

Meanwood Valley Trail Junior & Senior Races

Under U K Athletics Rules Permit applied for

Saturday 17th May 2008

Junior race at 10:00 a.m.

Senior race at 10:30 a.m.

from Old Leodiensians' Club, Crag Lane, off King Lane, Alwoodley, Leeds 17

(one mile north of Sainsbury's Centre Moortown, opposite King Lane shopping parade)

All profits to Lineham Farm Children's Centre, Eccup, Leeds

Car Parking ~ Changing facilities ~ Bar ~ Refreshments ~ Results Service

- Senior race : approximately 7½ miles on footpaths along and near the Meanwood Valley Trail.
Junior race : 1 mile for 7-10 years, 2 miles for 11-16 years (both start at 10:00) - fields & footpaths.
Entry fees : £4 (UK Athletics affiliated clubs) £6 (unattached) £2 (juniors)
Additional donations to Lineham Farm will be most welcome – also please use Gift Aid if eligible.
Entries to : Bob Jackson, 4 Malthouse Close, Scarcroft, Leeds, LS14 3DS
Cheques payable to : Lineham Farm Children's Centre. ***** NB, no dogs, no iPods *****
Postal entries : Closing date : Saturday 10th May. Enclose an A5 SAE (larger envelopes need more postage).
Entries arriving after 10th May are subject to late entry surcharge.
Prize list includes : Men : 1st / 2nd / 3rd Vets 1st O-40, 1st O-50, 1st O-60 } other prizes depending
Women : 1st / 2nd / 3rd Vets 1st O-35, 1st O-45, 1st O-55 } on number of entries
Juniors : trophy for 1st Boy & Girl in each age group 7-8, 9-10, 11-12, 13-14, 15-16
For all finishers : Seniors : a bottle of "Meanwood Meander" beer supplied by Briscoe's Brewery.
Juniors : certificate showing time and position.
Entries on day : Will be accepted subject to senior limit 400. Surcharge £2 seniors, £1 juniors.
Eligible for prizes. Note that senior race limit was reached 3 days before the race in 2007.
In case of enquiry : Website <http://www.valleystriders.org.uk> will have list of entries.
E-mail v.s@virgin.net In emergency phone Bob on Leeds (0113) 289 2830

The Meanwood Valley Trail Senior Race is the final race in the Airedale Triple Trail Challenge, the others being:

- Guiseley Gallop: Sunday 23rd March at 10.30 a.m. Website www.skyrac.org.uk (07779 748301)
- Baildon Boundary Way: Sunday 6th April at 10.00 a.m. Website www.baildonrunners.tk (07968 218177)

Trophies for 1st MU40, M40-49, MO50, WU35, W35-44, WO45 in series. Certificates for all runners who complete all 3 races.

All profits from the Meanwood Valley Trail Races will be donated to Lineham Farm which gives deserving local children a unique, rewarding and memorable holiday in the country. In the last 8 years our Meanwood races have raised over £6.5k for Lineham Farm.

Promoted By **Valley Striders** Supported By

BRISCOE'S BREWERY 01943 466515
FINE ALES FROM WHARFEDALE

COMPLETE RUNNER 01943 601581
www.completerunner.co.uk

SEARCH 0113 263 9081
www.wgsearch.co.uk

Meanwood Valley Trail 2008 - 13th Senior Race / 5th Junior Race - ENTRY FORM

Leave blank

First Name _____ Surname _____

Address _____

Postcode _____ Date of Birth _____

Telephone Number _____ Age on Race Day _____

Affiliated Club (or organisation) _____ Sex (M/F) _____

UK Athletics reg no. _____ Email address _____

DECLARATION: I declare that I am an amateur according to U K Athletics laws. I understand that I take part entirely at my own risk and accept that the organisers shall not be liable for any injury or illness to my person as a result of taking part, nor for any damage to or loss of property.

Signature _____ (signature and name of adult if junior) Date _____

Fee enclosed _____ *{I am enclosing an S.A.E.}/*{I will collect my number on race day}

Optional additional donation to Lineham Farm enclosed _____ *PLEASE DELETE ONE OF ABOVE

Gift Aid: Please help us to make your 'additional' donation worth even more. If you are a UK taxpayer we can reclaim the tax from this.

Currently we reclaim 28p from every £1 given. Please tick the box if you pay UK Income or Capital Gains Tax and you wish Lineham Farm

Children's Centre to reclaim the tax on your donation NB we can only reclaim on the additional donation, not on the entry fee.

If you require a Sponsorship Form to be sent to you (no obligation) or would like more information about Lineham Farm, tick here

ukresults