



# The 3<sup>rd</sup> Charing 10K

Plus 1 mile Children's Race

Saturday 1<sup>st</sup> September 2012 at 10.30am

Supporting Charing School

Held under UK Athletic Rules. UKA permit applied for

A race in and around the village of Charing – suitable for all standards.

**\*\* Electronic Timing \*\***

**\*\* Medal to all finishers \*\***

**Prizes/trophies for:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Males, First Male Senior, Vet Categories 1-7, First Male Team (of 3)  
1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Ladies, First Lady Senior, Vet Categories 1-7, First Lady Team (of 3)  
1<sup>st</sup> Charing Mum and 1<sup>st</sup> Charing Dad; 1<sup>st</sup> Husband and Wife

Prize giving and presentations in the School approx 60 minutes after first runner home

**Venue: Charing School, School Road, Charing, Kent**

**Toilets, changing facilities, baggage area and refreshments available**

ENTRY FEE: 10K £12.00 attached £14.00 unattached £2.00 extra on the day  
Children's Race £2.00 £0.50 extra on the day

ENTRY LIMIT: 350. Closing date is 25<sup>th</sup> August but entries accepted on day subject to availability

PLEASE ENCLOSE: large SAE. CHEQUES: Payable to 'Nice Work'

ENTRIES: Race Director, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA

**ENTER ONLINE [www.runnersworld.co.uk/events](http://www.runnersworld.co.uk/events) or [www.nice-work.org.uk](http://www.nice-work.org.uk)**

Please enter me for the Charing 10K [  ] Children's Race [  ]

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

AGE ON 1/09/2012 \_\_\_\_\_ Sex: Male/Female (delete as applicable)

ADDRESS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Post Code \_\_\_\_\_

TELEPHONE NO \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

RUNNING CLUB \_\_\_\_\_ Affiliated Yes/No. Estimated Time \_\_\_\_\_

I declare I will be over 15 years of age on 1/9/12 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions.

From ukresults.net

SIGNATURE.....DATE.....

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [  ]