



# Wolds Veteran RC

Present



## 30<sup>th</sup> Lincolnshire Wolds 10 Mile Road Race Known as "The Tough Ten"

### Saturday 1<sup>st</sup> September 2012 11.00

Blacksmiths Arms, Rothwell, Lincs LN7 6AZ

Good food and real ale.

UNDER U.K.ATHLETICS RULES, CERTIFIED ACCURATE COURSE LICENCE NUMBER 7968

### VOTED 4TH BEST RACE IN RUNNERS WORLD FOR 2011

A scenic, undulating course on quiet country roads in the beautiful Lincolnshire Wolds

### LONG SLEEVED TECHNICAL T SHIRT TO ALL FINISHER

**Race limit 250, this will be reached, so enter early.**

£100 CASH FOR 1ST MALE AND FEMALE, CASH PRIZES IN ALL AGE CATEGORIES

£100.00 bonus for any winner who breaks the course record.

RECORDS: Male - 50.41, John Clark, Grimsby Harriers 1984, Female 61.58, Jane Colebrook, Wolds Vets 1996

**NO WALKERS PLEASE, TIME LIMIT 2 HOURS 15 MINUTES,**

**ALL SUPPORT WILL BE WITHDRAWN AFTER THIS TIME**

**Entries to:** S Green, 142 St Nicholas Drive, Grimsby, DN37 9RF [stgreen1950@gmail.com](mailto:stgreen1950@gmail.com) 01472 310861

**Entry Fees:** Affiliated club £11.00 (Unattached £13.00)

Cheques payable to Wolds Veteran RC, enclose SAE, IF NO SAE, NO NUMBER WILL BE SENT OUT.

**Age Limit:** 17 & Over on the day of the race **Closing Date:** Postal 21<sup>st</sup> August 2012

ON-LINE ENTRY AT [www.ukforms.net](http://www.ukforms.net)

**ENTRY FORM Lincolnshire Wolds 10 Mile Dont forget correct postage.  
If the event has to be cancelled, it will be rescheduled, there will be no refunds given.**

Name ..... Male/Female DOB.....

Address .....

..... Post Code .....

Contact email address/Tel No .....

Club .....UKA Licence Number.....

**T SHIRT SIZE, PLEASE CIRCLE S. M. L. XL.**

**Entries after closing date may NOT have choice of T Shirt size**

**Declaration:** I declare that the above details are correct, am physically fit to take part in the event and do so at my own risk. I understand the organisers of the event will not be held responsible for any injury, sickness or loss as a result of my taking part.

Signed .....

Date .....

