Ribble Valley 10k Road Race

Sunday 30 December 2012. 10:30 am

Result of the Northern Male teams team competition.

(3 competitors per team. Based on cumulative position.)

1 : Leeds City AC

Place	Time	Name	Race Age Category	Race No	Race Place
9	0:30:36	SMITH, Carl	Men under 40	316	12
13	0:30:49	BENSON, Gordon	Junior Men	1201	18
24	0:31:41	BURRETT, Mike	Men under 40	430	36
46	**1:33:06**	**Totals**			

2 : Salford Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
3	0:30:12	BAILEY, Joe	Men under 40	20	4
25	0:31:43	RIDDELL, Ben	Men under 40	1172	37
26	0:31:46	PRIESTLEY, Gary	Men under 40	404	38
54	**1:33:41**	**Totals**			

3 : Altrincham & District AC

Place	Time	Name	Race Age Category	Race No	Race Place
16	0:31:20	NORMAN, Dave	Men under 40	26	25
17	0:31:22	BARNES, Matt	Men under 40	11	26
22	0:31:34	ABU-REZEQ, Mohammad	Junior Men	25	32
55	**1:34:17**	**Totals**			

4 : Liverpol Harriers and AC

Place	Time	Name	Race Age Category	Race No	Race Place
14	0:30:56	MOUNTFORD, David	Men under 40	444	21
20	0:31:30	CLIFFE, Daniel	Men under 40	761	30
23	0:31:38	RUSSELL, Ben	Men under 40	14	34
57	**1:34:04**	**Totals**			

5 : New Marske Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
2	0:30:10	WILES, Andrew	Men under 40	41	3
19	0:31:24	BEST, Russ	Men under 40	219	28
39	0:33:42	O'GRADY, Shaun	Men under 40	349	63
60	**1:35:16**	**Totals**			

6 : Southport Waterloo AC

Place	Time	Name	Race Age Category	Race No	Race Place
5	0:30:19	TARTT, James	Men under 40	411	6
37	0:33:34	JOHNSON, Ben	Men under 40	574	60
42	0:33:57	VIS, Joseph	Men under 40	664	66
84	**1:37:51**	**Totals**			

7 : Blackburn Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
4	0:30:14	FISH, Ben	Men under 40	7	5
41	0:33:53	BILLINGTON, Karl	Men under 40	8	65
43	0:33:58	BRADSHAW, Paul	Men under 40	723	67
88	**1:38:05**	**Totals**			

8 : Border Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
10	0:30:40	DOUGLAS, James	Men under 40	519	14
38	0:33:40	GRIEVE, Matthew	Junior Men	1270	62
50	0:34:22	MASON, John	Men under 40	1039	81
98	**1:38:42**	**Totals**			

9 : Sale Harriers Manchester

Place	Time	Name	Race Age Category	Race No	Race Place
6	0:30:20	FORD, Antony	Men under 40	29	7
31	0:32:47	BETTS, Luke	Junior Men	1261	47
88	0:36:49	WHITTAKER, Dan	Men under 40	755	140
125	**1:39:56**	**Totals**			

10 : Preston Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
18	0:31:24	RIGBY, David	Men under 40	865	27
48	0:34:15	ROWETT, Callum	Junior Men	942	76
99	0:37:34	WATSON, David	Men 45-49	952	158
165	**1:43:14**	**Totals**			

11 : Blackburn Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
44	0:33:59	WARNER, Robert	Junior Men	133	68
63	0:35:21	NUTTALL, Matthew	Men 40-44	1180	100
74	0:36:10	BARNES, Chris	Men under 40	1081	118
181	**1:45:30**	**Totals**			

12 : Liverpol Harriers and AC

Race	Race

Place	Time	Name	Race Age Category	No	Place
33	0:33:04	CHALLINOR, Ricky	Men under 40	396	51
77	0:36:21	WYNNE-WILLIAMS, Sion	Men under 40	333	123
80	0:36:28	BELCHER, Peter	Men under 40	1245	127
190	**1:45:53**	**Totals**			

