

Long Marton School Helm Wind 3 Villages Fun Run Challenges 2013

10km runners 60 Total 140 runners
1.6 & 3km trail races total: 80

10km Road Run

Seniors & 15 years +

Previous record: Ruth
Hetherington 43.48 (2012),
New Record 2013 Rhiannon
Silson 40.42

Previous	Donnelly 34.38	Silson 40.42	Age Category position
1st	Morgan Donnelly	Borrowdale	34.38 1st V40 1st local
2nd	JOHN french	Eden Runners	36.12
3rd	Stuart Robinson	Arragon's Tri/ Border H	37.43 1st v50
4th	John Hosler	Howgill Harriers	37.54
5th	James Soute	Arragon's Tri	38.54
6th	Martin Hepworth	Eden Runners	39.18 2nd MV40
7th	Rhiannon Silson	Border Harriers	40.42 1st FEMALE OPEN
8th	Stephen Moffat	Howgill Harriers	41.11 2nd MV50
9th	Jack Oakley	Howgill Harriers	41.35 1st Junior Male
10th	Michael King		41.38 3rd MV40
11th	Phil Thurlow	Helm Hill	41.51 mv40
12th	Robert Crawford	Coniston Fell Runners	42.14 mopen
13th	Sean Robinson	Howgill Harriers	42.59 mopen
14th	Tom Airey	Long Marton	43.18 mv40
15th	Jeffrey Chadwick		44.52 mv40
16th	Gavin Matier	Arragon's Tri	45.07 mv40
17th	Richard Tyson	Howgill Harriers	45.10 mv40
18th	Neil Cooper	Arragon's Tri Club	45.12 mv40
19th	Ruth Hetherington	Eden Runners	45.59 2nd Female Open
20th	Tim Jackson		46.18 mopen
21st	Alan Barr	Kirkby Stephen	46.41 mv40
22nd	Kav Kavanagh	Arragon's Tri	47.07 mopen
23rd	Adele Roche	Howgill Harriers	47.35 3rd Female and 1st FV50
24th	Paul Rose	Penrith	48.07 male open
25th	James Renwick-Smith	Howgill Harriers	48.15 2nd Junior Male
26th	Joshua Briggs	Long Marton School	48.26 mopen
27th	David Robinson		48.36 mopen
28th	David Jackson	Howgill Harriers	48.42 mv40
29th	Richard Hockin	Elvet Striders	48.55 1st MV60
30th	Georgia Houghton	Howgill Harriers	49.41 4th female
31st	Kev Kendal	Howgill Harriers	49.47 mv40
32nd	Wendy Matier	Arragon's Tri club	50.21 fv40 5th female
33rd	Mhairi Wear	Arragon's Tri club	50.56 fopen
34th	Shaun Atkinson	Helm Hill	50.59 mv40
35th	John Davis	Long Marton School	51.50 mopen
36th	R. Campbell		52.05 mopen
37th	Yolanda Spence	Helm Hill	52.39 6th F open 6th female
38th	John Shay	Arragon's Tri Club	52.53 mv40
39th	Terry Roche	Howgill Harriers	53.00 3rd mv50
40th	Anna Beaty		53.37 fv40 7th female
41st	Emma Carrick		55.38 fopen 8th female
42nd	Jenny Cooper		54.14 fopen 9th female
43rd	Karoline Rose	Arragon's Tri Club	54.15 fopen 10th female
44th	Menna Lewis	Howgill Harriers	55.04 2nd fv50
45th	Gail Tombs	Abbey Runners	55.23 1st female V60
46th	Rebecca Hodgson	Long Marton School	55.41 f open 1st FEMALE LOCAL
47th	Sarah Wright		55.53 f open
48th	Arron Orvis		56.11 mopen
49th	Zoe Ringer	Howgill Harriers	56.30 fopen
50th	Julie Egglestone	Long Marton School	59.19 fv40
51st	Julie Smith	Dufton	59.19 fv40
52nd	Louise Stewart	Long Marton School	59.47 fopen
53rd	Judith Walker		1.01.17 fv40
54th	Shaun Silson	Eden Runners	1.01.36 mv50
55th	Carla Watson		1.02.56 fopen
56th	Angela Watson	Eden Runners	1.02.56 fopen
57th	Robin Haywood	Howgill Harriers	1.04.11 mv40
58th	Keira Booth	Bolton	1.06.29 fopen

