Ribble Valley 10k Road Race

Sunday 30 December 2012. 10:30 am

Result of the All Men team competition.

(3 competitors per team. Based on cumulative position.)

1 : Leeds City AC

Place	Time	Name	Race Age Category	Race No	Race Place
12	0:30:36	SMITH, Carl	Men under 40	316	12
18	0:30:49	BENSON, Gordon	Junior Men	1201	18
36	0:31:41	BURRETT, Mike	Men under 40	430	36
66	**1:33:06**	**Totals**			

2 : Salford Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
4	0:30:12	BAILEY, Joe	Men under 40	20	4
37	0:31:43	RIDDELL, Ben	Men under 40	1172	37
38	0:31:46	PRIESTLEY, Gary	Men under 40	404	38
79	**1:33:41**	**Totals**			

3 : Altrincham & District AC

Place	Time	Name	Race Age Category	Race No	Race Place
25	0:31:20	NORMAN, Dave	Men under 40	26	25
26	0:31:22	BARNES, Matt	Men under 40	11	26
32	0:31:34	ABU-REZEQ, Mohammad	Junior Men	25	32
83	**1:34:17**	**Totals**			

4 : Liverpol Harriers and AC

Place	Time	Name	Race Age Category	Race No	Race Place
21	0:30:56	MOUNTFORD, David	Men under 40	444	21
30	0:31:30	CLIFFE, Daniel	Men under 40	761	30
34	0:31:38	RUSSELL, Ben	Men under 40	14	34
85	**1:34:04**	**Totals**			

5 : New Marske Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
3	0:30:10	WILES, Andrew	Men under 40	41	3
28	0:31:24	BEST, Russ	Men under 40	219	28
63	0:33:42	O'GRADY, Shaun	Men under 40	349	63
94	**1:35:16**	**Totals**			

6 : Southport Waterloo AC

Place	Time	Name	Race Age Category	Race No	Race Place
6	0:30:19	TARTT, James	Men under 40	411	6
60	0:33:34	JOHNSON, Ben	Men under 40	574	60
66	0:33:57	VIS, Joseph	Men under 40	664	66
132	**1:37:51**	**Totals**			

7 : Blackburn Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
5	0:30:14	FISH, Ben	Men under 40	7	5
65	0:33:53	BILLINGTON, Karl	Men under 40	8	65
67	0:33:58	BRADSHAW, Paul	Men under 40	723	67
137	**1:38:05**	**Totals**			

8 : Border Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
14	0:30:40	DOUGLAS, James	Men under 40	519	14
62	0:33:40	GRIEVE, Matthew	Junior Men	1270	62
78	0:34:22	MASON, John	Men under 40	1039	81
154	**1:38:42**	**Totals**			

9 : Sale Harriers Manchester

Place	Time	Name	Race Age Category	Race No	Race Place
7	0:30:20	FORD, Antony	Men under 40	29	7
47	0:32:47	BETTS, Luke	Junior Men	1261	47
130	0:36:49	WHITTAKER, Dan	Men under 40	755	140
184	**1:39:56**	**Totals**			

10 : Preston Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
27	0:31:24	RIGBY, David	Men under 40	865	27
75	0:34:15	ROWETT, Callum	Junior Men	942	76
147	0:37:34	WATSON, David	Men 45-49	952	158
249	**1:43:14**	**Totals**			

11 : Blackburn Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
68	0:33:59	WARNER, Robert	Junior Men	133	68
96	0:35:21	NUTTALL, Matthew	Men 40-44	1180	100
106	0:35:57	HINDLE, Jack	Junior Men	136	111
270	**1:45:17**	**Totals**			

12 : Salford Harriers & AC

Race	Race

Place	Time	Name	Race Age Category	No	Place
42	0:32:03	ROBINSON, Stuart	Men under 40	941	42
103	0:35:40	BILLINGTON, Glyn	Men under 40	103	107
126	0:36:45	GRINDROD, Graeme	Men under 40	1257	135
271	**1:44:28**	**Totals**			

13 : Rossendale Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
45	0:32:27	FELL, Christopher	Men under 40	914	45
86	0:34:47	WEBB, Rob	Men under 40	1371	89
142	0:37:17	WALSH, Daniel	Junior Men	456	153
273	**1:44:31**	**Totals**			