13 : Altrincham & District AC

Place	Time	Name	Race Age Category	Race No	Race Place
66	0:35:29	ABRAHAM, Peter	Men 40-44	556	103
76	0:36:20	KELLY, Matthew	Men under 40	1060	122
87	0:36:47	WATSON, Paul	Men 40-44	825	139
229	**1:48:37**	**Totals**			

14 : Salford Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
28	0:32:03	ROBINSON, Stuart	Men under 40	941	42
85	0:36:45	GRINDROD, Graeme	Men under 40	1257	135
119	0:38:21	RAYNER, Trevor	Men 50-54	352	187
232	**1:47:09**	**Totals**			

15 : Clowne Road Runners

Place	Time	Name	Race Age Category	Race No	Race Place
36	0:33:31	LOWE, Gareth	Men under 40	440	59
68	0:35:33	BANTON, Lewis	Men under 40	1075	105
130	0:38:59	SLENEY, Simon	Men 40-44	1058	207
234	**1:48:04**	**Totals**			

16 : Rossendale Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
29	0:32:27	FELL, Christopher	Men under 40	914	45
97	0:37:17	WALSH, Daniel	Junior Men	456	153
121	0:38:27	TOMS, Michael	Men 45-49	920	190
247	**1:48:11**	**Totals**			

17 : Wesham Road Runners

Place	Time	Name	Race Age Category	Race No	Race Place
49	0:34:16	DANSON, Robert Anthony	Men under 40	963	77
84	0:36:43	ROWE, Alex	Men 55-59	1217	134
146	0:39:46	COLLIER, John	Men 55-59	809	236
279	**1:50:46**	**Totals**			

18 : Blackburn Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
81	0:36:31	ALMOND, Mark	Men 40-44	1158	128
96	0:37:14	HOWE, Zachary	Junior Men	294	152
106	0:37:46	BRIDGE, Jonathan	Men 45-49	851	167
283	**1:51:31**	**Totals**			

19 : Holmfirth Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
70	0:35:50	ROSE, Julian	Men 50-54	873	109
90	0:36:59	BOGGON, Craig	Junior Men	421	143
137	0:39:18	SMITH, Scott	Men under 40	520	216
297	**1:52:08**	**Totals**			

20 : Stockport Harriers and AC

Place	Time	Name	Race Age Category	Race No	Race Place
8	0:30:33	MARTIN, Jack	Men under 40	27	11
21	0:31:31	SAWREY, Michael	Men under 40	471	31
271	0:45:12	CHRYSTIE-LOWE, David	Men 55-59	112	489
300	**1:47:16**	**Totals**			

21 : Low Fell Running Club

Place	Time	Name	Race Age Category	Race No	Race Place
58	0:34:55	COULSON, Phil	Men under 40	1037	93
61	0:35:09	STEPHENS, Jonathon	Men under 40	981	98
183	0:41:09	KELLY, David	Men 55-59	957	296
302	**1:51:13**	**Totals**			

22 : Bingley Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
59	0:34:58	CONVERY, John	Men 50-54	165	94
73	0:36:09	ROBINSON, James	Men under 40	101	116
199	0:41:51	KHAN, Waheed	Men under 40	1136	331
331	**1:52:58**	**Totals**			

23 : Ilkley Harriers AC

Place	Time	Name	Race Age Category	Race No	Race Place
105	0:37:45	HEAVISIDES, Henry	Men 55-59	858	166
110	0:38:03	ILEY, Mark	Men 50-54	207	175
122	0:38:31	CHAPMAN, Bradley	Junior Men	527	192
337	**1:54:19**	**Totals**			

24 : Wigan Phoenix

Race	Race

Place	Time	Name	Race Age Category	No	Place
53	0:34:34	HILTON, James	Men under 40	913	84
136	0:39:15	FOSTER, Kevin	Men under 40	950	215
150	0:39:53	MARSHALL, Paul	Men 40-44	717	242
339	**1:53:42**	**Totals**			

