

'RYDER ROUND' 2008 ENTRY FORM
5K Multi-terrain walk

Sunday 9th March / Sunday 7th September
Start time 1.30pm

The Ryder Round is a series of 2 multi-terrain 5K power walks and family walks which start and finish at Cuerden Hall and follow a route through Cuerden Valley Park.

Entry to the event is: £5.00 – individual entry
£12.00 – family entry

Prizes

1st Female, 1st Male, 1st Family

To enter please send this completed form together with a large SAE and payment (please make cheques payable to "Sue Ryder Care") to:-
Sue Ryder Care - Cuerden Hall, Shady Lane, Bamber Bridge, Preston, PR5 6AZ

Name _____ Male / Female (please circle)

Address _____

Postcode _____ Tel _____ Age on race day _____

Family Entry / Individual Entry (please circle)

Family Member Name: _____ Family Member Name: _____

Family Member Name: _____ Family Member Name: _____

Family Member Name: _____ Family Member Name: _____

I declare that I am medically fit to participate in the Ryder Round. As Parent / guardian I give my permission for the above to take part in this event.

Signed _____ Date: _____

For further information please contact Mandy on 07739 763361 or Louise on 01772 698145

Each and every year Sue Ryder Care, Cuerden Hall has to raise over £250,000 from the voluntary sector in order to continue to provide its specialist high quality care.

Your entry fee will have a direct, positive effect upon the lives of young local adults with life threatening conditions such as Huntington's disease, Multiple Sclerosis, Parkinson's disease, Acquired Brain Injuries and Strokes.