

THE 48TH GEOFF MOULDEN WIMBLEDON TEN MILE ROAD RACE



Prizes sponsored by
JOGSHOP.CO.UK

(Under UK Athletics rules)

Hosted by Hercules Wimbledon Athletics Club • Sunday October 5th 2008 • Start Time : 10am
Wimbledon Park Arena, SW19 • www.wimbledonten.co.uk

- ★ MEASURED COURSE
- ★ ONLINE ENTRIES
- ★ EXTENSIVE PRIZE LIST
- ★ CHANGING FACILITIES
- ★ REFRESHMENTS
- ★ SPECTATOR FRIENDLY
- ★ TRACK START & FINISH
- ★ FREE PARKING

Hercules Wimbledon AC are pleased to welcome you to the 48th running of this event. This year we have an increase in prizes throughout the age groups, a dedicated website and once again, an undulating 3 lap course that will test your preparations to do battle with the hills of SW19!

If you are new to running this is a good race to prepare for London '09.

Entry Fees:

- £10.00 Affiliated UK: Athletics club
 - £12.00 Non-affiliated (this includes £2.00 insurance)
 - £15.00 On the day (pending limit of 500 not reached) See website
- Cheques made payable to **Hercules Wimbledon AC.**

Like to join a club?

all ages, standards, events catered for from track, cross country to road events. Prepare for the race with one of our coaches
www.herculeswimbledonac.org.uk

more info & online entry: www.wimbledonten.co.uk

www.goodrungle.co.uk - training routes - stats - GPS measuring

www.realrunners.co.uk - schools athletic development - www.realrunners.co.uk

Please print clearly-someone has to read this!!!

Minimum age: 16 years of age on day of race

FIRST NAME _____ SURNAME _____ DATE OF BIRTH ____/____/____

ADDRESS _____

MALE FEMALE
PLEASE TICK

POSTCODE _____

CLUB (IF APPLICABLE) _____

HOME No _____

TRIATHLETE AGE GRADED PRIZE
PLEASE TICK IF QUALIFY (1 IRONMAN/HALF OR 3 OLYMPIC DISTANCE IN LAST 12 MONTHS)

MOBILE No _____

EMAIL _____

office use

Data Protection: Your details will be stored on computer for purposes of race administration/results production and supporting sponsors only. Your name, age and finishing time may be published on the internet but no other personal or contact details.

Please enter me for The Geoff Moulden Wimbledon Ten mile road race. A signed entry form will be considered as an acceptance of the governing rules of UK Athletics and a declaration that you are an amateur, are aged over 16, will compete on foot and run entirely at your own risk. No dogs or following cycles. Unfortunately this race is not suitable for wheelchair athletes.

I enclose a cheque for £ _____ made payable to Hercules Wimbledon AC

Signed: _____ Date: _____

PLEASE RETURN TO: Richard Xerri, 181 Crowborough Road, Tooting, London SW17 9QD.

PLEASE ENCLOSE AN A5 SIZE SAE FOR RACE NUMBER AND RACE DETAILS

Contact details: racedirector@wimbledonten.co.uk 07737335296