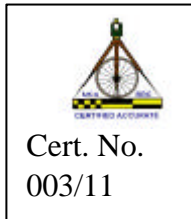




The Central Lancashire 5K



Held under UK Athletics Rules. Permit No. (applied for)

Promoted and presented by Bolton United Harriers & A.C.
on behalf of the Central Lancashire Grand Prix

At 10.30 am. Sunday 19th February 2012
Leverhulme Park, Long Lane, Bolton.

Registration at Athletics Track, Bolton. BL2 6EB.

Men's Prizes

1st 5 Senior
1st / 2nd 040
1st / 2nd 045
1st / 2nd 050
1st 055
1st 060
1st 065+
1st U20

One person one prize.
Race in age category except main race

Entry Fee : £5 Affiliated : £8 Unaffiliated

Entry Day £1 extra

Women's Prizes

1st 3 Senior
1st / 2nd 035
1st / 2nd 040
1st / 2nd 045
1st 050
1st 055
1st 060+
1st U20

1st Team (3 to count)



1st Team (3 to count)

Must be 14 years or over. Race Limit 300. No entries on day if reached.
Course suitable for all levels but not wheelchairs.
See <http://www.ukforms.net/> for online entry

Mail entry form to: -
Central Lancashire 5K
34 Turton Heights
Bolton
BL2 3DU

Name _____

Address _____

Post Code _____ Male / Female. Age _____

Club _____ EA Number _____

Email _____

Admin use

Collect numbers on the Day (include email address for confirmation)

Waiver: I am an amateur as defined by the rules of UK Athletics and agree to abide by their rules. I understand the organisers will not be held responsible for any loss, injury or illness, which may result from my taking part in this race.

Signature _____ date _____ Signature (Parent / Guardian for U18) _____

Cheques Payable to "Bolton United Harriers".

From ukresults.net