59th	Jeanette Cooper	Howgill Harriers	1.06.53	fopn
60th	Philip Cooper	Howgill Harriers	1.06.54	mv40

Long Marton School Helm Wind 3 Villages Fun Run Challenges

2013

JUNIOR Results

By Age Category

1.6km

Parent and 5 and unders

School Age

GIRLS

1st	Tilly Rose	Kirkby Stephen	10.18	5
2nd	Amy Atkinson	Brunswick	10.28	5
3rd	Lucy Hetherington	Langwathby	11.44	4
4th	Lucy Booth	Bolton	14.21	5
5th	Abbie Booth	Bolton	14.21	4
6th	Tilly Stewart	Long Marton	16.58	3
7th	Abbie Thomson	Long Marton	18.50	4
8th				
9th				
10th				
11th				

BOYS

School

1st	Campbell Donnelly	Long Marton	9.14	5
2nd	Liam Barr	Kirkby Stephen	9.53	5
3rd	Theo Hodgson	Bolton	10.03	5
4th	Theo Robinson	Kirkby Stephen	10.51	5
5th	Joe Dakin	Long Marton	11.22	5
6th	Joshua Swann	Long Marton	13.11	4
7th	Matthew Hetherington	Langwathby	15.29	2
8th	Matthew Watson	Long Marton	15.39	5
9th	Harry Watson	Long Marton	17.01	2

1.6km Aged 6 & 7 Years

BOYS

1st	Oliver Dixon	Kirkby Stephen	8.46	7
2nd	George Campbell	Kirkby Stephen	9.50	6
3rd	Archie Harding	Skelton	9.58	6
4th	Ned Hale	Langwathby	10.11	6
5th	Daniel Patterson	Long Marton	12.15	7
6th	Daniel Thomson	Long Marton	12.34	6
7th				
8th				
9th				
10th				
11th				

GIRLS

1st	Tiegan Lowthian	Long Marton	9.22	6
2nd	Esme Hodgson	Bolton	9.51	7
3rd	Katie Wiasara	Brunswick	9.59	6
4th	Natasha Malloy	Long Marton	11.24	7
5th	Pippa Shay	Skelton	11.46	7
6th	Eleanor Bergus	Long Marton	11.58	6
7th	Morag Donnelly	Long Marton	12.10	7
8th	Poppy Stewart	Long Marton	12.17	6
9th	Neve Ivinson	Kirkby Stephen	12.41	6
10th				
11th				
12th				

1.6km Aged 8 & 9 Years

Girls

1st	Nicole Clegg	Appleby	8.00	9
2nd	Isabel Palmer	Long Marton	8.48	9
3rd	Holly Warburton	Appleby	9.56	9
4th	Emily Hudson	Long Marton	9.57	9
5th	Anna Shay	Skelton	10.00	9
6th	Ellie Simpson	Morland	10.28	9
7th	Hannah Reed	Long Marton	11.03	8
8th	Emily Watson	Long Marton	11.08	9
9th	Nicole Hodgkinson	Long Marton	12.37	9

BOYS

1st	Charlie Harding	Skelton	7.11	9
2nd	Hamish Donnelly	Long Marton	7.26	9
3rd	Matthew Pendlebury	Kirkby Stephen	7.26	9
4th	Oliver Rose	Kirkby Stephen	7.55	8
5th	Isaac Robinson	Kirkby Stephen	8.21	8
6th	Alistair Barr	Kirkby Stephen	8.24	8

