

Andems Runners assisted by Rochdale Harriers present
The Geoff Doggett Memorial 5K Cowm Trail Race.
(Association of Running Clubs laws. Permit No)

7pm Tuesday 1st May 2018 from the Cock & Magpie Pub, Cockhall Lane, Whitworth, Rochdale, OL12 8BJ. (A671 Burnley Rd)

Andems are staging this accurately measured 5K (Cert No) in memory of Geoff who dedicated his life to Athletics and, in particular, Salford Harriers.

Proceeds to include Springhill Hospice, Mollie Campbell.

There will be **one** lap for U/13's, same start time, entry fee £2.00.

Entry Fee £4.00 to Club Runner. £6.00 unaffiliated. £1.00 extra on night.

Cheques payable Andems Runners GDR to:

Andy O'Sullivan, MBE, 40 Crowshaw Drive, Rochdale OL12 OSR

Enqs on info@andemsrunners.co.uk

Collect Race Numbers on Night. Please park at Cowm Park Way South and pool Vehicles.

Extensive Prize list in all categories. Prize to All finishers. Scenic course.

£50.00 for new Course Record!!! Please use this 5K as Counter in Club Championships/Grand Prix.

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Geoff Doggett 5k 2018

Name..... Age Sex

Address.....

Club (If Any)..... Tel No.....

I accept that Andems Runners cannot be held responsible for any injury, loss or damage, incurred before, during or after this 5K. I enter at my own risk and am physically fit to race

Signed Dated

(By Adult if U/18)

(from ukresults.net)