25 : Southport Waterloo AC

Place	Time	Name	Race Age Category	Race No	Race Place
83	0:36:39	McGRATH, Robert	Men 45-49	813	133
116	0:38:13	McLEAN, Steve	Men 50-54	495	183
144	0:39:41	CAIN, Paul	Men 45-49	358	232
343	**1:54:33**	**Totals**			

26 : Keighley & Craven AC

Place	Time	Name	Race Age Category	Race No	Race Place
79	0:36:28	THOMAS, Adrian	Men 40-44	595	126
103	0:37:40	SPENCER, Liam	Men under 40	709	163
167	0:40:28	PRESTON, Stuart	Men under 40	577	267
349	**1:54:37**	**Totals**			

27 : Trawden AC

Place	Time	Name	Race Age Category	Race No	Race Place
108	0:37:56	LORD, David	Men 50-54	861	172
111	0:38:03	BROWN, Paul	Men under 40	246	176
131	0:39:01	QUIGLEY, Chris	Men 40-44	836	208
350	**1:55:00**	**Totals**			

28 : Preston Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
109	0:37:59	DURNEY, Alan	Men 45-49	614	174
117	0:38:17	JUDD, Kingsley	Junior Men	191	185
128	0:38:42	HUNT, Kevin	Men 40-44	979	200
354	**1:54:58**	**Totals**			

29 : Blackburn Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
112	0:38:06	DE LUCA, Riccardo	Men under 40	1254	179
118	0:38:19	PEARSE, Gary	Men 45-49	254	186
125	0:38:37	FOLEY, Steven	Men 45-49	243	196
355	**1:55:03**	**Totals**			

30 : Clayton le Moors Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
46	0:34:03	LALOR, Matthew	Men under 40	1132	71
159	0:40:06	BAGOT, David	Men under 40	216	254
161	0:40:09	SHUTTLEWORTH, Colin	Men 50-54	180	257
366	**1:54:19**	**Totals**			

31 : Accrington Road Runners

Place	Time	Name	Race Age Category	Race No	Race Place
57	0:34:51	LIVESEY, Shaun	Men under 40	1148	91
160	0:40:07	WALTON, Chris	Men under 40	1043	255
163	0:40:15	CALVERLEY, Paul	Men 45-49	370	260
380	**1:55:14**	**Totals**			

32 : Altrincham & District AC

Place	Time	Name	Race Age Category	Race No	Race Place
113	0:38:07	BERKS, Michael	Men under 40	1056	180
124	0:38:35	FULLER, Adrian	Men under 40	1035	195
148	0:39:48	HILL, Pete	Men 50-54	767	238
385	**1:56:30**	**Totals**			

33 : Lytham St Annes Road Runners

Place	Time	Name	Race Age Category	Race No	Race Place
114	0:38:08	CRUSE, Peter	Men 50-54	197	181
120	0:38:23	HOWARTH, Thomas	Men under 40	217	189
152	0:39:55	WEBSTER, Graham	Men 60-64	1138	244
386	**1:56:26**	**Totals**			

34 : Horwich RMI Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
65	0:35:26	HOWARTH, Richard	Men under 40	1176	102
164	0:40:16	HAMER, Ian	Men 50-54	684	261
166	0:40:22	KASABOV, Bozhidar	Men under 40	372	265
395	**1:56:04**	**Totals**			

35 : Wharfedale Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
98	0:37:29	TREITL, Nick	Men under 40	110	155
100	0:37:35	SANDAMAS, Mark	Men 45-49	509	159
247	0:44:15	THISTLETHWAITE, Michael	Men under 40	774	440
445	**1:59:19**	**Totals**			

36 : Blackburn Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place

140	0:39:34	BLEASDALE, Mark	Men 40-44	815	226
147	0:39:47	MAYNARD, Daniel	Men under 40	611	237
168	0:40:29	HARTLEY, Allan	Men under 40	1234	269
455	**1:59:50**	**Totals**			

