



**MONDAY 25TH AUGUST 2008 START TIME 1.30PM AT SPOFFORTH CRICKET CLUB  
ENTRY FEE - £6 English Athletics Affiliated Members/£8 Unattached.**

**Entries on day £8/£10. (UNDER UKA RULES. PERMIT Applied for)  
(Entry limit 300, last year limit was reached)**

# SPOFFORTH GALA TRAIL RACE 10K (APPROX)

As featured in Runners World

**For 2008 only (due to gas pipeline works) a two lap 10k course on part of the original route. Almost entirely on footpaths, bridleways, fields and tracks so wear appropriate footwear. Parking and toilet facilities available.**

Prize details - Special commemorative medal and goody bags for all. Prizes for 1st 3 Men, 1st 3 Women, Male Vet Categories, Female Vet Categories, and 1st Local, The Coda Cup Champion (From the Parish of Spofforth and Kirk Deighton with Follifoot and Little Ribston)  
>Current course record holder, Darren Bilton: 31.29<  
>Female record holder Pauline Munro: 38.12<

**Bring all the family and enjoy the fun and treats of a traditional village gala, with amusements, crafts and children's races! Sorry, no dogs allowed.**

FOR FURTHER INFORMATION PLEASE CONTACT SPOFFORTH VILLAGE GALA ON 07527 956455 OR EMAIL [ellisclan@tiscali.co.uk](mailto:ellisclan@tiscali.co.uk)  
ENTRIES NO LATER THAN 21ST AUGUST, MINIMUM AGE 16YRS ON RACE DAY. PLEASE COMPLETE AND RETURN YOUR ENTRY FORM WITH ENTRY FEE (CHEQUES MADE PAYABLE TO SPOFFORTH VILLAGE GALA) WITH A LARGE STAMPED ADDRESSED ENVELOPE TO  
7 PARKLANDS, SPOFFORTH, HARROGATE HG3 1DB. LATE ENTRIES UP TO 12.30PM ON THE DAY.

## Childrens Fun Run 12.30 approx 800 metres

PLEASE COMPLETE NEATLY IN BLOCK CAPITALS.

FIRST NAME..... SURNAME.....

ADDRESS.....

AMOUNT PAID

£

POST CODE..... CLUB..... EA MEMBERSHIP NO.....

EMAIL..... TELEPHONE.....

(see above)

MALE  FEMALE  LOCAL  AGE ON RACE DAY.....

SIGNED..... DATE.....

HAVE YOU RUN THIS RACE BEFORE. YES  NO

I accept that the organisers cannot be held responsible for any injury, illness or loss to my person or property however caused and take part entirely at my own risk.  
I am an amateur as defined by NOEAA laws. I understand that my personal details may be stored in the race computer.

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RACE NUMBER