



LBT Children's Aquathlon Swim/Run

18th May 2008

The race is part of the Yorkshire and Humberside Regional Series

Where: Leeds Grammar School, Alwoodley Gates, Harrogate Road, Leeds, West Yorkshire, LS17 8GS. The swim takes place in a 25m heated indoor pool and the run is a set number of laps round the school running track.

When: The first race starts at 1:00pm on Sunday 18th May.

How Far: Your age at the end of 2008 determines your age-group and the distances; see table below.

Age Group	Swim Distance	Run Distance
8 years (Tristar Start)	50m swim	600m run
9-10 years (Tristar 1)	150m swim	1500m run
11-12 years (Tristar 2)	250m swim	2000m run
13-14 years (Tristar 3)	400m swim	3000m run
15-16 years (Youth)	400m swim	3000m run

The Cost: £8. The entry fee includes a British Triathlon race day licence that provides civil liability and personal accident insurance cover whilst taking part in the event. British Triathlon members will have £1 refunded at registration upon production of their race licence

Closing Date for entries is Monday 9th May. There is a limit of 140 athletes so please get your entries in early; no entries will be accepted on the day.

How do I enter?

Complete and detach the entry form below and return with a £8 cheque payable to Leeds and Bradford Triathlon Club to: Jon Hendry, 42 Wrenbeck Drive, Otley, West Yorkshire, LS21 2BR.

Telephone: 07790 473467 email: jon@hendry426.fsnet.co.uk

Bring swimming and running kit. It is normal to do the run in your swim costume with just a T-shirt and trainers. Registration is open from 11:30pm till 12:30pm. Race instructions will be sent out to competitors prior to the event by email only. Please check the website <http://www.lbt.org.uk/> for further details / confirmation of entry.

Competitor Details

First name _____ **Surname** _____ **Gender:** Male/ Female

Race Category Entered: _____ **Club/School** _____

D.o.B. _____ **Age@31/12/2008** _____ **Estimated swim time:** _____

Address _____

Postcode _____

Email (write clearly) _____ **Tel:** _____

Are you competing as a Disabled Triathlete? Yes / No

If Yes please download a Statement of Declaration form from the BTF or our website and send to the race organisers with your entry form. If you need assistance with the Statement of Declaration please contact us.

DISCLAIMER

Declaration of Parent / Guardian I declare that the above named person is fit to take part in this event. I understand that they participate entirely at their own risk, and relieve the race referee, the race organisers/personnel, of any responsibility for injury, loss or damage sustained to either their person or property as a result of participation howsoever caused. I agree to abide by the rules of the British Triathlon Federation. I, or another responsible adult, will accompany my child at the event. I/We agree to abide by the British Triathlon Child Protection Guidelines (<http://www.britishtriathlon.org/about/childprotection/>) and understand that any behaviour that contravenes these rules could lead to my exclusion from attending further British Triathlon sanctioned events. I consent for these details to be held on computer for the purposes of race organisation, results and the distribution of other related Triathlon news that may be of use to me/ the participant I am accompanying. Details given will not be forwarded to any other organisation or used for any other purpose.

from ukresults.net

As parent / guardian of the above, I have read, understood and agree with the disclaimer and the conditions of the event

Signed Parent/Guardian: _____ **Date:** _____