37 : Border Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
52	0:34:28	BELL, Kevin	Men under 40	1032	83
71	0:35:59	MILLICAN, Graham	Men under 40	848	112
338	0:50:20	CAMPBELL, Peter	Men 50-54	388	718
461	**2:00:47**	**Totals**			

38 : Oldham & Royton Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
92	0:37:02	NEWTON, Chris	Men under 40	276	145
158	0:40:06	MARSDEN, Andrew	Men under 40	1022	253
218	0:42:18	KENNERLEY, Dominic	Men under 40	1028	358
468	**1:59:26**	**Totals**			

39 : Lancaster & Morecambe AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
86	0:36:47	ROWLANDS, Kieran	Men under 40	589	137
107	0:37:49	SMITH, Beau	Junior Men	719	169
280	0:45:32	HALEY, Andrew John	Men 45-49	1225	504
473	**2:00:08**	**Totals**			

40 : Skipton AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
64	0:35:24	HOOD, Julian	Men under 40	810	101
127	0:38:40	COLDICOTT, Ian	Men 40-44	394	198
283	0:45:43	DESGRANGES, Mark	Men under 40	449	513
474	**1:59:48**	**Totals**			

41 : Preston Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
143	0:39:39	YOUNG, Stephen	Men under 40	766	229
156	0:39:58	WALSH, Phil	Men 55-59	671	249
190	0:41:28	COWLING, Peter	Men 45-49	554	309
489	**2:01:05**	**Totals**			

42 : Sale Harriers Manchester

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
95	0:37:04	TOWNLEY, Steven	Men under 40	998	148
174	0:40:36	BOULTON, Daniel	Men under 40	1009	275
224	0:42:42	SMITH, Jerry	Men 55-59	665	373
493	**2:00:22**	**Totals**			

43 : Ilkley Harriers AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
141	0:39:37	MORLEY, Steve	Men 40-44	911	227
142	0:39:38	JOYNSON, Ben	Men under 40	693	228
227	0:42:54	BUCKTON, Will	Men under 40	454	379
510	**2:02:09**	**Totals**			

44 : Bolton United Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
155	0:39:57	POVEY, Chris	Men under 40	443	248
177	0:40:51	JOHNSON, Dean	Men under 40	297	285
181	0:41:01	TROUGHTON, Ben	Men under 40	257	291
513	**2:01:50**	**Totals**			

45 : Kirkstall Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
93	0:37:03	HEWITT, Philip	Men under 40	687	146
171	0:40:31	ROCKS, Martin	Men under 40	1100	272
255	0:44:35	MEALEY, Liam	Men under 40	633	457
519	**2:02:09**	**Totals**			

46 : Blackburn Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
126	0:38:39	COOK, Jason	Men 45-49	538	197
191	0:41:36	BIRTWISTLE, David	Men under 40	320	315
204	0:41:56	KERRY, Martin	Men 50-54	944	336
521	**2:02:11**	**Totals**			

47 : ABC Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
138	0:39:22	BATES, Terry	Men 50-54	1053	218
173	0:40:35	MORGAN, Tony	Men 40-44	696	274
216	0:42:16	BIRCH, Gary	Men under 40	775	356
527	**2:02:13**	**Totals**			

48 : Blackpool Wyre & Fylde AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*

69	0:35:36	WATERHOUSE, Steve	Men 40-44	888	106
115	0:38:11	OLIVER, John	Men 40-44	966	182
350	0:51:46	TWIZELL, David	Men 55-59	567	767
534	**2:05:33**	**Totals**			

49 : Trawden AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
134	0:39:04	CROLL, David	Men 50-54	189	212
179	0:40:55	CAMPBELL, Chris	Men 40-44	1161	287
221	0:42:28	CATLOW, James	Men under 40	1011	364
534	**2:02:27**	**Totals**			

