

Barrowford 5k Open Race, nr. Colne, Lancashire

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15th June 2024

RESULTS

Program: UKresults.net & UKtimers.net

Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time
1	Paul Stephens	M40	1/5	Salford Harriers & AC	00:18:20	50	Stephen Biscomb	M70	2/4	Clayton le Moors Harriers	00:23:41
2	Martin Smyth	M45	1/4	Clayton le Moors Harriers	00:20:02	51	Mark Charlton	M40	5/5	Burden Road Runners	00:23:48
3	Michael Almond	M40	2/5	Clayton le Moors Harriers	00:20:07	52	Tom Bullock	MS	7/9	Clayton le Moors Harriers	00:23:49
4	Gareth Tighe	M40	3/5	Clayton le Moors Harriers	00:20:09	53	Carole Fryer	F55	2/4	Queensbury Running Club	00:23:54
5	Craig Nicholls	M45	2/4	Ribble Valley Runners	00:20:16	54	Simon Moriarty	M50	7/11	Holcombe Harriers	00:23:55
6	Alex Frew	MJ	1/2	Keighley & Craven AC	00:20:31	55	Shane Cliffe	M60	6/13	Red Rose Road Runners	00:24:17
7	Joe Curran	M60	1/13	Accrington Road Runners	00:20:37	56	Helen Beech	F40	5/7	Trawden AC	00:24:21
8	Lucy Brown	F40	1/7	Barlick Fell Runners	00:20:42	57	F. Gianfrancesco	MS	8/9	[Unattached] (382)	00:24:27
9	Tom Stansfield	MS	1/9	Trawden AC	00:20:43	58	Lisa Gee	F40	6/7	Barlick Fell Runners	00:24:36
10	Andrew Webster	M50	1/11	Clayton le Moors Harriers	00:20:48	59	Steven Heys	M60	7/13	[Unattached] (389)	00:24:39
11	David Montague	M60	2/13	Ribble Valley Runners	00:20:49	60	Stewart Simpson	M35	3/3	Ribble Running	00:24:41
12	Alex Robson	MS	2/9	Ackworth Road Runners &AC	00:20:54	61	Paul Webster	M50	8/11	[Unattached] (451)	00:24:41
13	Tj Ellis	FS	1/7	Trawden AC	00:20:58	62	Irene Roche	F65	2/4	Clayton le Moors Harriers	00:24:43
14	David Howard	M65	1/1	Trawden AC	00:21:00	63	Naomi Purdy	FS	4/7	Rossendale Harriers	00:24:46
15	Graham Jenkins	M50	2/11	Ribble Valley Runners	00:21:04	64	Hena Corbishley	F40	7/7	Rossendale Harriers	00:24:56
16	Benedicte Frew	F40	2/7	[Unattached] (379)	00:21:10	65	Sarah Allen	F35	2/3	Barlick Fell Runners	00:25:08
17	Tony Walker	M60	3/13	Otley AC	00:21:12	66	Janet Rogers	F60	3/4	Worsthorne-w-HurstwoodRun	00:25:14
18	James Pickles	M40	4/5	[Unattached] (420)	00:21:17	67	Tom Blackledge	M50	9/11	Trawden AC	00:25:17
19	Harry Ingle	MS	3/9	[Unattached] (395)	00:21:20	68	Mark Horrocks	M60	8/13	Barlick Fell Runners	00:25:35
20	Paul Boardman	M60	4/13	Winter Hill Runners	00:21:22	69	Hayley White	F55	3/4	Trawden AC	00:25:37
21	Sue Burns	F65	1/4	Clayton le Moors Harriers	00:21:24	70	Robert Smith	M70	3/4	Trawden AC	00:25:43
22	Andrew Sharples	M35	1/3	Accrington Road Runners	00:21:28	71	Mark Walsh	M60	9/13	Trawden AC	00:25:48
23	Carl Carey	M50	3/11	Clayton le Moors Harriers	00:21:37	72	Marcus Thurnhill	M45	3/4	Ribble Valley Runners	00:25:50
24	Leo Woodstock	MJ	2/2	Accrington Road Runners	00:21:43	73	Pip Larter	M60	10/13	Trawden AC	00:25:57
