Hurst	M50	4/10	City of Stoke		00:19:10	77	Paul Smith	M55	4/5	Ribble Valley Runners		00:20:56		
38	Christopher Broome	MJ	3/3	Clayton le Moors Harriers		00:19:12	78	Simon Maughan	M55	5/5	[Unattached]	(307)	00:21:09		
39	Alex Hanna	MS	12/23	Clayton le Moors Harriers		00:19:15	79	Ric Maden	M50	10/10	[Unattached]	(304)	00:21:34		
40	Richard Butterwick	M50	5/10	Todmorden Harriers		00:19:17									