14 : Liverpol Harriers and AC

Place	Time	Name	Race Age Category	Race No	Race Place
51	0:33:04	CHALLINOR, Ricky	Men under 40	396	51
115	0:36:21	WYNNE-WILLIAMS, Sion	Men under 40	333	123
118	0:36:28	BELCHER, Peter	Men under 40	1245	127
284	**1:45:53**	**Totals**			

15 : Stockport Harriers and AC

Place	Time	Name	Race Age Category	Race No	Race Place
11	0:30:33	MARTIN, Jack	Men under 40	27	11
31	0:31:31	SAWREY, Michael	Men under 40	471	31
274	0:41:11	TOWNLEY, David	Men under 40	1294	298
316	**1:43:15**	**Totals**			

16 : Altrincham & District AC

Place	Time	Name	Race Age Category	Race No	Race Place
99	0:35:29	ABRAHAM, Peter	Men 40-44	556	103
114	0:36:20	KELLY, Matthew	Men under 40	1060	122
129	0:36:47	WATSON, Paul	Men 40-44	825	139
342	**1:48:37**	**Totals**			

17 : Clowne Road Runners

Place	Time	Name	Race Age Category	Race No	Race Place
59	0:33:31	LOWE, Gareth	Men under 40	440	59
101	0:35:33	BANTON, Lewis	Men under 40	1075	105
191	0:38:59	SLENEY, Simon	Men 40-44	1058	207
351	**1:48:04**	**Totals**			

18 : Blackburn Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
112	0:36:10	BARNES, Chris	Men under 40	1081	118
119	0:36:31	ALMOND, Mark	Men 40-44	1158	128
141	0:37:14	HOWE, Zachary	Junior Men	294	152
372	**1:49:55**	**Totals**			

19 : Clayton le Moors Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
71	0:34:03	LALOR, Matthew	Men under 40	1132	71
111	0:36:09	HALL, Phil	Men 50-54	1395	117
233	0:40:06	BAGOT, David	Men under 40	216	254
415	**1:50:19**	**Totals**			

20 : Wesham Road Runners

Place	Time	Name	Race Age Category	Race No	Race Place
76	0:34:16	DANSON, Robert Anthony	Men under 40	963	77
125	0:36:43	ROWE, Alex	Men 55-59	1217	134
216	0:39:46	COLLIER, John	Men 55-59	809	236
417	**1:50:46**	**Totals**			

21 : Holmfirth Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
104	0:35:50	ROSE, Julian	Men 50-54	873	109
133	0:36:59	BOGGON, Craig	Junior Men	421	143
200	0:39:18	SMITH, Scott	Men under 40	520	216
437	**1:52:08**	**Totals**			

22 : Low Fell Running Club

Place	Time	Name	Race Age Category	Race No	Race Place
90	0:34:55	COULSON, Phil	Men under 40	1037	93
94	0:35:09	STEPHENS, Jonathon	Men under 40	981	98
272	0:41:09	KELLY, David	Men 55-59	957	296
456	**1:51:13**	**Totals**			

23 : Southport Waterloo AC

Place	Time	Name	Race Age Category	Race No	Race Place
124	0:36:39	McGRATH, Robert	Men 45-49	813	133
169	0:38:13	McLEAN, Steve	Men 50-54	495	183
187	0:38:49	GODDARD, Matthew	Men under 40	1377	203
480	**1:53:41**	**Totals**			

24 : Blackburn Harriers & AC

Race	Race

Place	Time	Name	Race Age Category	No	Race Place
155	0:37:46	BRIDGE, Jonathan	Men 45-49	851	167
160	0:37:59	PAIGE, Harry	Junior Men	1045	173
165	0:38:06	DE LUCA, Riccardo	Men under 40	1254	179
480	**1:53:51**	**Totals**			

25 : Ilkley Harriers AC

Place	Time	Name	Race Age Category	No	Race Place
154	0:37:45	HEAVISIDES, Henry	Men 55-59	858	166
162	0:38:03	ILEY, Mark	Men 50-54	207	175
178	0:38:31	CHAPMAN, Bradley	Junior Men	527	192
494	**1:54:19**	**Totals**			