50 : Chorley Athletic & Triathlon Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
135	0:39:14	HIGSON, Jonathan	Men under 40	655	213
207	0:42:00	BECKETT, William	Men 45-49	1014	340
212	0:42:10	KHATTAB, Hassan	Men 40-44	273	347
554	**2:03:24**	**Totals**			

51 : Otley AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
129	0:38:59	SMITH, Richard	Men under 40	743	206
180	0:41:01	POTTER, Tom	Men under 40	588	290
248	0:44:16	BESWICK, Mark	Men under 40	309	441
557	**2:04:16**	**Totals**			

52 : Wesham Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
172	0:40:34	EATON, Simon	Men 40-44	1003	273
184	0:41:10	SHEPHERD, Nigel	Men 50-54	445	297
201	0:41:52	MABBETT, Russell	Men 45-49	53	333
557	**2:03:36**	**Totals**			

53 : Bolton United Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
188	0:41:23	BENTLEY, Daryl	Men 40-44	479	305
189	0:41:25	DOYLE, Andrew	Men 40-44	1127	307
192	0:41:36	FOWLER, Kenneth	Men 60-64	984	316
569	**2:04:24**	**Totals**			

54 : Manchester Frontrunners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
145	0:39:45	GUILDFORD, Jono	Men under 40	932	234
196	0:41:40	RASO, Roberto	Men 45-49	1189	320
237	0:43:35	KEYNES, Greg	Men 55-59	586	409
578	**2:05:00**	**Totals**			

55 : Glossopdale Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
60	0:34:59	JACKSON, Tom	Men under 40	466	95
210	0:42:05	McGRAW, Neil	Men under 40	175	345
318	0:48:13	McGRAW, Neville	Men 65-69	174	623
588	**2:05:17**	**Totals**			

56 : Clayton le Moors Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
178	0:40:52	HOGAN, Michael	Men 45-49	764	286
205	0:41:59	TAYLOR, Mark	Men under 40	609	338
206	0:42:00	ROSCOE, Nick	Men 40-44	488	339
589	**2:04:51**	**Totals**			

57 : Red Rose Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
170	0:40:30	WHITNEY, Steven	Men 45-49	808	271
187	0:41:14	PINON SHAW, Jose	Men 40-44	828	302
240	0:43:40	BRYDEN, Doug	Men 45-49	348	414
597	**2:05:24**	**Totals**			

58 : Southport Waterloo AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
153	0:39:57	CARY, Richard	Men 45-49	114	246
200	0:41:52	BAILEY, Philip	Men 60-64	989	332
300	0:46:56	JAMES, Steve	Men 70-74	1178	555
653	**2:08:44**	**Totals**			

59 : Clayton le Moors Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
214	0:42:13	WILCOCK, John	Men 50-54	581	352
219	0:42:24	BISCOMB, Stephen	Men 55-59	514	362
228	0:42:57	DUGDALE, Andrew Mark	Men 50-54	617	383
661	**2:07:34**	**Totals**			

60 : Preston Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*

198	0:41:44	CLEMSON, Jonathan	Men 40-44	928	326
211	0:42:07	APPLEBY, Alan	Men 65-69	262	346
261	0:44:49	PEET, Ritchie	Men under 40	321	469
670	**2:08:40**	**Totals**			

61 : Accrington Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
186	0:41:13	BUSH, Andrew	Men 45-49	1134	301
233	0:43:21	RIDEHALGH, Anthony	Men under 40	221	397
254	0:44:27	OSBORNE, Jamie	Men under 40	485	451
673	**2:09:01**	**Totals**			

62 : Bingley Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
213	0:42:10	HAYNES, Les	Men 70-74	1007	348
241	0:43:44	GIBBS, Fred	Men 70-74	218	418
244	0:44:03	ECCLES, Rob	Men 50-54	255	428
698	**2:09:57**	**Totals**			