25	Lisa Ellis	F40	3/7	Clayton le Moors Harriers	00:21:58	74	Vince Baldwin	M60	11/13	[Unattached] (353)	00:26:23
26	Raymond Banks	M70	1/4	Barlick Fell Runners	00:22:03	75	Eileen Wadsworth	F65	3/4	Rossendale Harriers	00:26:40
27	Robert Boughen	M55	1/4	Saltaire Striders	00:22:05	76	Ian Hothersall	M60	12/13	Trawden AC	00:26:41
28	Louise Elliott	F40	4/7	Lindley Running Club	00:22:07	77	Paul Roberts	M50	10/11	Trawden AC	00:26:43
29	Alison Smith	F50	1/2	Methley Striders	00:22:09	78	Rebecca Bebbington	FS	5/7	[Unattached] (357)	00:27:04
30	Reece Brown	MS	4/9	Peak Performance	00:22:12	79	John Kirkham	M70	4/4	Holcombe Harriers	00:27:32
31	Harry Stanworth	MS	5/9	[Unattached] (441)	00:22:24	80	David Morris	M60	13/13	Blackburn Road Runners	00:27:33
32	Wesley Naughton	MS	6/9	Clayton le Moors Harriers	00:22:29	81	Philip Simpson	M50	11/11	Trawden AC	00:27:33
33	Kirstie Millar	F35	1/3	Clayton le Moors Harriers	00:22:31	82	Grace Buckley	FS	6/7	[Unattached] (363)	00:27:34
34	Ross Girven	M35	2/3	[Unattached] (383)	00:22:32	83	Adam Hamer	MS	9/9	Clayton le Moors Harriers	00:27:41
35	Gemma Kenniford	FJ	1/2	Trawden AC	00:22:34	84	Sheila Shackleton	F65	4/4	Todmorden Harriers	00:27:58
36	Mark Strutz	M50	4/11	Accrington Road Runners	00:22:47	85	Helen Harrison	F55	4/4	Clayton le Moors Harriers	00:28:04
37	Mark A. Fawcett	M50	5/11	Trawden AC	00:22:52	86	Linda Coffey	F70	1/1	Darwen Dashers RC	00:28:55
38	Murray Thomson	M55	2/4	PH Racing	00:22:54	87	Adrian Melton	M75	1/2	Accrington Road Runners	00:30:30
39	Jessica Smith	FS	2/7	Peak Performance	00:22:58	88	Karen Windle	F60	4/4	Trawden AC	00:30:49
40	Tanya King	F45	1/3	Rossendale Harriers	00:23:05	89	L. Hawthornthwaite	F45	2/3	Trawden AC	00:31:23
41	Liam Moden	M55	3/4	Accrington Road Runners	00:23:09	90	Neil Hargreaves	M75	2/2	[Unattached] (386)	00:31:36
42	Andrew Hollas	M55	4/4	Accrington Road Runners	00:23:12	91	Barrie Tabern	M45	4/4	Ribble Valley Runners	00:32:32
43	Julia Rushton	F60	1/4	Clayton le Moors Harriers	00:23:22	92	Hannah Ingle	FS	7/7	[Unattached] (396)	00:32:54
44	Rachel Airey	FS	3/7	Accrington Road Runners	00:23:23	93	David Scott	M80	1/1	Clayton le Moors Harriers	00:33:08
45	John McDonald	M60	5/13	Trawden AC	00:23:25	94	Sharon Wilson	F45	3/3	Ribble Valley Runners	00:33:17
46	Andrew Kenniford	M50	6/11	Trawden AC	00:23:25	95	Heather Whalley	F35	3/3	Red Rose Road Runners	00:35:06
47	Julia Jones	F55	1/4	Worsthorne-w-HurstwoodRun	00:23:37	96	Karin Goss	F75	1/2	Clayton le Moors Harriers	00:35:26
48	Emily Nicholls	FJ	2/2	Ribble Valley Runners	00:23:39	97	Clare Mead	F50	2/2	Trawden AC	00:35:53
49	Lynn Whittaker	F60	2/4	Wharfedale Harriers	00:23:41	98	Christine Leathley	F75	2/2	Clayton le Moors Harriers	00:35:59