26 : Wigan Phoenix

Place	Time	Name	Race Age Category	No	Race Place
81	0:34:34	HILTON, James	Men under 40	913	84
199	0:39:15	FOSTER, Kevin	Men under 40	950	215
222	0:39:53	MARSHALL, Paul	Men 40-44	717	242
502	**1:53:42**	**Totals**			

27 : Bingley Harriers & AC

Place	Time	Name	Race Age Category	No	Race Place
91	0:34:58	CONVERY, John	Men 50-54	165	94
110	0:36:09	ROBINSON, James	Men under 40	101	116
303	0:41:51	KHAN, Waheed	Men under 40	1136	331
504	**1:52:58**	**Totals**			

28 : Keighley & Craven AC

Place	Time	Name	Race Age Category	No	Race Place
117	0:36:28	THOMAS, Adrian	Men 40-44	595	126
151	0:37:40	SPENCER, Liam	Men under 40	709	163
245	0:40:28	PRESTON, Stuart	Men under 40	577	267
513	**1:54:37**	**Totals**			

29 : Trawden AC

Place	Time	Name	Race Age Category	No	Race Place
159	0:37:56	LORD, David	Men 50-54	861	172
163	0:38:03	BROWN, Paul	Men under 40	246	176
192	0:39:01	QUIGLEY, Chris	Men 40-44	836	208
514	**1:55:00**	**Totals**			

30 : Preston Harriers

Place	Time	Name	Race Age Category	No	Race Place
161	0:37:59	DURNEY, Alan	Men 45-49	614	174
171	0:38:17	JUDD, Kingsley	Junior Men	191	185
184	0:38:42	HUNT, Kevin	Men 40-44	979	200
516	**1:54:58**	**Totals**			

31 : Blackburn Harriers & AC

Place	Time	Name	Race Age Category	No	Race Place
172	0:38:19	PEARSE, Gary	Men 45-49	254	186
181	0:38:37	FOLEY, Steven	Men 45-49	243	196
203	0:39:28	PHILLIPS, Morgan	Junior Men	1113	220
556	**1:56:25**	**Totals**			

32 : Accrington Road Runners

Place	Time	Name	Race Age Category	No	Race Place
88	0:34:51	LIVESEY, Shaun	Men under 40	1148	91
234	0:40:07	WALTON, Chris	Men under 40	1043	255
239	0:40:15	CALVERLEY, Paul	Men 45-49	370	260
561	**1:55:14**	**Totals**			

33 : Altrincham & District AC

Place	Time	Name	Race Age Category	No	Race Place
166	0:38:07	BERKS, Michael	Men under 40	1056	180
180	0:38:35	FULLER, Adrian	Men under 40	1035	195
218	0:39:48	HILL, Pete	Men 50-54	767	238
564	**1:56:30**	**Totals**			

34 : Lytham St Annes Road Runners

Place	Time	Name	Race Age Category	No	Race Place
167	0:38:08	CRUSE, Peter	Men 50-54	197	181
175	0:38:23	HOWARTH, Thomas	Men under 40	217	189
224	0:39:55	WEBSTER, Graham	Men 60-64	1138	244
566	**1:56:26**	**Totals**			

35 : Deeside AAC

Place	Time	Name	Race Age Category	No	Race Place
54	0:33:20	JONES, Lee	Men 40-44	754	54
146	0:37:33	BROMLEY, Andrew	Men under 40	409	157
373	0:43:44	CHALLINOR, Kevin	Men 50-54	395	416
573	**1:54:37**	**Totals**			

36 : Horwich RMI Harriers

Place	Time	Name	Race Age Category	No	Race Place

98	0:35:26	HOWARTH, Richard	Men under 40	1176	102
240	0:40:16	HAMER, Ian	Men 50-54	684	261
243	0:40:22	KASABOV, Bozhidar	Men under 40	372	265
581	**1:56:04**	**Totals**			

37 : Blackburn Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
208	0:39:34	BLEASDALE, Mark	Men 40-44	815	226
217	0:39:47	MAYNARD, Daniel	Men under 40	611	237
247	0:40:29	HARTLEY, Allan	Men under 40	1234	269
672	**1:59:50**	**Totals**			

38 : Wharfedale Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
144	0:37:29	TREITL, Nick	Men under 40	110	155
148	0:37:35	SANDAMAS, Mark	Men 45-49	509	159
391	0:44:15	THISTLETHWAITE, Michael	Men under 40	774	440
683	**1:59:19**	**Totals**			