63 : Altrincham & District AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
197	0:41:42	LIVINGSTONE, David	Men 40-44	354	324
245	0:44:10	BURGESS, Ken	Men 70-74	512	436
288	0:45:52	ANDERSON, David	Men 40-44	1117	520
730	**2:11:44**	**Totals**			

64 : Northern Veterans AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
234	0:43:28	ATKINSON, David	Men 50-54	314	403
246	0:44:14	McGLYNN, Stephen	Men 50-54	64	439
263	0:44:52	BROWN, Tony	Men 60-64	245	473
743	**2:12:34**	**Totals**			

65 : Clayton le Moors Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
236	0:43:31	BRISCOE, Richard	Men under 40	1018	405
249	0:44:19	WILDMAN, Brian	Men 45-49	268	443
275	0:45:21	FLETCHER, Damian	Men under 40	900	495
760	**2:13:11**	**Totals**			

66 : Blackburn Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
231	0:43:13	DAVIES, Christopher	Men under 40	62	392
243	0:44:01	COOKSON, John	Men 40-44	399	426
293	0:46:24	DOHERTY, Kevin	Men 40-44	1006	540
767	**2:13:39**	**Totals**			

67 : Trawden AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
251	0:44:21	SMITH, David	Men 45-49	1159	445
259	0:44:44	McDONALD, John	Men 45-49	128	466
265	0:44:54	COYNE, Tim	Men 40-44	401	475
775	**2:13:59**	**Totals**			

68 : Chorley Athletic & Triathlon Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
220	0:42:25	BURGESS, Jonathon	Men under 40	1165	363
253	0:44:25	HENDRY, Michael	Men under 40	657	449
307	0:47:24	RILEY, Jason	Men under 40	880	581
780	**2:14:15**	**Totals**			

69 : Red Rose Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
256	0:44:36	EARNSHAW, Luke	Men under 40	177	459
258	0:44:37	EARNSHAW, Dave	Men 55-59	176	461
309	0:47:38	MATTHEW, Ian	Men 40-44	71	593
823	**2:16:51**	**Totals**			

70 : Ilkley Harriers AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
230	0:43:11	CHAPMAN, Neil	Men 55-59	528	389
257	0:44:36	JENKINS, Simon	Men 45-49	339	460
343	0:51:03	MARSHALL, John	Men 55-59	721	743
830	**2:18:51**	**Totals**			

71 : Keighley & Craven AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
238	0:43:35	CANN, Sam	Men 50-54	533	410
266	0:44:57	GREEN, Andrew	Men 60-64	72	478
331	0:49:26	WADDINGHAM, Keith	Men 50-54	534	685
835	**2:17:58**	**Totals**			

72 : Trawden AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
274	0:45:16	HOWARD, Adam	Men under 40	342	492

279	0:45:27	PICKLES, John	Men 45-49	325	501
287	0:45:50	MARSH, Derrick	Men 50-54	1106	518
840	**2:16:33**	**Totals**			

73 : Lytham St Annes Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
208	0:42:00	ASHWORTH, Kevin	Men 40-44	1168	341
268	0:45:00	QUARMBY, Steve	Men 50-54	1173	482
377	0:58:52	SNEDDON, Andy	Men 45-49	1348	974
853	**2:25:53**	**Totals**			

74 : Wesham Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
270	0:45:09	MOSS, Christopher	Men 45-49	868	487
284	0:45:45	HUDSON, Alan	Men 60-64	123	514
305	0:47:09	TAYLOR, Alan	Men 40-44	300	569
859	**2:18:03**	**Totals**			

75 : Manchester Frontrunners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
252	0:44:24	GIBERT, Nico	Men under 40	1271	448
294	0:46:25	BATESON, Graham	Men 45-49	508	541
315	0:48:07	TOMASSO, Angelo	Men under 40	1167	614
861	**2:18:56**	**Totals**			

76 : Bingley Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
277	0:45:25	KINGHAM, Tony	Men 65-69	242	499
286	0:45:48	SMITH, Michael	Men 70-74	924	517
312	0:47:47	BUCKLEY, George	Men 70-74	921	601
875	**2:19:00**	**Totals**			