7th	Sam Birkbeck	Long Marton	8.30	8
8th	Bobby Ivinson	Kirkby Stephen	8.43	8
9th	Joshua Hudson	Long Marton	9.00	8
10th	Jamie Jacques	Long Marton	9.06	8
11th	Matthew Dixon	Kirkby Stephen	9.08	9
12th	Brad Tallentire	Long Marton	9.21	9
13th	Kieran Booth	Long Marton	10.36	8
14th	Sonny Pearson	Warcop	12.00	9
15th	Nathan Booth	Long Marton	14.15	8

Long Marton School Helm Wind 3 Villages Fun Run Challenges 2013

3KM AGED 10 & 11 years

GIRLS

1st	Katie Thurlow	Queen katherine	15.52	
2nd	Truly Pollard	Long Marton	18.11	
3rd	Annie Dodds	Warcop	18.18	
4th	Leah Dodds	Kirkby Stephen	20.35	
5th	Hannah-Jo Egglestone	Long Marton	24.00	
6th				
7t				
8th				

BOYS

1st	Finlay Rose	Kirkby Stephen	13.40	10
2nd	Archie Hale	Langwathby	14.06	11
3rd	Sol Johl	Stainton	14.07	10
4th	TJ Airey	Long Marton	14.48	
5th	Louis Campbell	Brough	16.32	11
6th	Ross Jackson	Kirkby Stephen	16.49	10
7th	George Edgar	Long Marton	17.11	10
8th	Kyle Jacques	Long Marton	17.45	10
9th	Brad Tallentire	Long Marton	19.53	9

3KM AGED 12 & 13 years

GIRLS

1st	Lucy Smith	Appleby Grammar	19.50	
2nd	Katie Edgar	Appleby Grammar	22.17	
3rd	Tara Gaughan	Appleby Grammar	22.18	

BOYS

1st	Jamie Wostear	QEGS	13.14	
2nd	Michael Cooper	Kirkby Stephen Gr	16.51	
3rd				
4th				
5th				
6th				

3KM AGED 14 years +

Boys

1st	Jack Hale	Ullswater CC	12.13	
2nd				
3rd				

3KM AGED 14 years +

Girls

1st	Millie Coates-Enright	QEGS	17.43	
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3KM Seniors

WOMEN

1st	Andrea Hodgkinson	Long Marton	18.50	
2nd	Helen Slee	Long Marton	20.02	
3rd	Jane Sayer		22.31	
4th	Rachel Smith	Long Marton	23.00	
5th				
6th				