39 : Oldham & Royton Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
135	0:37:02	NEWTON, Chris	Men under 40	276	145
232	0:40:06	MARSDEN, Andrew	Men under 40	1022	253
326	0:42:18	KENNERLEY, Dominic	Men under 40	1028	358
693	**1:59:26**	**Totals**			

40 : Bolton United Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
212	0:39:40	GREGORY, Ian	Men under 40	1340	230
228	0:39:57	POVEY, Chris	Men under 40	443	248
261	0:40:51	JOHNSON, Dean	Men under 40	297	285
701	**2:00:29**	**Totals**			

41 : Trawden AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
196	0:39:04	CROLL, David	Men 50-54	189	212
258	0:40:50	BOOTH, Lee	Men 40-44	1359	282
260	0:40:50	POTTER, Dave	Men under 40	1402	284
714	**2:00:45**	**Totals**			

42 : Preston Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
211	0:39:39	YOUNG, Stephen	Men under 40	766	229
229	0:39:58	WALSH, Phil	Men 55-59	671	249
283	0:41:28	COWLING, Peter	Men 45-49	554	309
723	**2:01:05**	**Totals**			

43 : Rossendale Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
176	0:38:27	TOMS, Michael	Men 45-49	920	190
237	0:40:11	FELL, Andrew	Men under 40	904	258
314	0:42:02	SAVAGE, Robert	Junior Men	797	342
727	**2:00:41**	**Totals**			

44 : Sale Harriers Manchester

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
138	0:37:04	TOWNLEY, Steven	Men under 40	998	148
253	0:40:36	BOULTON, Daniel	Men under 40	1009	275
338	0:42:42	SMITH, Jerry	Men 55-59	665	373
729	**2:00:22**	**Totals**			

45 : Lancaster & Morecambe AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
128	0:36:47	ROWLANDS, Kieran	Men under 40	589	137
157	0:37:49	SMITH, Beau	Junior Men	719	169
446	0:45:32	HALEY, Andrew John	Men 45-49	1225	504
731	**2:00:08**	**Totals**			

46 : Skipton AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
97	0:35:24	HOOD, Julian	Men under 40	810	101
183	0:38:40	COLDICOTT, Ian	Men 40-44	394	198
454	0:45:43	DESGRANGES, Mark	Men under 40	449	513
734	**1:59:48**	**Totals**			

47 : Southport Waterloo AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
214	0:39:41	CAIN, Paul	Men 45-49	358	232
226	0:39:57	CARY, Richard	Men 45-49	114	246
304	0:41:52	BAILEY, Philip	Men 60-64	989	332
744	**2:01:30**	**Totals**			

48 : Red Rose Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*

225	0:39:55	PENDERCAST, Andrew	Men under 40	1354	245
249	0:40:30	WHITNEY, Steven	Men 45-49	808	271
277	0:41:14	PINON SHAW, Jose	Men 40-44	828	302
751	**2:01:39**	**Totals**			

49 : East Cheshire Harriers & Tameside AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
137	0:37:04	SLOAN, John	Men under 40	832	147
248	0:40:30	BROWNE, Gavin	Men under 40	597	270
372	0:43:40	FAULKNER, Tony	Men 40-44	1277	415
757	**2:01:15**	**Totals**			

50 : Ilkley Harriers AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
209	0:39:37	MORLEY, Steve	Men 40-44	911	227
210	0:39:38	JOYNSON, Ben	Men under 40	693	228
343	0:42:54	BUCKTON, Will	Men under 40	454	379
762	**2:02:09**	**Totals**			

51 : Blackburn Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
182	0:38:39	COOK, Jason	Men 45-49	538	197
287	0:41:36	BIRTWISTLE, David	Men under 40	320	315
308	0:41:56	KERRY, Martin	Men 50-54	944	336
777	**2:02:11**	**Totals**			

52 : ABC Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
202	0:39:22	BATES, Terry	Men 50-54	1053	218
252	0:40:35	MORGAN, Tony	Men 40-44	696	274
324	0:42:16	BIRCH, Gary	Men under 40	775	356
778	**2:02:13**	**Totals**			