77 : Valley Striders AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
229	0:42:59	TOWLER, Tim	Men 50-54	169	385
273	0:45:14	GREEN, Eric	Men 55-59	798	491
382	1:08:23	MAY, Andrew	Men under 40	670	1060
884	**2:36:37**	**Totals**			

78 : Clayton le Moors Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
276	0:45:21	SCOTT, David	Men 65-69	52	497
295	0:46:31	BRADY, Martin	Men 50-54	640	543
326	0:49:01	SMITH, Geoff	Men under 40	1240	664
897	**2:20:54**	**Totals**			

79 : Blackburn Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
299	0:46:52	WHITE, Phil	Men 60-64	871	553
302	0:47:04	JACKSON, Robert	Men 45-49	801	563
317	0:48:13	WEISTERS, Duncan	Men under 40	604	622
918	**2:22:09**	**Totals**			

80 : Blackburn Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
298	0:46:51	ORRELL, John	Men 45-49	1021	552
304	0:47:08	WILKINSON, Paul	Men 40-44	498	568
320	0:48:28	CARR, Michael	Men under 40	323	639
922	**2:22:27**	**Totals**			

81 : Bolton United Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
223	0:42:40	HOWARTH, Nick	Men 50-54	570	372
352	0:52:12	GRIMSHAW, John	Men 40-44	503	782
360	0:53:20	LOMAX, Shaun	Men 40-44	362	829
935	**2:28:12**	**Totals**			

82 : Accrington Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
308	0:47:34	CLARK, Craig	Men 40-44	510	590
322	0:48:42	GRAHAM, David	Men 55-59	420	654
325	0:49:00	HARTLEY, Michael	Men 40-44	960	663
955	**2:25:16**	**Totals**			

83 : Skipton AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
297	0:46:35	KENNY, Triss	Men 45-49	55	546
321	0:48:35	HOLMES, Andrew	Men under 40	867	646
362	0:53:36	FOTHERGILL, Michael George	Men 55-59	855	838
980	**2:28:46**	**Totals**			

84 : Preston Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
292	0:46:21	JACKSON, Steven	Men 50-54	70	536

336	0:49:48	FOLEY, Martin	Men 45-49	742	700
357	0:52:44	ROBERTS, David	Men 65-69	515	809
985	**2:28:53**	**Totals**			

85 : Wesham Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
306	0:47:12	WAYWELL, Dave	Men 65-69	198	572
346	0:51:20	CARTER, Paul	Men 40-44	369	753
354	0:52:18	LEAVER, Philip	Men 55-59	497	789
1006	**2:30:51**	**Totals**			

86 : Blackburn Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
324	0:48:55	BALLANTYNE, Dougie	Men 45-49	543	660
330	0:49:16	GUINAN, Paul	Men 40-44	796	679
370	0:56:40	BUCKINGHAM, Jack	Junior Men	238	922
1024	**2:34:51**	**Totals**			

87 : Blackburn Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
347	0:51:36	BALL, Chris	Men 50-54	371	763
348	0:51:42	DICKINSON, Chris	Men 40-44	714	765
363	0:54:07	GREENHALGH, Craig	Men 45-49	436	849
1058	**2:37:26**	**Totals**			

88 : Keighley & Craven AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
344	0:51:12	McKECHNIE, Dave	Men under 40	73	749
345	0:51:19	TOMES, Jonny	Junior Men	1246	752
375	0:58:19	MINIKIN, Tony	Men 70-74	566	964
1064	**2:40:50**	**Totals**			

89 : Accrington Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
339	0:50:22	WILCOCK, Ian	Men 65-69	771	719
368	0:56:15	KEIGHLEY, Stewart	Men 55-59	644	912
373	0:57:30	MALLABY, David	Men 50-54	1030	944
1080	**2:44:07**	**Totals**			