



By kind permission of  
Lord Barnard.  
UKA License Number  
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## TEESDALE ATHLETIC CLUB

# Raby Castle 10km 10<sup>th</sup> Anniversary

(Course Measurement Certificate No. 04/021)

## Plus 5km Fun Run.

Staindrop, Darlington, Co. Durham

# Sunday 27th May, 2012

PLEASE NOTE: Due to the fantastic location that is a park complete with herds of deer, the entrance and exit of traffic needs to be strictly controlled. Final arrangements will be detailed in the race instructions but note parking may be 15 minutes walk from start.

5km Fun Run 10.30 am  
10km Run 11.15 am

Mementoes to all  
finishers  
&  
Prizes for leading  
finishers

£100 bonus for male  
and female course  
record.

Male: 31:14 - Martin Scaife, 2008.  
Female: 35:54 - Sarah Tunstall,  
2009

### Entry Form

Please complete in block capitals

Surname ..... Male / Female (please delete)  
First Name ..... Date of Birth ..... Age on day of race.....  
Address ..... Athletic Club .....  
..... UKA Reg. No. ....  
..... Telephone No .....  
Post Code ..... E-mail .....

Note: Provision of email address authorises Teesdale AC to email holder for purposes of Teesdale AC Race information only.

10km Race (Min. age 15 years): Entry Fee  £10 affiliated  £12 unaffiliated  
5km Fun Run: Entry Fee  £5

Total Enclosed £

Please send SAE with cheque made payable to Teesdale A. C to: Raby 10k, Lilac Cottage, Whorlton, Barnard Castle, Co. Durham. DL128XA  
**Closing date for: - Postal entries Friday 13th May, 5km accepted ONLY up to 09:45am on race day, 10k accepted ONLY up to 10:30am on race day. Entries on day additional £2 per entrant**  
Please ensure you attach stamps of the correct value to your envelopes. Teesdale AC takes no responsibility for non-delivery.

DECLARATION: I declare that my participation in this event is entirely my own risk and that none of the organisers or sponsors of the event, nor their members, servants or agents shall be liable in any way whatsoever in connection with any loss, damage, injury or death either caused to, or suffered by or caused by me. Neither are they responsible for any of my personal property lost, stolen or damaged. The organisers reserve the right to refuse entry.

Signature..... Date.....  
[Parent/Guardian to sign if the applicant is under 18yrs of age on the day of the event]

Sponsored by.



Barnard Castle

Décor & Carpet  
Centre