53 : Border Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
80	0:34:28	BELL, Kevin	Men under 40	1032	83
107	0:35:59	MILLICAN, Graham	Men under 40	848	112
599	0:50:20	CAMPBELL, Peter	Men 50-54	388	718
786	**2:00:47**	**Totals**			

54 : Kirkstall Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
136	0:37:03	HEWITT, Philip	Men under 40	687	146
250	0:40:31	ROCKS, Martin	Men under 40	1100	272
405	0:44:35	MEALEY, Liam	Men under 40	633	457
791	**2:02:09**	**Totals**			

55 : Clayton le Moors Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
236	0:40:09	SHUTTLEWORTH, Colin	Men 50-54	180	257
262	0:40:52	HOGAN, Michael	Men 45-49	764	286
310	0:41:59	TAYLOR, Mark	Men under 40	609	338
808	**2:03:01**	**Totals**			

56 : Bolton United Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
265	0:40:58	KEARNEY, Peter	Men 40-44	1328	289
267	0:41:01	TROUGHTON, Ben	Men under 40	257	291
280	0:41:23	BENTLEY, Daryl	Men 40-44	479	305
812	**2:03:22**	**Totals**			

57 : Chorley Athletic & Triathlon Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
197	0:39:14	HIGSON, Jonathan	Men under 40	655	213
312	0:42:00	BECKETT, William	Men 45-49	1014	340
317	0:42:10	KHATTAB, Hassan	Men 40-44	273	347
826	**2:03:24**	**Totals**			

58 : Wesham Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
251	0:40:34	EATON, Simon	Men 40-44	1003	273
273	0:41:10	SHEPHERD, Nigel	Men 50-54	445	297
305	0:41:52	MABBETT, Russell	Men 45-49	53	333
829	**2:03:36**	**Totals**			

59 : Otley AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
190	0:38:59	SMITH, Richard	Men under 40	743	206
266	0:41:01	POTTER, Tom	Men under 40	588	290
392	0:44:16	BESWICK, Mark	Men under 40	309	441
848	**2:04:16**	**Totals**			

60 : Manchester Frontrunners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*

215	0:39:45	GUILDFORD, Jono	Men under 40	932	234
292	0:41:40	RASO, Roberto	Men 45-49	1189	320
366	0:43:35	KEYNES, Greg	Men 55-59	586	409
873	**2:05:00**	**Totals**			

61 : Bolton United Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
281	0:41:25	DOYLE, Andrew	Men 40-44	1127	307
288	0:41:36	FOWLER, Kenneth	Men 60-64	984	316
320	0:42:12	LANG, Matt	Men under 40	1327	351
889	**2:05:14**	**Totals**			

62 : Blackpool Wyre & Fylde AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
102	0:35:36	WATERHOUSE, Steve	Men 40-44	888	106
168	0:38:11	OLIVER, John	Men 40-44	966	182
633	0:51:46	TWIZELL, David	Men 55-59	567	767
903	**2:05:33**	**Totals**			

63 : Glossopdale Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
92	0:34:59	JACKSON, Tom	Men under 40	466	95
315	0:42:05	McGRAW, Neil	Men under 40	175	345
536	0:48:13	McGRAW, Neville	Men 65-69	174	623
943	**2:05:17**	**Totals**			

64 : Clayton le Moors Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
311	0:42:00	ROSCOE, Nick	Men 40-44	488	339
321	0:42:13	WILCOCK, John	Men 50-54	581	352
329	0:42:24	BISCOMB, Stephen	Men 55-59	514	362
961	**2:06:37**	**Totals**			

65 : St Helens Striders

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
306	0:41:54	MIDDLETON, Brian	Men 60-64	1265	334
336	0:42:38	FEGAN, Danny	Men 45-49	959	369
341	0:42:52	DEMORE, Paul	Men 45-49	1339	377
983	**2:07:24**	**Totals**			

66 : Trawden AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
263	0:40:55	CAMPBELL, Chris	Men 40-44	1161	287
331	0:42:28	CATLOW, James	Men under 40	1011	364
395	0:44:21	SMITH, David	Men 45-49	1159	445
989	**2:07:44**	**Totals**			

67 : Craven Energy Triathlon Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
231	0:40:01	FOTHERGILL, Ian	Men under 40	695	252
246	0:40:29	WARDLEWORTH, Daniel	Men under 40	1236	268
538	0:48:16	HARRIS, Paul	Men under 40	1318	626
1015	**2:08:46**	**Totals**			

