

**CUMBERLAND  
ATHLETIC CLUB**



**MOORCLOSE 10K**  
**TUESDAY 20<sup>TH</sup> MAY 2008**  
**START 7PM MOORCLOSE SPORTS CENTRE**  
**WORKINGTON**

- **Out and back flat course along the Workington to Whitehaven cycleway**
- **Traffic Free**
- **Entry open to all aged 16 and over**
- **UK Athletics Permit applied for**
- **Course well marshalled with markers at each mile, water stations at miles 2 and 4**
- **Prizes in all categories plus free post race buffet**

**ENTRY FEES - £ 5.00 affiliated club members, £ 7.00 for unattached runners**

**HOW TO ENTER**

Complete the form below and return with cheque payable to 'Cumberland AC' to:  
**Paul McKendry, 29 Headlands Drive, Hillcrest, Whitehaven, Cumbria, CA28 6SR.**

*Tel 01946 67047 or email [mckndrloui@aol.com](mailto:mckndrloui@aol.com) for queries*

Enclose a SAE (ideally A5 size) for number and race information. If you would prefer to collect your number on race day return entry form and payment only and you will receive confirmation of entry to the supplied email address. **ALTERNATIVELY** enter on the day at no extra cost.

For further information and results following the event visit [www.cumberlandac.org.uk](http://www.cumberlandac.org.uk)

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Name			
Address			
Email		Postcode	
Please tick if you DO NOT want to receive information in the future from Cumberland AC			<input type="checkbox"/>
Date of Birth		Age on race day	
Club or Unattached			
UKA Number		Gender M/F	

*Disclaimer*

I hereby declare that I am eligible as defined by the laws and rules of UKA, and that the above particulars are complete and correct. I am medically fit to run and understand that the race organisers in no way be held responsible for any loss, damage, action, claim, cost or expense which may arise in consequence of my participation in this event.

Signed		Date	
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