UP & RUNNING Liverpool

And Skelmersdale Boundary Harriers **Present**

42nd PARBOLD HILL RACE

Approx 6.75miles Multi Terrain

Saturday 11 Feb 2012 – 2.00pm

(Under ARC Rules)

Start/Finish Richard Durning's Endowed Primary School,
Chorley Rd, Bispham, Nr. Parbold. L40 3SL

£1,000 +Prize List - Individual & Team Challenge Trophies

Men: 1st (Val £125) to 10th Inclusive **Ladies: 1st** (Val £85) to 6th Inclusive

Teams: 1st 4 counters per club, male, 3 counters per club, female (No team fee) value £20 each runner

Vets: Men: o/40,45,50,55,60,65,70 **Val £20 each** **Ladies: o/35,40,45,50,55,60**

>>>>Any Vet finishing in 1st 10 men or 1st 6 ladies, is not eligible also for the veteran's prize list<<<<

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INDIVIDUAL ENTRY FEES:-

Affiliated: £5.50, Unattached: £7.50 + £1.50 on day (Limited)

Payable to: **Parbold Hill Race Acc.** c/o John Thompson, 90 The Hawthorns, Eccleston, Chorley, Lancs. PR7 5QW Tel: 01257 453778

E-Mail: jl.woodburn@virgin.net

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Parking At Hilldale Village Hall; Church car park opposite, & Farmer's Arms

!!! NO ROAD PARKING AT ALL !!!

Changing facilities (limited) at Durning's School

Send your details: include **SAE** for return of number. Postal Entries close **7th Feb 2012**

Cut. . ✂ .. . .

Individual Entry Form (May be photocopied)

Name: Mr/Mrs/Miss …….. …….. ……..Age on Race day (16 Min)……..

Address: ……..……..…….

Affiliated Club ……Telephone No……

I Declare that I am an amateur as defined under **AAA, ARC & NCCU** laws, and that I abide by their rules. I also understand that the above Club or Associate members will not be held responsible for any injury, howsoever caused to me, by participation in the above event, or any subsequent loss or damage to my personal property.

Signed……...Date…….Parbold Hill Race /2012

NO Vet's Prize given if age is NOT clearly stated.

Online entries and results available from www.ukresults.net

From ukresults.net