68 : Hyde Park Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
164	0:38:04	HENDERSON, Scott	Men under 40	1423	177
418	0:44:53	JONES, Chris	Men 55-59	1047	474
442	0:45:25	WOMERSLEY, David	Men 60-64	486	500
1024	**2:08:23**	**Totals**			

69 : Preston Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
298	0:41:44	CLEMSON, Jonathan	Men 40-44	928	326
316	0:42:07	APPLEBY, Alan	Men 65-69	262	346
414	0:44:49	PEET, Ritchie	Men under 40	321	469
1028	**2:08:40**	**Totals**			

70 : Accrington Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
276	0:41:13	BUSH, Andrew	Men 45-49	1134	301
358	0:43:21	RIDEHALGH, Anthony	Men under 40	221	397
401	0:44:27	OSBORNE, Jamie	Men under 40	485	451
1035	**2:09:01**	**Totals**			

71 : Blackburn Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
332	0:42:30	HOWE, Joseph	Junior Men	292	365
353	0:43:13	DAVIES, Christopher	Men under 40	62	392
381	0:44:01	COOKSON, John	Men 40-44	399	426
1066	**2:09:44**	**Totals**			

72 : Bingley Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
318	0:42:10	HAYNES, Les	Men 70-74	1007	348

375	0:43:44	GIBBS, Fred	Men 70-74	218	418
383	0:44:03	ECCLES, Rob	Men 50-54	255	428
1076	**2:09:57**	**Totals**			

73 : Chorley Athletic & Triathlon Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
330	0:42:25	BURGESS, Jonathon	Men under 40	1165	363
349	0:43:07	BOND, Mark	Men under 40	1360	387
399	0:44:25	HENDRY, Michael	Men under 40	657	449
1078	**2:09:58**	**Totals**			

74 : Clayton le Moors Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
346	0:42:57	DUGDALE, Andrew Mark	Men 50-54	617	383
363	0:43:31	BRISCOE, Richard	Men under 40	1018	405
393	0:44:19	WILDMAN, Brian	Men 45-49	268	443
1102	**2:10:47**	**Totals**			

75 : Ilkley Harriers AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
351	0:43:11	CHAPMAN, Neil	Men 55-59	528	389
356	0:43:19	BENNETT, Adam	Men under 40	57	395
408	0:44:36	JENKINS, Simon	Men 45-49	339	460
1115	**2:11:07**	**Totals**			

76 : Altrincham & District AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
296	0:41:42	LIVINGSTONE, David	Men 40-44	354	324
388	0:44:10	BURGESS, Ken	Men 70-74	512	436
461	0:45:52	ANDERSON, David	Men 40-44	1117	520
1145	**2:11:44**	**Totals**			

77 : Northern Veterans AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
361	0:43:28	ATKINSON, David	Men 50-54	314	403
390	0:44:14	McGLYNN, Stephen	Men 50-54	64	439
417	0:44:52	BROWN, Tony	Men 60-64	245	473
1168	**2:12:34**	**Totals**			

78 : Red Rose Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
371	0:43:40	BRYDEN, Doug	Men 45-49	348	414
407	0:44:36	EARNSHAW, Luke	Men under 40	177	459
409	0:44:37	EARNSHAW, Dave	Men 55-59	176	461
1187	**2:12:52**	**Totals**			

79 : Wesham Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
335	0:42:35	KENNEDY, George	Men 55-59	1376	368
429	0:45:09	MOSS, Christopher	Men 45-49	868	487
455	0:45:45	HUDSON, Alan	Men 60-64	123	514
1219	**2:13:29**	**Totals**			

80 : Hyndburn Athletic Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
377	0:43:50	ROSS, Callum	Junior Men	1260	420
413	0:44:47	MOYNIHAN, David	Men 45-49	922	468
457	0:45:48	HUTCHINSON, Nicholas	Men 45-49	1052	516
1247	**2:14:25**	**Totals**			

81 : Trawden AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
411	0:44:44	McDONALD, John	Men 45-49	128	466
419	0:44:54	COYNE, Tim	Men 40-44	401	475
434	0:45:16	HOWARD, Adam	Men under 40	342	492
1264	**2:14:54**	**Totals**			