Long Marton School Helm Wind 3 Villages Fun Run Challenges 2013

9 years & Under

BOYS & GIRLS 1.6KM

OVERALL POSITIONS			Time	Age on day
1st	Charlie Harding	Skelton	7.11	9
2nd	Hamish Donnelly	Long Marton	7.26	9
3rd	Matthew Pendlebury	Kirkby Stephen	7.26	9
4th	Oliver Rose	Kirkby Stephen	7.55	8
5th	Nicole Clegg	Appleby	8.00	9
6th	Isaac Robinson	Kirkby Stephen	8.21	8
7th	Alistair Barr	Kirkby Stephen	8.24	8
8th	Sam Birkbeck	Long Marton	8.30	8
9th	Bobby Ivinson	Kirkby Stephen	8.43	8
10th	Oliver Dixon	Kirkby Stephen	8.46	7
11th	Isabel Palmer	Long Marton	8.48	9
12th	Joshua Hudson	Long Marton	9.00	8
13th	Jamie Jacques	Long Marton	9.06	8
14th	Matthew Dixon	Kirkby Stephen	9.08	9
15th	Campbell Donnelly	Long Marton	9.14	5
16th	Brad Tallentire	Long Marton	9.21	9
17th	Tiegan Lowthian	Long Marton	9.22	6
18th	George Campbell	Kirkby Stephen	9.50	6
19th	Esme Hodgson	Bolton	9.51	7
20th	Liam Barr	Kirkby Stephen	9.53	5
21st	Holly Warburton	Appleby	9.56	9
22nd	Emily Hudson	Long Marton	9.57	9
23rd	Archie Harding	Skelton	9.58	6
24th	Katie Wiasara	Brunswick	9.59	6
25th	Anna Shay	Skelton	10.00	9
26th	Theo Hodgson	Bolton	10.03	5
27th	Ned Hale	Langwathby	10.11	6
28th	Tilly Rose	Kirkby Stephen	10.18	5
29th	Amy Atkinson	Brunswick	10.28	5
30th	Ellie Simpson	Morland	10.28	9
31st	Kieran Booth	Long Marton	10.36	8
32nd	Theo Robinson	Kirkby Stephen	10.51	5
33rd	Hannah Reed	Long Marton	11.03	8
34th	Emily Watson	Long Marton	11.08	9
35th	Joe Dakin	Long Marton	11.22	5
36th	Natasha Malloy	Long Marton	11.24	7
37th	Lucy Hetherington	Langwathby	11.44	4
38th	Pippa Shay	Skelton	11.46	7
39th	Eleanor Bergus	Long Marton	11.58	6
40th	Sonny Pearson	Warcop	12.00	9
41st	Morag Donnelly	Long Marton	12.10	7
42nd	Daniel Patterson	Long Marton	12.15	7
43rd	Poppy Stewart	Long Marton	12.17	6
44th	Daniel Thomson	Long Marton	12.34	6
45th	Nicole Hodgkinson	Long Marton	12.37	9
46th	Neve Ivinson	Kirkby Stephen	12.41	6
47th	Joshua Swann	Long Marton	13.11	4
48th	Nathan Booth	Long Marton	14.15	8
49th	Lucy Booth	Bolton	14.21	5
50th	Abbie Booth	Bolton	14.21	4
51st	Matthew Hetherington	Langwathby	15.29	2
52nd	Matthew Watson	Long Marton	15.39	5
53rd	Tilly Stewart	Long Marton	16.58	3
54th	Harry Watson	Long Marton	17.01	2
55th	Abbie Thomson	Long Marton	18.50	4

Long Marton School Helm Wind 3 Villages Fun Run Challenges

2013

10 years & over		BOYS & GIRLS 3KM		Time	Age on day
OVERALL POSITIONS		inc. Senior 3km			
1st	Jack Hale	Ullswater CC		12.13	14
2nd	Jamie Wostear	QEGS		13.14	13
3rd	Finlay Rose	Kirkby Stephen		13.40	10
4th	Archie Hale	Langwathby		14.06	11
5th	Sol Johl	Stainton		14.07	10
6th	TJ Airey	Long Marton		14.48	
7th	Katie Thurlow	Queen Katherine		15.52	11
8th	Louis Campbell	Brough		16.32	11
9th	Ross Jackson	Kirkby Stephen		16.49	10
10th	Michael Cooper	Kirkby Stephen Gr		16.51	12
11th	George Edgar	Long Marton		17.11	10
12th	Millie Coates-Enright	QEGS		17.43	14
13th	Kyle Jacques	Long Marton		17.45	10
14th	Truly Pollard	Long Marton		18.11	10
15th	Annie Dodds	Warcop		18.18	10
16th	Andrea Hodgkinson	Long Marton		18.50	
17th	Lucy Smith	Appleby Grammar		19.50	13
18th	Brad Tallentire	Long Marton		19.53	
19th	Helen Slee	Long Marton		20.02	
20th	Leah Dodds	Kirkby Stephen		20.35	11
21st	Katie Edgar	Appleby Grammar		22.17	12
22nd	Tara Gaughan	Appleby Grammar		22.18	12
23rd	Jane Sayer			22.31	
24th	Rachel Smith	Long Marton		23.00	
25th	Hannah-Jo Egglestone	Long Marton		24.00	11
26th					
27th					
28th					
29th					
30th					
31st					
32nd					
33rd					
34th					
35th					
36th					
37th					