82 : Clayton le Moors Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
400	0:44:26	HALL, Alun	Men 50-54	1343	450
437	0:45:21	FLETCHER, Damian	Men under 40	900	495
439	0:45:21	SCOTT, David	Men 65-69	52	497
1276	**2:15:09**	**Totals**			

83 : Lytham St Annes Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
313	0:42:00	ASHWORTH, Kevin	Men 40-44	1168	341
424	0:45:00	QUARMBY, Steve	Men 50-54	1173	482
568	0:49:04	STEVENS, Roy	Men 60-64	1306	667
1305	**2:16:04**	**Totals**			

84 : Trawden AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
443	0:45:27	PICKLES, John	Men 45-49	325	501

459	0:45:50	MARSH, Derrick	Men 50-54	1106	518
462	0:45:53	KAYE, Harry	Junior Men	1031	521
1364	**2:17:10**	**Totals**			

85 : Keighley & Craven AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
367	0:43:35	CANN, Sam	Men 50-54	533	410
422	0:44:57	GREEN, Andrew	Men 60-64	72	478
581	0:49:26	WADDINGHAM, Keith	Men 50-54	534	685
1370	**2:17:58**	**Totals**			

86 : Manchester Frontrunners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
398	0:44:24	GIBERT, Nico	Men under 40	1271	448
474	0:46:25	BATESON, Graham	Men 45-49	508	541
529	0:48:07	TOMASSO, Angelo	Men under 40	1167	614
1401	**2:18:56**	**Totals**			

87 : Bingley Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
441	0:45:25	KINGHAM, Tony	Men 65-69	242	499
458	0:45:48	SMITH, Michael	Men 70-74	924	517
520	0:47:47	BUCKLEY, George	Men 70-74	921	601
1419	**2:19:00**	**Totals**			

88 : Blackburn Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
473	0:46:24	DOHERTY, Kevin	Men 40-44	1006	540
484	0:46:51	ORRELL, John	Men 45-49	1021	552
497	0:47:08	WILKINSON, Paul	Men 40-44	498	568
1454	**2:20:23**	**Totals**			

89 : Forbes Solicitors

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
386	0:44:07	HOLDEN, Jonathan	Men under 40	34	434
525	0:47:55	LEE-SMITH, Darren	Men under 40	36	607
580	0:49:23	BRIERLEY, Tony	Men 55-59	37	683
1491	**2:21:26**	**Totals**			

90 : Red Rose Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
421	0:44:56	WOAN, Paul	Men 40-44	1358	477
514	0:47:38	MATTHEW, Ian	Men 40-44	71	593
558	0:48:46	HYDE, John	Men 55-59	1417	655
1493	**2:21:20**	**Totals**			

91 : Blackburn Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
485	0:46:52	WHITE, Phil	Men 60-64	871	553
492	0:47:04	JACKSON, Robert	Men 45-49	801	563
535	0:48:13	WEISTERS, Duncan	Men under 40	604	622
1512	**2:22:09**	**Totals**			

92 : Valley Striders AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
347	0:42:59	TOWLER, Tim	Men 50-54	169	385
433	0:45:14	GREEN, Eric	Men 55-59	798	491
768	1:08:23	MAY, Andrew	Men under 40	670	1060
1548	**2:36:37**	**Totals**			

93 : Wesham Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
498	0:47:09	TAYLOR, Alan	Men 40-44	300	569
500	0:47:12	WAYWELL, Dave	Men 65-69	198	572
595	0:50:05	WHAITES, Andrew	Men under 40	1280	708
1593	**2:24:26**	**Totals**			

94 : Accrington Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
511	0:47:34	CLARK, Craig	Men 40-44	510	590
557	0:48:42	GRAHAM, David	Men 55-59	420	654
564	0:49:00	HARTLEY, Michael	Men 40-44	960	663
1632	**2:25:16**	**Totals**			

95 : Blackburn Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
522	0:47:48	FURNESS, Stuart	Men 60-64	1364	603
549	0:48:28	CARR, Michael	Men under 40	323	639
562	0:48:55	BALLANTYNE, Dougie	Men 45-49	543	660
1633	**2:25:12**	**Totals**			

96 : Swinton Running Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
430	0:45:11	GOLDING, Antony	Men under 40	821	488

569	0:49:04	GUY, David	Men 50-54	1235	668
649	0:52:25	HART, Steve	Men 50-54	1206	794
1648	**2:26:40**	**Totals**			

97 : Bolton United Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
337	0:42:40	HOWARTH, Nick	Men 50-54	570	372
642	0:52:12	GRIMSHAW, John	Men 40-44	503	782
673	0:53:20	LOMAX, Shaun	Men 40-44	362	829
1652	**2:28:12**	**Totals**			

98 : Skipton AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
479	0:46:35	KENNY, Triss	Men 45-49	55	546
552	0:48:35	HOLMES, Andrew	Men under 40	867	646
679	0:53:36	FOTHERGILL, Michael George	Men 55-59	855	838
1710	**2:28:46**	**Totals**			

99 : Preston Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
469	0:46:21	JACKSON, Steven	Men 50-54	70	536
590	0:49:48	FOLEY, Martin	Men 45-49	742	700
660	0:52:44	ROBERTS, David	Men 65-69	515	809
1719	**2:28:53**	**Totals**			

100 : Clayton le Moors Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
476	0:46:31	BRADY, Martin	Men 50-54	640	543
565	0:49:01	SMITH, Geoff	Men under 40	1240	664
691	0:54:23	TREITL, Richard	Men 55-59	109	863
1732	**2:29:55**	**Totals**			

101 : Chorley Athletic & Triathlon Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
506	0:47:24	RILEY, Jason	Men under 40	880	581
574	0:49:07	BAKER, Stephen	Men 50-54	286	673
734	0:58:12	SHUTTLEWORTH, James	Junior Men	1418	959
1814	**2:34:44**	**Totals**			

102 : Blackburn Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
554	0:48:36	SHARP, Michaew	Men 40-44	432	648
629	0:51:36	BALL, Chris	Men 50-54	371	763
631	0:51:42	DICKINSON, Chris	Men 40-44	714	765
1814	**2:31:55**	**Totals**			

103 : Blackburn Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
576	0:49:16	GUINAN, Paul	Men 40-44	796	679
577	0:49:16	GUINAN, Elliot	Junior Men	1307	680
713	0:56:40	BUCKINGHAM, Jack	Junior Men	238	922
1866	**2:35:12**	**Totals**			

104 : Wesham Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
625	0:51:20	CARTER, Paul	Men 40-44	369	753
646	0:52:18	LEAVER, Philip	Men 55-59	497	789
677	0:53:27	BROWN, Doug	Men 75+	1295	834
1948	**2:37:06**	**Totals**			

105 : Sweatshop

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
594	0:50:04	LANCASTER, Tomas	Men under 40	1109	707
628	0:51:31	SULLIVAN, Tim	Men 45-49	1255	759
751	1:00:08	KIPPAX, Adam	Junior Men	1258	995
1973	**2:41:44**	**Totals**			

106 : Forbes Solicitors

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
606	0:50:40	BECKETT, Michael	Men 55-59	40	728
671	0:53:17	MYLES, John	Men 55-59	32	826
699	0:55:19	BECKETT, Lee	Men under 40	39	884
1976	**2:39:17**	**Totals**			

107 : Keighley & Craven AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
623	0:51:12	McKECHNIE, Dave	Men under 40	73	749
624	0:51:19	TOMES, Jonny	Junior Men	1246	752
738	0:58:19	MINIKIN, Tony	Men 70-74	566	964
1985	**2:40:50**	**Totals**			

108 : Accrington Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
600	0:50:22	WILCOCK, Ian	Men 65-69	771	719
708	0:56:15	KEIGHLEY, Stewart	Men 55-59	644	912

725	0:57:30	MALLABY, David	Men 50-54	1030	944
2033	**2:44:07**	**Totals**			

109 : Blackburn Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
683	0:54:07	GREENHALGH, Craig	Men 45-49	436	849
685	0:54:11	WALMSLEY, Paul	Men 50-54	330	851
716	0:56:52	BOARDMAN, Andrew	Men 40-44	936	927
2084	**2:45:10**	**Totals**			

110 : Accrington Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
750	0:59:58	SNAPE, Geoff	Men 60-64	1398	993
762	1:03:46	HEPPENSTALL, David	Men 65-69	636	1034
764	1:04:29	DAVIES, Steve	Men 70-74	1149	1040
2276	**3:08:14**	**Totals**			