Senior 10km Age Group Winners

Women's Open			Men's Open		
1st	Rhiannon Silson	40.42	Morgan Donnelly	34.38	
2nd	Ruth Hetherington	45.59	John French	36.12	
3rd	Adele Roche	47.35	Stuart Robinson	37.43	
Junior Women (15-17yrs)			Junior Men (15-17yrs)		
1st			Jack Oakley	41.35	
2nd			James Renwick Smith	48.15	
Women's V40			Men's V40		
1st	Wendy Matier	50.21	Morgan Donnelly	34.38	
2nd	Anna Beaty	53.37	Martin Hepworth	39.18	
3rd	Julie Egglestone	59.19	Michael King	41.48	
Women's V50			Men's V50		
1st	Adele Roche	47.35	Stuart Robinson	37.43	
2nd	Menna Lewis	55.04	Stephen Moffat	41.11	
3rd					
Women's V60			Men's V60		
1st	Gail Tombs	55.23	Richard Hockin	48.55	
2nd					
3rd					

Long Marton School Helm Wind 3 Villages Fun Run Challenges

2013 Updated 2013 RECORDS

Records	Name		Time	Age	Year
10km Men	Morgan Donnelly		34.38	mopen	2013
10km Women	Rhiannon Silson		40.42	Fopen	2012
10km Local Male:	Morgan Donnelly		34.38	MV40	2013
10km Local Female:	Rebecca Hodgson		52.58	Fopen	2012
Records 1.6km					
BOYS 5 & under	Campbell Donnelly	Long Marton school	9.14	5	2013
GIRLS 5 & under	Tiegan Lowthian	Long Marton	9.59	5	2012
Boys 6 & 7 years	Charle Harding	Skelton	7.42	7	2011
Girls 6 & 7 years	Tiegan Lowthian	Long Marton	9.22	6	2013
boys 8 & 9	Tom Humphries	Hunter Hall	6.55	9	2011
Girls 8 & 9	Nicole Clegg	Appleby	8.00	9	2013
RECORDS 3km					
Boys 10 & 11 yrs	Elliott Matier	OEGS/ Carlisle Aspatria	12.27	12	2011
Girls 10 & 11 yrs	Sarah Atkinson	Long Marton School	13.05	11	2012
Boys 12 & 13 yrs	Elliott Matier	OEGS/ Carlisle Aspatria	11.48	12	2012
Girls 12 & 13 yrs	Katherine Lawson		13.01	13	2012
Boys 14 yrs +	Sam Mein	Arragon's Tri / AGS	13.13	14	2012
Girls 14 yrs +	Lucy Smith	AGS	19.50		2013
Adult 3km					
Women	Rachel Palmer	Long marton School	16.22		2011
Men	Steve Gaughan	Long marton School	16.48		2012

Schools Team Award

Best 4 placing to count

2013

winners

Kirkby Stephen 7points
Tilly Rose (1st 5/U; Oliver Dixon(1st 6&7yrs); Finlay Rose (1st 10-11yrs),
George Campbell (2nd 6-7yrs) Liam Barr (2nd 5/u)

Runners Up Long Marton

8 points
Campbell Donnelly (1st 5/U); Tiegan Lowthian (1st 6-7yrs)
Hamish Donnelly (2nd 8-9yrs); Isabel Palmer (2nd 8-9yrs) Truly Pollard (2nd 10-11yrs)

Joint 3rd placed School BOLTON

14 points
With Esme Hodgson (2nd) Theo Hodgson (3rd), Lucy Booth (4th) Abbie Booth (5th)

Joint 3rd placed School SKELTON

14 points
With Charlie Harding (1st), Archie Harding (3rd), Pippa Shay (5th), Anna Shay (5th)